

# Third Annual ISPN Psychopharmacology Institute

April 13-14, 2010 • Hyatt Regency Hotel at the Arch • St. Louis, Missouri

## Introduction

The 2010 ISPN Psychopharmacology Institute is fast approaching, so get out those schedulers and don't miss this event being held April 13 and 14 in St. Louis! The content has been carefully chosen based on the feedback from ISPN members and from all the participants that attended the Second ISPN Psychopharmacology Institute. The Psychopharmacology Institute Planning Committee has worked diligently over the last year to respond to your ideas for topic areas and recommended speakers. The upcoming program will be introducing the Susan McCabe Lectureship, as the keynote of the Psychopharmacology Institute. Dr. McCabe was known for her groundbreaking and adventurous thinking that always made her presentations titillating and visionary. We are very fortunate to honor Dr. McCabe by having such an eloquent nurse as Dr. Mary Weber launch this lectureship.

The content is diverse and addresses patients across the age spectrum and prescribing issues related to varying practice settings. During the Institute there is a specific session focused on seeking out consultation from a panel of experts that is now divided into two prescribing panels, child/adolescent focused and adult/geriatric and consultation/liason focused. This is a time for you to be actively involved in the learning process by sharing one of your particularly challenging clinical cases for panel and audience discussion.

The Psychopharmacology Institute is designed to be interactive and assist you in developing partnerships that will last far beyond the two days of the Institute. You will have opportunities to network with advance practice colleagues, establish new relationships and interact with the presenters. We actively encourage our student participants to continue their course of education into real time practice and establish connections with experienced prescribing APRN's.

We hope that you take every opportunity to make this educational event a positive learning experience. So mark those calendars and start preparing for the ISPN Psychopharmacology Institute in 2010!

Best regards,

Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, CARN  
Co-Director of ISPN Psychopharmacology Institute

Evelyn Parrish, PhD, RN, APRN  
Co-Director of ISPN Psychopharmacology Institute

## Psychopharmacology Institute Objectives

This course has been designed so that the participants will be able to:

- Describe new and comprehensive knowledge regarding the psychopharmacologic treatment of major psychiatric, substance abuse disorders, along with other co-morbidities across the life span; which will include antidepressants, antipsychotics, mood stabilizers, psychostimulants and addiction pharmacology.
- Discuss the emerging knowledge of pharmacogenomics and pharmacoconomics and the importance of this information in the practice of prescribing psychopharmacologic agents.
- Explore new and comprehensive knowledge associated with the integration of psychopharmacology prescribing into clinical practice, across the life span, and in varying clinical practice settings.
- Identify current and future innovations and advancements in the area of psychopharmacology.

## Psychopharmacology Institute Planning Committee Members

Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, CARN

Evelyn Parrish, PhD, RN, APRN  
Co-Directors

Judith Coucouvanis, MA, APRN-BC, PMHCNS-BC

Peggy Dulaney, MSN, RN, PMHCNS-BC

Judy Hirsh, MSN, NPP, PMHCNS-BC

Geraldine S. Pearson, PhD, PMHCNS-BC, FAAN

Diane Snow, PhD, APRN-BC, PMHNP-BC, CARN

Victoria Soltis-Jarrett, PhD, PMHCNS/NP-BC, FAAN

Mary Weber PhD, APRN, PMHNP-BC

## Abstract Reviewers

Judy Hirsh, MSN, NPP, PMHCNS-BC

Geraldine S. Pearson, PhD, PMHCNS-BC, FAAN

Karen Ragaisis, MSN, APRN, PMHCNS-BC, PMHNP-BC, CARN

Diane Snow, PhD, APRN-BC, PMHNP-BC, CARN

Victoria Soltis-Jarrett, PhD, PMHCNS/NP-BC, FAAN

Mary Weber, PhD, APRN, PMHNP-BC

## Psychopharmacology Institute Program

### Tuesday, April 13, 2010

7:30 a.m.-8:30 a.m.

**Continental Breakfast**

7:30 a.m.-5:00 p.m.

**Registration**

8:30 a.m.-8:45 a.m.

**Introduction to the ISPN Psychopharmacology Institute and General Announcements**

*Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, CARN*

*Co-Director of Psychopharmacology Institute*

8:45 a.m.-9:00 a.m.

**Introduction to the Susan McCabe Lectureship**

*Evelyn Parrish, PhD, APRN*

*Co-Director of Psychopharmacology Institute*

9:00 a.m.-10:30 a.m.

**Susan McCabe Lectureship**

Pharmacogenomics and Pharmacoconomics: What Does Psychiatric Nursing Have to Do With This?

*Mary Weber, PhD, APRN, PMHNP-BC  
Endowed Professor in Psychiatric Nursing,  
Option Coordinator for the Family  
Psychiatric Nurse Practitioner Program,  
University of Colorado, Aurora, CO*

10:30 a.m.-10:45 a.m.

**Refreshment Break**

10:45 a.m.-12:00 noon

**Concurrent Sessions (1A-1C)**

**Concurrent Session 1A**

The Neurobiology and Pharmacological Management of Anorexia Nervosa  
*Janiece DeSocio, PhD, RN, PMHNP-BC, PMHCNS-BC  
Co-Director, Child and Family PMHNP Program, University of Rochester School of Nursing, Rochester, NY*

**Concurrent Session 1B**

The Psychopharmacology of Borderline Personality Disorder: Can We Glue the Shattered Mirror Back Together?  
*Victoria Soltis-Jarrett, PhD, PMHCNS/NP-BC, FAAN  
School of Nursing, University of North Carolina-Chapel Hill, Chapel Hill, NC*

**Concurrent Session 1C**

Psychotropic Medication Management for the Pregnant Woman  
*Priscilla Lynch, MS, RN and Elizabeth Krch-Cole, MS, RN, APN, PMHNP-BC  
Oaksides/Riverside Medical Center, Chicago, IL*

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## Psychopharmacology Institute Program

**12:00 noon-2:15 p.m.**

**Lunch** (on your own)

**2:15 p.m.-3:30 p.m.**

**Concurrent Sessions (2A-2C)**

**Concurrent Session 2A**

Management of Complex ADHD in Children and Adolescents

*Geraldine Pearson, PhD, PMHCNS-BC, FAAN*

*University of Connecticut School of Medicine, Farmington, CT*

**Concurrent Session 2B**

A Review of Psychotropic Drug-Drug Interactions

*Norman Keltner, EdD, APRN*

*University of Alabama-Birmingham School of Nursing, Birmingham, AL*

**Concurrent Session 2C**

Assessing and Treating the Adult and Older Adult with Tri-morbidity

*Evelyn Parrish, PhD, RN, APRN*

*Associate Professor, Department of Baccalaureate and Graduate Nursing, Eastern Kentucky University, School of Nursing, Richmond, KY*

*Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, CARN*

*Psychiatric Consultation Liaison Nurse Specialist, Mercy Medical Center, Springfield, MA and Psychiatric/Addictions Nurse Practitioner, Providence Hospital, Holyoke, MA*

**3:30 p.m.-4:00 p.m.**

**Refreshment Break**

**4:00 p.m.-5:30 p.m.**

**Plenary Session**

The Autism Spectrum: Complex Prescribing Issues Across the Lifespan

*Judith Coucouvanis, MA, APRN-BC, PMHCNS-BC*

*Nurse Practitioner and Clinical Consultant, Department of Psychiatry, University of Michigan, Ann Arbor, MI*

**5:30 p.m.**

**Wrap Up**

(hand in clinical narratives for panel consultation on Day 2)

**6:00 p.m.**

**Evening open for relaxation with colleagues**

### Wednesday, April 14, 2010

**8:00 a.m.-8:30 a.m.**

**Continental Breakfast**

**8:00 a.m.-7:00 p.m.**

**Registration**

**8:30 a.m.-8:45 a.m.**

**Welcome and Announcements**

*Evelyn Parrish, PhD, RN, APRN*

**Introduction of Plenary Session**

*Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, CARN*

**8:45 a.m.-10:30 a.m.**

**Plenary Session**

Addictive Illness: Advances in Addiction Pharmacotherapy

*Diane Snow, PhD, APRN-BC, PMHNP-BC, CARN*

*Clinical Professor and Director of PMHNP Program, University of Texas at Arlington School of Nursing, Arlington, TX*

**10:30 a.m.-11:00 a.m.**

**Refreshment Break**

**11:00 a.m.-12:15 p.m.**

**Concurrent Sessions (3A-3C)**

**Concurrent Session 3A**

Psychotropic Medication Decision Tree for APRNs

*David S. Hodson, EdD, APRN-BC*  
*University of South Carolina, School of Nursing, Columbia, SC*

**Concurrent Session 3B**

Adult ADHD: Do I Have Your Attention? I Should!

*Melinda Morissette, PMHNP/CS-BC*  
*Psychiatric Mental Health Nurse Practitioner, Penobscot Community Health Center and Clinical Leader, Psychiatry, Bangor, ME*

**Concurrent Session 3C**

Principles of Emergency Psychopharmacology: A Case Based, Interactive Approach

*Karen Ragaisis, MSN, APRN, PMHCNS-BC, PMHNP-BC, CARN*  
*Hartford Hospital, Emergency Psychiatry Service, Hartford, CT*

*Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, CARN*

**12:15 p.m.-2:00 p.m.**

**Lunch** (on your own)

**2:00 p.m.-4:35 p.m.**

**Prescribing Panels**

**Panel 1**

Adult/Geriatric/PCLN Focused

*Karen Ragaisis, MSN, APRN, PMHCNS-BC, PMHNP-BC, CARN*

*Diane Snow, PhD, APRN-BC, PMHNP-BC, CARN*

*Victoria Soltis-Jarrett, PhD, PMHCNS/NP-BC, FAAN*

*Mary Weber, PhD, APRN, PMHNP-BC*

**Panel 2**

Child/Adolescent Focused

*Judith Coucouvanis, MA, APRN-BC, PMHCNS-BC*

*Judy Hirsh, MSN, NPP, PMHCNS-BC*

*Geraldine Pearson, PhD, PMHCNS-BC, FAAN*

**4:45 p.m.-6:00 p.m.**

**Closing Plenary Session: A New Decade of Psychopharmacology Advancements**



*Mary Ann Boyd, PhD, DNS, PMHCNS-BC*  
*Professor Emerita, Southern Illinois University Edwardsville, IL*

**6:00 p.m.**

**Complete Evaluations and Closing Remarks**

**6:30 p.m.-8:00 p.m.**

**Annual Conference Opening Reception**

All Psychopharmacology Institute participants are welcome to attend the Opening Reception for the Annual Conference!