18th Annual Conference

SPN 20:16

On behalf of the board and members of the planning committee, we are pleased to welcome you to The Future is Now: Psychiatric-Mental Health Nurses Leading, Advocating, Practicing, and Educating, 18th Annual Conference of the International Society of Psychiatric-Mental Health Nurses (ISPN) in Minneapolis, MN. We are delighted that you have joined this unique audience—a gathering of psychiatric-mental health nurses from academe, practice, research, and administration.

This year, our focus is on the future of mental health across the globe, and the critical role of psychiatric-mental health nurses in leading, advocating, practicing, and educating. We'll hear from international speakers about global news, clinical experts about innovative practices and advocacy, educators about new teaching pedagogies and interprofessional

WELCOME!

The Future is Now: Psychiatric-Mental Health Nurses Leading, Advocating, Practicing, and Educating

collaboration, and researchers about evidence-based findings across a spectrum of psychiatric interests and mental health disorders.

Special thanks to the planning committee, our ISPN colleagues, and The Rees Group, who have worked diligently throughout the past year to plan and offer a state-of-the-art conference. Thank you, as well, to all of the sponsors who made this event possible and for believing in the importance of promoting psychiatric-mental health across the lifespan and around the globe.

We are honored to have you with us for the 18th annual ISPN conference your participation and input, and most importantly, your resolve to address mental health issues that have impacted the lives of so many is inspiring and appreciated. We applaud the work you do daily and your commitment to affecting change now and in the future.

Carla Groh, PhD, PMHNP-BC, FAAN Chair

Amanda J. Baltierra, DNP, MPH, FNP-BC, PMHNP-BC Co-Chair

And the Conference Planning Committee

April 13-16

Marriott City Center

Minneapolis

Minnesota
USA
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ISPN Contact Information

ISPN Office

2424 American Lane • Madison, WI 53704-3102 USA Telephone: +1-608-443-2463 • Fax: +1-608-443-2478 Email: info@ispn-psych.org • Website: www.ispn-psych.org

On This Page Conference Committee Abstract Reviewers

Conference Objectives Awards **Nursing Contact Hours** Registration **Poster Viewing Hours**

Conference Committee

Carla Groh, PhD, PMHNP-BC, FAAN-Chair Amanda J. Baltierra, DNP, MPH, FNP-BC, PMHNP-BC-Co-Chair

Pamela Galehouse, PhD, RN, PMHCNS-BC, CNL

Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC

Merrie J. Kaas, PhD, RN, PMHCNS-BC,

FAAN Pamela Lusk, DNP, RN, PMHNP-BC, FAANP Kirby Nelson, DNP, PMHNP

Frederica O'Connor, PhD, RN Barbara Peterson, PhD, PMHCNS-BC, RN Mary Seed, PhD, RN, CNL

Abstract Reviewers

Thanks to all of

the individuals

Amanda Baltierra, DNP, MPH, FNP-BC, PMHNP-BC

Carol Baxter, APN, PMHCNS-BC Carla Groh, PhD, PMHNP-BC, FAAN Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC

who served as abstract Pamela Lusk, DNP, PMHNP-BC reviewers for Jane Neese, PhD, APRN-BC Sandra Nelson, PhD, RN, CS this year's program. We Judith Nolen, RN, BC, MS Mary Seed, PhD, RN, CNL appreciate your Marilyn Shirk, MN, RN, CNS-BC involvement! Jaclene Zauszniewski, PhD, RN-BC, **FAAN**

Conference **Objectives**

Attendees will be able to:

- Analyze models of leadership that guide and inform psychiatric mental health practice.
- Apply research evidence in transforming psychiatric nursing education.
- Collaborate with advocacy groups and other disciplines to promote the health and recovery of persons with mental illness.
- Utilize practice models and innovative approaches to provide patient-centered, quality-driven mental health services.

Awards ISPN will present its annual awards on Saturday, April 16 at 7:30 a.m. in Ballroom 1. Please join your friends and colleagues in recognizing those who have demonstrated outstanding achievement and leadership in the psychiatric and mental health field.

Nursing Contact Hours

This continuing nursing education activity was approved by the Wisconsin **Nurses Association Continuing** Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The ISPN 2016 Annual Conference has been awarded a maximum of 15.05 continuing education nursing contact hours through the Wisconsin Nurses **Association Continuing Education** Approval Program Committee. Contact hours are complimentary with your registration fee.

To obtain continuing education contact hours for attending the ISPN Annual Conference, please complete the attendance form included in your packet of materials and evaluation form that will be sent to you via email. Please turn in the attendance form to the ISPN Registration Desk before you leave the Conference.

The attendance form will serve as your contact hour certificate.

Registration

Conference registration is located on the 4th floor and is open as follows:

Tuesday, April 12 11:30 a.m.-5:00 p.m. Wednesday, April 13 8:00 a.m.-7:00 p.m. Thursday, April 14 7:30 a.m.-5:00 p.m. Friday, April 15 7:30 a.m.-5:00 p.m. Saturday, April 16 7:30 a.m.-1:00 p.m.

Poster Presentation Viewing Hours

Posters will be available for viewing in Ballrooms 2 & 4 at the following times:

Wednesday, April 13 6:30 p.m.-8:00 p.m. (Opening Reception)

Thursday, April 14 7:30 a.m.-5:00 p.m. Friday, April 15 7:00 a.m.-3:30 p.m.

Poster presenters will be available at their poster during the Opening Reception on Wednesday, April 13 from 6:30 p.m.-8:00 p.m. They will also be present during each refreshment break on Thursday and Friday. Please be sure to schedule time to visit the poster session.

On This Page

New to the 2016 Conference Care Room **New Member Orientation**

Volunteers **Speaker Ready Room** ISPN Foundation Event **Evaluation Form**

Business Meeting Message Center Meeting Rooms Hotel Business Center/FedEx Office

2016 Conference

New to the Special Interest Group Meetings

Friday, April 15 • 5:00 p.m.-6:00 p.m. SIG for Psychiatric Mental Health Policy Cedar/Birch/Maple Lake

SIG for Psychiatric Consultation-Liaison Advanced Nursing Practice Ballroom 3

Product Theater Luncheon

Thursday, April 14 • 12:10 p.m.-1:15 p.m. Minnesota Room

Morning Yoga (mats provided) Friday, April 15 • 6:00 a.m.-7:00 a.m. Gray's Bay

Mindfulness Meditation

Saturday, April 16 • 6:00 a.m.-6:45 a.m. Pine Lake

Care Room Come and relax in the ISPN Care Room sponsored by Joseph Giovannoni in the Pine Lake Room. No registration necessary.

New Member Orientation Thursday, April 14 7:00 a.m.-8:15 a.m. Minnesota Room

Calling all new members, first-time conference attendees, and individuals considering becoming a member! We want to meet you! This is the perfect opportunity to ask questions and meet the ISPN Board of Directors. Please join us for a continental breakfast and orientation!

Volunteers

We are always looking for members to volunteer on committees, task forces, as abstract reviewers, and room monitors. Interested in giving a little time to ISPN and meeting new colleagues? Let us know of your interest by sending an email to conferences@ispn-psych.org, or leave your name at the ISPN registration area, or complete the volunteer form in your materials bag.

Speaker Ready Room

The Speaker Ready Room will be open during the following hours in the Chase Boardroom. Please stop by to preview your presentation prior to your session.

Wednesday, April 13 11:00 a.m.-6:00 p.m. Thursday, April 14 7:00 a.m.-5:00 p.m. Friday, April 15 7:00 a.m.-5:00 p.m. Saturday, April 16 7:00 a.m.-10:00 a.m.

ISPN Foundation Event The annual ISPN Foundation Reception and Auction features heavy hors d'oeuvres, a drink ticket, live and silent auction, and networking with colleagues in the mental health community.

The event will take place on Thursday, April 14, 2016, 6:15 p.m.-8:15 p.m., at the 4th Floor Atrium in the Minneapolis Marriott City Center. Pre-ordered tickets will be distributed at registration, where you also can check for ticket availability.

Evaluation Form The program evaluation form will be emailed to your email address on file. Please complete and submit your evaluation form electronically. Your comments are valuable to the ISPN and assist the Conference Committee in planning future conferences. See the staff at the registration desk if you have questions.

Business Meeting ISPN will hold its Annual Business Meeting on Saturday, April 16 starting at 8:00 a.m. in Ballroom 1. All members are encouraged to join the Board of ISPN to discuss the Society's business report for 2016-2017. Please be sure to attend!

Message Center

All messages for registrants will be posted on the Announcement Board in the ISPN Registration Area. Check this board each day so you don't miss a contact in Minneapolis or a message from the office!

Meeting Rooms

Audible signals from pagers and cellular phones may be a distraction to the speaker as well as the audience. Please program these accordingly and take phone calls outside of the meeting rooms. Thank you!

Hotel Business Center Business center operations can be found on the fifth floor. The self-serve center is equipped with computers and offers printing and copying capabilities.

FedEx Office **Print and Ship** Center

Do you need more than a self-service Business Center? The closest FedEx Office Store is located at:

FedEx Office Print & Ship Center 80 S. 8th St., Suite180 Minneapolis, MN Tel: 612-343-8000

On This Page

Board of Directors and Leadership

Board of Directors and Leadership	
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ISPN Foundation President	Linda Skalsky, MSN, APRN, PMH-BC
ISPN Executive Director	Kathy Kuehn

Board of Directors and Leadership	
Committees	Awards Committee Chair Ukamaka M. Oruche, PhD, RN, PMHCNS-BC
	Conference Committee Chair Carla J. Groh, PhD, PMHNP-BC, FAAN
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	Website Management Committee Chair Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC
Newsletter Editor	Angela McNelis, PhD, RN, ANEF



On This Page

Internet **Badges Call for Abstracts**

Disclosures Purpose Statement Notice of Requirement for Successful Completion Conflict of Interest Non-Endorsement of Products

Internet Wireless Internet is not available in the meeting rooms for ISPN Annual Conference attendees. The Marriott City Center does have complimentary wireless internet in the lobby and public areas.

Badges

Your badge will admit you to all the educational sessions and the exhibit area at the Annual Conference. It is recommended that you wear your badge at all times during the conference. Please remove your badge when you leave the hotel.

Call for Abstracts

2017 Annual Conference Call for Abstracts Deadline

The ISPN 2017 Call for Abstracts deadline is June 1, 2016. Abstracts for the 2017 Conference can be submitted through an online submission form that will be located on the ISPN website (www.ispnpsych.org). More information will be located on the website in May 2016.

Disclosures Participants will be able to incorporate Purpose into their own practices the research Statement and best practices learned from clinical experts about innovative practices and advocacy, from educators about new teaching pedagogies and interprofessional collaboration, and from researchers about evidence-based findings across a spectrum of psychiatric interests and mental health disorders across the lifespan and around the globe.

for Successful Completion

Notice of To obtain continuing education **Requirement** contact hours for attending the ISPN Psychopharmacology Institute and Annual Conference, you must attend all sessions you are seeking credit for, complete and submit the attendance form included in your packet of materials, and complete and submit the evaluation form that will be sent to you via email. Please turn in the attendance form to the ISPN Registration Desk before you leave the Conference. The attendance form will serve as your contact hour certificate.

Conflict of Interest

Psychopharmacology Institute & ISPN Annual Conference April 12-16, 2016

The Wisconsin Nurses Association Continuing Education Approval Program requires that any speaker giving a presentation must disclose any significant financial interest or other relationship that they may have with the manufacturer(s) of any commercial products, service, technology, or program discussed at their educational presentation.

The Wisconsin Nurses Association Continuing Education Approval Program does not imply that any such financial interest or relationship is inherently improper or that such interest or relationship would prevent the speaker from making a presentation. It is imperative, however, that such financial interests or relationships be identified by the speaker so that participants have these facts fully disclosed prior to the presentation and may form their own judgments about the presentation.

Below is a listing of speakers who have reported having relationships with commercial companies.

Lisa Michelle Shamblin Sunovion Pharmaceuticals

Frica Flefant Janssen Pharmaceuticals

The Advisory Board Company

Deborah Thomas Assurex Health Gene Sight Testing

Linda Jo Volness Assurex Health

The remaining speakers have reported no relationships with commercial companies.

Endorsement of Products

Non- The presence of commercial exhibits during the conference does not imply endorsement by the ISPN, Wisconsin Nurses Association, or the American Nurses Credentialing Center's Commission on Accreditation.

EXHIBITORS

The exhibit area will be located in Ballroom 2 & 4 (Level 4). It will also be the site of the poster sessions and refreshment breaks during the Conference. Please plan time to stop by and visit with the exhibiting companies, which lend valuable financial support to the ISPN Conference.

Don't forget to complete and submit your Exhibitor Sign-Off sheet, found in your materials bag. You will be eligible to win a prize, brought to you by the Marketing and Development Committee.

Open Hours:

 Wednesday, April 13
 6:30 p.m.-8:00 p.m.

 Thursday, April 14
 7:30 a.m.-5:00 p.m.

 Friday, April 15
 7:00 a.m.-3:30 p.m.

Exhibitor	Booth
Assurex Health	3

6030 S. Mason-Montgomery Rd.

Mason, OH 45040 Telephone: 513-701-5000

Email: support@assurexhealth.com Website: www.assurexhealth.com

Assurex Health is a commercial-stage, informatics-based precision medicine company providing treatment decision support to healthcare providers for behavioral health and chronic pain conditions. We help people achieve mental wellness with advanced CPGx™, a proprietary combinatorial pharmacogenomics technology providing individualized treatment support for neuropsychiatric conditions.

Augusta University College of Nursing

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987 St. Sebastian Way, EC-4348 Augusta, GA 30912 www.augusta.edu

Established in 1943, the College of Nursing at Augusta University (formerly Georgia Regents University) has a proud history of excellence and innovation. We offer nationally ranked graduate and online programs, fully accredited by the Commission on Collegiate Nursing Education.

Carolinas HealthCare System

2

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Email: Sheilaparmer@carolinahealthcare.org/behavioral health Website: www.carolinashealthcare.org/behavioralhealth

Join a team on the cutting edge building the behavioral health system of the future. Carolinas HealthCare System—where we say "Patients first, Always!" One of the nation's leading and most innovative healthcare organizations!

Diamond Healthcare Corporation

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P.O. Box 85050 Richmond, VA 23285 Telephone: 804-649-9340 Fax: 804-782-2286 www.diamondhealth.com

Celebrating our 31st year, Diamond Healthcare is a fully integrated population health management organization with a special emphasis on behavioral health. We own or operate over 80 Psychiatric programs in 31 states across the country. For career information, please visit us at www.diamondhealth.com.

Exhibitor Booth Janssen Pharmaceuticals, Inc. 6

1000 US Highway 202 Raritan, NJ 08869 www.janssenpharmaceuticalsInc.com

www.jarisseripriarrilaceuticalsiric.com

NAMI Minnesota

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800 Transfer Road, Suite 31 St. Paul, MN 55114 651-645-2948 www.namihelps.org www.namihelpsyouth.org

NAMI Minnesota provides free education, support, and advocacy for people living with mental illnesses and their families.

Otsuka Pharmaceutical, Inc. & Lundbeck

٥

2440 Research Boulevard Rockville, MD 20850 Telephone: 1-800-438-9927

PsychU

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163 York Street Gettysburg, PA 17325 Telephone: 717-334-1329 Fax: 717-334-0538 www.PsychU.org

Since being launched in 2014, PsychU has evolved into a central 'hub' for both knowledge and discussion on disease state information and treatment best practices of individuals with mental illnesses. PsychU's online library and community forum is focused on the changing needs of the behavioral health professional. The PsychU community of over 11,000 members brings together physicians, clinicians, care managers, nurses, social workers, pharmacists, advocates, executives, and all professionals involved in providing, financing, or regulating mental health services.

Routledge

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530 Walnut Street, Suite 850 Philadelphia, PA 19106 Telephone: 215-625-8900 Fax: 215-606-0050

Website: www.tandfonline.com

Routledge, a division of Taylor & Francis, is a leading international publisher of scholarly research. We publish a wide variety of journals within the mental health field. Please visit us at Routledge booth to learn about our products and services, and for free sample copies of our journals.

Exhibitor Booth
Spectrum Health 5

333 Bridge Street, NW Grand Rapids, MI 49504 Telephone: 616-486-7432

Fax: 616-267-9821

Website: www.spectrumhealth.org

Spectrum Health is a not-for-profit health system, based in West Michigan, offering a full continuum of care through the Spectrum Health Hospital Group, which is comprised of 12 hospitals, including Helen DeVos Children's Hospital; 183 ambulatory and service sites; more than 3,100 physicians and advanced practice providers, including 1,200 members of the Spectrum Health Medical Group; and Priority Health, a health plan with about 654,000 members. Spectrum Health is West Michigan's largest employer, with 23,400 employees. The organization provided \$283 million in community benefit during its 2015 fiscal year. Spectrum Health is the only health system in Michigan to be named one of the nation's 15 Top Health Systems® by Truven Health Analytics for 2015. This is the fourth time the organization has received this recognition.

Staff Care, Inc.

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8840 Cypress Waters Blvd. Suite 300 Dallas, TX 75019

Telephone: 469-417-7560 Fax: 855-330-0997

Website: www.staffcare.com

Staff Care is an AMN Healthcare Company that provides locum tenens recruitment and staffing services. we match physicians, as well as other healthcare professionals, including dentists, CRNA's, nurse practitioners and physicians assistants, with all types of medical facilities and healthcare organizations.

Sunovion Pharmaceuticals, Inc.

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84 Waterford Drive Marlborough, MA 01752 www.sunovion.com

Sunovion Pharmaceuticals Inc., is a leading pharmaceutical company dedicated to discovering, developing, and commercializing therapeutic products that advance the science of medicine in the central nervous system and respiratory disease areas to improve the lives of patients and their families. Visit us online at www.sunovion.com.

University of Minnesota School of Nursing

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308 Harvard Street SE Minneapolis, MN 55455 Telephone: 612-625-44912 Website: www.nursing.umn.edu

Exhibitor

Booth

University of St. Francis

500 Wilcox Street Joliet, IL 60435

Telephone: 815-740-3859 Fax: 815-740-4243

Website: www.stfrancis.edu

Continue your education at the University of St. Francis with an online PMHNP degree, PMHNP post-master's certificate, or DNP. Students must reside in Illinois, Indiana, Iowa, Wisconsin, New Mexico, or Arizona. Visit our booth at ISPN.

University of Toledo College of Nursing

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3000 Arlington Avenue MS 1026 Toledo, Ohio 43614

Telephone: 419-383-5888 Fax: 419-383-5894 www.utoledo.edu/nursing

The University of Toledo offers DNP, MSN and certificate programs in advanced practice. APRN programs include adult/gerontology nurse practitioner, family nurse practitioner, pediatric nurse practitioner and psychiatric mental health nurse practitioner. Psychiatric Mental Health faculty position available. Please visit our table.

US ARMY Healthcare Team

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328 Third Ave. BLDG 1468 Fort Knox, KY 40121 Telephone: 502-626-1041

Army Nursing promotes a team environment where you'll work with peers, not competitors. You'll still be given the autonomy to be the ultimate practitioner and you'll have the advantage of working amongst and consulting with other health care professionals. As a member of the Army health care team, you'll enjoy the deep satisfaction of performing a vital service for your country. You'll also enjoy many tangible benefits of your service, such as 30 days paid vacation, housing allowance, retirement plan, and more. There are more benefits to being part of the U.S. Army health care team than you think. Benefits that can advance your skills and knowledge, shape your perspective, and provide you a comfortable and rewarding lifestyle.

Whether you choose the U.S. Army as your career or serve in the U.S. Army Reserve while maintaining your existing lifestyle, you'll enter as a commissioned officer. You'll gain the respect, responsibility, and prestige that are afforded your rank.

ISPN would like to thank its 2016 Annual Conference Exhibitors!



WEDNESDAY/THURSDAY

Program Schedule / April 13 & 14

Wednesday, April 13

6:30 p.m.-8:00 p.m. Ballroom 2, 4, & Pre-Function

Opening Reception and Poster Session

Thursday, April 14

7:00 a.m.-8:15 a.m. St. Croix II

ISPN New Member Orientation and Breakfast

7:30 a.m.-5:00 p.m.
Fourth Floor Registration Desk
Registration

7:30 a.m.-8:30 a.m.
Ballroom 2, 4, & Pre-Function
Continental Breakfast and Exhibits

8:30 a.m.-8:45 a.m. Ballroom 1 **Welcome**



8:45 a.m.-9:45 a.m. Ballroom 1

Opening Keynote Address

The Crisis of Mental Health in America
—What Role Can Psychiatric Mental
Health Nurses Play to Stem the Tides of
Destruction?

Nancy Valentine, PhD, RN, MPH, FAAN, FNAP

10:00 a.m.-10:50 a.m.

Concurrent Session 1

Cedar/Birch/Maple Lake

Concurrent Session 1.1

Using Standardized Patients to Enhance Psychotherapy Skills Training and Assessment Janice Goodman, PhD, RN, PMHCNS-BC, PMHNP-BC

Janice Goodman, PhD, RN, PMHCNS-BC, PMHNP-BC Susan Stevens, DNP, PMHNP, BC

Using Simulation to Improve Multidisciplinary Communication and Competency in Behavioral Health Sukh Dev Singh Khalsa, DNP(c), MBA, MSN, RN, Adult PMHNP-BC, PHN

St. Croix I

Concurrent Session 1.2

Aggression Management Within an Adolescent Mental Health Inpatient Unit: A Study Into Current Aggression Management Strategies and the Applicability of the "Safewards" Model Within Youth Mental Health Samantha Gronow, RN, Post Graduate Mental Health St. Croix I

Concurrent Session 1.2

A Service Connected Disability Related to Military Sexual Trauma: One Woman Veteran's Long Journey Kathy Ingelse, DNP, RN, PMHNP-BC, FNP-BC

Ballroom 1

Concurrent Session 1.3

Developing and Testing the Somali Health Realization Intervention: A Program of Research Cheryl Robertson, PhD, MPH, RN, FAAN

Deer/Elk Lake

Concurrent Session 1.4

Mantram Repetition Program for Improving Mindfulness and Spiritual Wellbeing in Healthcare Workers Jill Bormann, PhD, RN, FAAN Jim Kane, MN, RN, CNS, NEA-BC

Evaluating the Efficacy of One-to-One Observation in Reducing Adverse Events on an Adult and Geriatric Psychiatry Unit Charmaine Platon, BSN, RN-BC Kandace Kelly, DNP, RN-BC

Ballroom 3

Concurrent Session 1.5

Meeting the Need for Interprofessional Education: One Solution for Training Nursing Students in a Psychiatric Clinical Setting

Judy Glaser, DNP, RN, PMHCNS-BC, PMHNP-BC

Applying Research Evidence in the Transformation of Psychiatric Undergraduate Nursing Education:
A Quantitative Quasi-Experimental Study Addressing Nursing Student Attitudes Toward Mental Illness
Todd Hastings, PhD, RN
Gail Williams, PhD, RN, PMHCNS-BC

10:50 a.m.-11:20 a.m.

St. Croix II

International Meeting and Greet

10:50 a.m.-11:20 a.m.
Ballroom 2, 4, & Pre-Function
Refreshment Break
Exhibits and Poster Session

11:20 a.m.-12:10 p.m.

Concurrent Session 2

Ballroom 1

Concurrent Session 2.1

Incivility and Bullying: A Matter of Ethics Peggy Dulaney, MSN, RN Dianne Jacobs, MSN, RN

St. Croix I

Concurrent Session 2.2

Better Prepared: The Role of the PCLN in Helping to Create Proactive Systems of Medical Care for Patients Diagnosed with Autism Spectrum Disorder

Elizabeth Steinmiller, MSN, PMHCNS-BC

Deer/Elk Lake

Concurrent Session 2.3

Standardizing Safe Care Delivery for the Patient at Risk for Suicide in the Acute Care (Non-Behavioral) Hospital Setting With Implementation of a Suicide Precautions Safety Bundle Teresa Holland, MSN, RN, PMHCNS-BC

Ballroom 3

Concurrent Session 2.4

Strategies for Psychiatric Nurses Working With the Impaired Co-Worker or Supervisee

Geraldine Pearson, PhD, PMH-CNS, FAAN Karen Ragaisis, DNP, APRN, PMHNP/CNS-BC, CARN

Cedar/Birch/Maple Lake

Concurrent Session 2.5

Pilot Testing of the Family Management Efficacy (FAME) Intervention for African American Families of Adolescents With Disruptive Behavior Disorders Ukamaka Oruche, PhD, RN, PMHCNS-BC

12:10 p.m.-1:15 p.m.

Minnesota Room

Product Theater Luncheon

Sponsored by Otsuka Pharmaceutical, Inc. and Lundbeck



1:15 p.m.-2:05 p.m.
Ballroom 1 **Diversity Keynote Address** *Knowledge Up! Ignorance Down! My Journey Exploring Culture*Pamela Minarik, PhD, RN, CNS, FAAN

2:10 p.m.-3:40 p.m. **Workshop 3**

Cedar/Birch/Maple Lake

Workshop 3.3

Preparing Leaders for an Uncertain Future Jim Kane, RN, MN, CNS, NEA-BC

Deer/Elk Lake

Workshop 3.4

A Policy Workshop. PMHNPs Moving APN Full Practice Authority Forward: Powerful Reflections on Lessons Learned as State Victories are Attained. What PMH APNs Offer in This Larger Journey

Kathleen McCoy, DNSc, APRN, PMHNP-BC, PMHCNS-BC, FNP-BC, FAANP

Karen Robinson, PhD, PMHCNS-BC, FAAN Cathy Phillips, MS, PMHCNS-BC, APRN-NP Katherine Hoebelheinrich, MSN, APRN-NP, ANP-BC, BC-ADM, CDE

St. Croix I

Workshop 3.5

Topics in Tobacco and Nicotine Dependence Treatment: Clinical Applications, Nursing Education, and Overview of Electronic Nicotine Delivery Systems Carol Essenmacher, PMHCNS-BC, DNP, CTTS

2:10 p.m.-3:40 p.m.

Symposia 3 (Part 1)

Ballroom 1

Symposia 3.1

Developing and Sustaining Mental Health Nurses: Integrating Caring Science Into Online Education and Clinical Practice Settings

Sara Horton-Deutsch, PhD, PMHCNS, RN, FAAN, ANEF

Ballroom 3

Symposia 3.2

Child/Adolescent Psychiatric-Mental Health Nursing
Symposium: Infant Mental Health
Judith Fry McComish, PhD, RN, IMH-IV-E, FAAN
Deborah Thomas, EdD, APRN, PMHCNS-BC, PMHNP-BC,
CMP

3:45 p.m.-4:30 p.m.

Ballroom 2,4, & Pre-Function

Refreshment Break Exhibits and Poster Session

4:30 p.m.-6:00 p.m.

Workshop 4

Deer/Elk Lake

Workshop 4.3

Key Strategies for Developing the Next Generation of ISPN Members and Psychiatric Nursing Leaders to Address Critical Issues Related to Mental Health Diversity and Equity: A Workshop Conducted by the ISPN Diversity & Equity Committee

Cheryl Woods-Giscombe, PhD, PMHNP-BC

THURSDAY

Program Schedule / April 14

Cedar/Birch/Maple Lake

Workshop 4.4

An Experiential Exploration of Mindfulness-Based Practices Applied to Personal and Professional Life Experiences Patricia Nisbet, DNP, PMHNP-BC

St. Croix I

Workshop 4.5

Differential Diagnosis of Pediatric Mood Disorder Spectrum with DSM V

Linda Jo Volness, MS, APRN

4:30 p.m.-6:00 p.m.

Symposia 4 (Part 2, cont.)

Ballroom 1

Symposia 4.1

Developing and Sustaining Mental Health Nurses: Integrating Caring Science Into Online Education and Clinical Practice Settings

Joseph Giovannoni, DNP, MA, MS, PMHCNS-BC, APRN-Rx, Watson Caring Science Scholar & Certified Caritas Coach

Ballroom 3

Symposia 4.2

Child/Adolescent Psychiatric Mental Health Nursing
Symposium: Infant Mental Health
Janice Goodman, PhD, RN, PMHCNS-BC, PMHNP-BC
Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP

4:45 p.m.-5:00 p.m.

Ballroom 2, 4, & Pre-Function

Exhibits and Poster Session

6:15 p.m.-8:15 p.m. Fourth Floor Atrium

ISPN Foundation Reception

(Available at an additional fee)

LEARN MORE ABOUT AN IMPORTANT TOPIC IN PSYCHIATRIC CARE: ATTEND OUR PRODUCT THEATER AT THE 2016 ISPN 9TH ANNUAL PSYCHOPHARMACOLOGY INSTITUTE AND 18TH ANNUAL CONFERENCE! A Closer Look at a Long-Acting Injectable for Schizophrenia: A Patient-Focused Discussion

LOCATION

Minneapolis Marriott City Center 30 S. 7th Street Minneapolis, Minnesota 55402

THURSDAY, APRIL 14, 2016

FEATURED FACULTY
Georgia L. Stevens, PhD, APRN,
PMHCNS-BC

Director,
PAL Associates: Partners in
Aging and Long-Term Caregiving
Washington, DC

AGENDA

12:10рм сот 12:15рм сот 1:10рм сот Registration Presentation Question and Answer Session

Dr. Stevens is a paid consultant for Otsuka America Pharmaceutical, Inc. and Lundbeck.

The intended audience for this program is healthcare professionals involved in the treatment of patients with schizophrenia.

This program is sponsored by Otsuka America Pharmaceutical, Inc. (Otsuka) and Lundbeck and is not a CME activity.

In accordance with the PhRMA Code on Interactions with Healthcare Professionals, attendance at this educational program is limited to only Healthcare Professionals (Physicians, Nurse Practitioners, Physician Assistants, RNs, Clinical Pharmacists, Social Workers). Accordingly, attendance by guests or spouses is not permitted. This is a promotional program and no CME credits are offered. This educational program may include the provision of a modest meal. Otsuka and Lundbeck do not offer such a meal to healthcare professionals (HCPs) whose institutions prohibit such hospitality, nor do Otsuka and Lundbeck offer a meal where federal or state laws (e.g., Vermont and Minnesota) limit an HCP's ability to accept such a meal. Accordingly, please consult your legal or ethics advisor regarding any applicable limitation before attending this educational program. If you are licensed to practice in a state where meals are either prohibited and/or restricted and you accept a meal, you understand that you will be required to reimburse Otsuka for the cost of this meal.

Please note that Otsuka and Lundbeck are required to report the value of a provided meal pursuant to applicable federal and/or state laws.

This invitation is non-transferable.

Model is used for illustrative purposes only.

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6:00 a.m.-7:00 a.m.

Gray's Bay

Morning Yoga (mats provided)

7:15 a.m.-8:15 a.m.

Wayzata Bay

Meet the Editors and Q&A

Archives of Psychiatric Nursing Journal: Current and Potential Reviewers Session

7:00 a.m.-8:00 a.m.

Ballroom 2, 4, & Pre-Function

Continental Breakfast in the Exhibit Hall



8:15 a.m.-9:15 a.m. Ballroom 1

Melva Jo Hendrix Lectureship

Family Interpretation and Management of Child/Adolescent Mental Illness from Diverse Perspectives: A Program of Research

Karen Schepp, PhD, RN, PMHCNS-BC, FAAN

9:25 a.m.-10:15 a.m.

Concurrent Session 5

Cedar/Birch/Maple Lake

Concurrent Session 5.1

Enabling an Effective Workforce in Integrated Health Systems: Requisite Infrastructure and Interpersonal Competencies Kathleen Delaney, PhD, PMH-NP, FAAN

Deer/Elk Lake

Concurrent Session 5.2

Implementing a New Clinical Practice Guideline for Urine Drug Screening in a Psychiatric Emergency Service Unit Karl Olson, DNP, PMHNP-BC, APRN, RN

Ballroom 3

Concurrent Session 5.3

Psychotherapy Continuum of Care and the PMHNP Role Marian Newton, PhD, MN, PMHNP-BC, PMHCNS-BC, ANEF

Ballroom 1

Concurrent Session 5.4

Acceptance and Commitment Therapy to Address Generalized Anxiety in Adult Young Women Marsha Snyder, PhD, PMHCNS/NP, BC

St. Croix I

Concurrent Session 5.5

Preliminary Results of a Study on Decision-Making in the Foster Care System

Julie Bertram, RN, MSN, PMHCNS-BC, PhD(c)

10:15 a.m.-10:35 a.m.

Ballroom 2, 4, & Pre-Function

Refreshment Break

Exhibits and Poster Session

10:35 a.m.-11:25 a.m.

Concurrent Session 6

Deer/Elk Lake

Concurrent Session 6.1

The Future is Now: Change in Older Adult Mental Health Services to Meet Future Challenges Adam Searby, RN, PhD(c)

Ballroom 3

Concurrent Session 6.2

Mind-Body-Spiritually Integrated Intervention for Veterans With Post-Traumatic Stress Disorder: Research and Clinical Implications for Advanced Practice Nurses Jill Bormann, PhD, RN, FAAN

St. Croix I

Concurrent Session 6.3

Trauma Exposure, PTSD, Nightmares, Quality of Life, and Targeted Treatments for Trauma-Nightmares in Adolescents: Toward a Better Understanding Barbara Peterson, PhD, PMHCNS, RN

Cedar/Birch/Maple Lake

Concurrent Session 6.4

Psychiatric Prescribers Experiences With Patients who Engage in Doctor Shopping

Julie Worley, PhD, FNP-BC, PMHNP-BC Mary Johnson, PhD, RN, PMHCNS-BC, FAAN

Ballroom 1

Concurrent Session 6.5

ISPN Membership Dialogue Part 2: Final Report on the Integration of Behavioral and Primary Care White Paper Lynn Shell, PhD, PMHNP

12:00 noon-1:10 p.m.

Lunch on your own



1:10 p.m.-2:00 p.m. Ballroom 1

Plenary Session

Foundation International Speaker and Recognition of International Attendees Carol Etherington, MSN, RN, FAAN Medecines San Frountieres (Doctors Without Borders)

2:10 p.m.-3:00 p.m.

Concurrent Session 7

Deer/Elk Lake

Concurrent Session 7.1

The Efficacy and Reliability of Mobile Application as an Effective "Voice" of the Female Patients With Anorexia Nervosa (AN) in Silent Cultures, Which Regard Disordered Eating as Taboo

Princess Fumi S. Hancock, DNP, MA, BSN Kathleen McCoy, DNSc, APRN, PMHNP-BC, PMHCNS-BC, FNP-BC, FAANP

St.Croix I

Concurrent Session 7.2

PCLN Lead Delirium Education Program: Facilitating Delirium Knowledge Acquisition for Long-Term Care Nurses to Meet CMS Nursing Home Quality Measure of Delirium Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP

Cedar/Birch/Maple Lake

Concurrent Session 7.3

On the Care of Individuals With Schizophrenia and Their Families: An Integrated Review and Discussion Julie Bertram, RN, MSN, PhD(c), PMHCNS-BC

Ballroom 1

Concurrent Session 7.4

Implementing a Community Bullying Intervention in an Adolescent Psychiatric Unit: Feasibility Study
Leilanie Marie Ayala, MSN, PMHCNS-BC, PMHNP-BC

Ballroom 3

Concurrent Session 7.5

Transforming Care in the Age of Health Care Reform: Lessons Learned in the Field Elizabeth Eggers, APRN, CNS, BA, MS

3:00 p.m.-3:30 p.m.

Ballroom 2, 4, & Pre-Function

Refreshment Break

Exhibits and Poster Session

3:30 p.m.-5:00 p.m.

Concurrent Session 8

Ballroom 3

Concurrent Session 8.2

Dialectical Behavior Therapy (DBT) for Children and Adolescents

Candice Knight, PhD, EdD, APN, PMHNP-BC, PMHCNS-BC Janet Standard, DNP, PMHNP-BC Danielle Conklin, MS, PMHNP-BC, NP-P

St. Croix I

Concurrent Session 8.3

Flipping the Classroom: Implementing Team-Based Learning in a Psychiatric Mental Health Nursing Course
Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC
Colleen Corte, PhD, RN

PCLN Spheres of Influence: Who Ya Gonna Call? Psychiatric

Ballroom 1

Concurrent Session 8.4

Consultation-Liaison Nurses Integrate Care of Patients,
Support Providers, and Consult With Organizations
Moderator: Peggy Dulaney, MSN, RN
Marilyn Shirk, MN, RN, CNS-BC
Jim Kane, MN, RN, CNS, NEA-BC
Pamela Minarik, PhD, RN, CNS, FAAN
Peggy Plunkett, MSN, APRN, PMHCNS-BC
Jane B. Neese, PhD, RN
Karen Pehrson, MS, PMHCNS; BC-Retired
Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP

Deer/Elk Lake

Concurrent Session 8.5

Mindfulness, Performance, and Connection Kelly Ihme, BSN-BC, MA

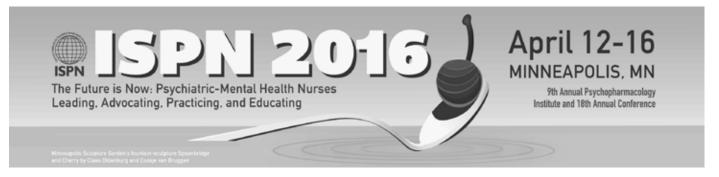
5:00 p.m.-6:00 p.m.

Special Interest Group Meetings

Cedar/Birch/Maple Lake SIG for Psychiatric Mental Health Policy

Ballroom 3

SIG for Psychiatric Consultation-Liaison Advanced Nursing Practice



6:00 a.m.-6:45 a.m.

Pine Lake

Mindfulness Meditation

7:00 a.m.- 8:00 a.m.

Ballroom 1 Pre-Function Area

Continental Breakfast

7:30 a.m.-8:00 a.m.

Ballroom 1

Awards Ceremony

8:00 a.m.- 9:00 a.m.

Ballroom 1

Business Meeting

8:30 a.m.- 9:00 a.m.

Ballroom 1

President's Wrap-Up

9:15 a.m.-10:05 a.m.

Concurrent Session 9

Deer/Elk Lake

Concurrent Session 9.1

Providing PMHNP Practice Specialists Through Creative DNP

Margaret Scharf, DNP, PMHCNS-BC, FNP-BC, PMHNP

Ballroom 3

Concurrent Session 9.2

Exploring Self-Care Beliefs and Behaviors Using Social Determinants of Health

Carol Moriarity, DPM, MSN, APRN-BC, PMHRN-BC

Ballroom 1

Concurrent Session 9.3

Treating Women Veterans for Military Sexual Trauma:

A Review of the Literature

Beverly Ross, PMHCNS, BC

Internalized Stigma of Mental Illness (ISMI) Scale Thai Version:

Translation and Psychometric Properties

Andrew Mills, PhD, MSN, RN

St. Croix I

Concurrent Session 9.4

Psychiatric-Mental Health Nursing Education and

International Experiences

Kelly Carlson, PhD, APRN-BC

Hurtology: An Online Course

Barbara Frechette, DNP, PMHNP-BC

Casey Frechette, PhD, Digital Journalism & Media Studies

Cedar/Birch/Maple Lake

Concurrent Session 9.5

A Restraint-Free Practice?

Suzanne Barnum-Goetz, PhD, RN, CCS-P

Attitudes of College Students Toward Those With Mental Illness: Implications for Nursing Education and Patient Care Joyce Shea, DNSc, APRN, PMHCNS-BC

10:05 a.m.-10:20 a.m.

Pre-Function

Refreshment Break

10:20 a.m.-11:15 a.m.

Concurrent Session 10

Ballroom 1

Concurrent Session 10.1

Integrating Care in a Community Mental Health Center: A Case Study in Promoting Health and Wellness Using Concepts of Integrated Health Care and Psychosocial Recovery Principles

Kathleen McDermott, DNP, RN, MSN, PMHNP-BC

Delivery of Colocated Mental Health Services in Primary Care: An Innovative Approach to Provide Patient Centered, Quality-Driven Mental Health Services

Gail Williams, PhD, RN, PMHCNS-BC Mark Soucy, PhD, RN, PMHCNS, FPMHNP-BC

Ballroom 3

Concurrent Session 10.2

The Use of an Autovideography Intervention to Support Recovery in People With Serious Mental Illness Sheila Linz, PhD, PMHNP-BC, RN

EBP Curricular Framework in Psychiatric Mental Health Nursing Course

Flor Culpa-Bondal, PhD, RN

Cedar/Birch/Maple Lake

Concurrent Session 10.3

The Innovative Role of a Nurse Case Manager in Pediatric Psychiatry to Improve Quality Care and Reduce <30-day Readmissions

Helen Ramsbotton, RN, LCSW Lisa Farmer, BSN, RN-BC, LMSW

Advanced Practice Nursing Students' Use of Screening and Brief Intervention in the Clinical Setting

Rhonda Schwindt, DNP, RN, PMHCNS-BC, PMHNP

SATURDAY

Program Schedule / April 16

St. Croix I

Concurrent Session 10.4

HRV Biofeedback in Grandmothers Raising Grandchildren: Evaluation of Intervention Parameters Jaclene Zauszniewski, PhD, RN-BC, FAAN

Improving Screening Rates for Metabolic Syndrome in Patients Taking Second Generation Antipsychotic Medications

Luann Richardson, PMHNP, DNP, PhD

Deer/Elk Lake

Concurrent Session 10.5

Feasibility of Portion Control Intervention for Weight Management for People With Serious Mental Illnesses Heeyoung Lee, PhD, PMHNP-BC

Moving Beyond Mere Survival in Psychiatric Nursing: A Group Mentoring Program for New Graduate Nurses Joyce Reinholdt, MTOM, BSN, LAc, RN-BC Amanda Shaw, RN



11:15 a.m.-12:15 p.m.
Ballroom 1
Closing Keynote
Back to the Future. Integrative Mental
Health Nursing
Gísli Kort Kristófersson, PhD, RN,
PMHNP

12:30 p.m. **Conference Ends**

12:45 p.m.-5:00 p.m. St. Croix II Board of Directors Meeting

Sunovion Pharmaceuticals Inc. is dedicated to developing new treatment options for patients and their families living with mental illness.



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POSTER SESSIONS

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Ballroom 2, 4, & Pre-Function

Setup

5:00 p.m.-6:15 p.m.

Wednesday, April 13

Display

6:30 p.m.-8:00 p.m.

Wednesday, April 13 (Opening Reception)

7:30 a.m.-5:00 p.m.

Thursday, April 14

7:00 a.m.-3:30 p.m.

Friday, April 15

Teardown

3:30 p.m.-4:30 p.m.

Friday, April 15

Exploring the Undergraduate
Mental Health Nursing Students'
Perspectives on Consumer-led
Programs: An Evaluation Study

Ho Yue On, MSN Mak Kam Wing, MSN Chow Lai Ping, MSN

Beyond Self-Reflection: Faculty and Student Engagement with Mental Health Education

Judith Walters, DNP, MN, PMHCNS-BC

A Once-Every-Three-Month
Long-Acting Injectable
Formulation of
Paliperidon Palmitate (PP3M):
An Assessment of Injection Site
Reactions and Injection Site Pain

Reactions and Injection Site Pain
Erica Elefant, MSW, RN
Larry Alphs, MD, PhD
Srihari Gopal, MD, MHS
Jennifer Kern Sliwa, PharmD, BCPP
Maju Matthews, MD
Dean Najarian, PharmD, BCPP
Isaac Nuamah, PhD
Adam Savitz, MD, PhD

Dual Diagnosis in Older Adults: Prevalence and Service User Experiences

4

Adam Searby, RN, PhD(c) Phil Maude, RN, PhD Ian McGrath, RN, PhD The Recovery-Based Interprofessional Distance Education (RIDE) Rotation: Lessons Learned From the First Two Cohorts Lora Beebe, PhD, PMHNP-BC Marian Roman, PhD

5

The Design and
Implementation of a Manager
Led Clinical Supervision
Structure to Foster
Development and Competence
for Inpatient RN Workforce

Krista Keehn, MS, RNBC Adam Hill, MSN, RN-BC (P)

Implementing Adolescent
SBIRT (Screening, Brief
Intervention and
Referral to Treatment) Training
into Interprofessional Primary
Care Practice

Erin Ellington, DNP, RN, PMHNP-BC Andrea Beahm, MA-R Laura Thiem, RN, FNP-BC, PMHCNS-BC, PMHNP-BC

An Integrative Approach to
Treatment of Premenstrual
Syndrome and
Premenstrual Dysphoric
Disorder

Lynn Shell, PhD, PMHNP Saul Kissin, MSN, APN-C

Personalizing Psychiatric Clinical Precepting Through Consumer Partnerships Helen Teresa Buckland, PhD, MEd Bridget Knight, RN Karen Schepp, PhD, RN, PMHCNS- BC, FAAN Identifying and Managing
Depression in Those with
Chronic Kidney
Disorders
Carol Lieser, PhD, APRN, PMHNP-BC

Using Shame Resilience Therapy to Decrease Depressive Symptoms in an Adult Outpatient Population

David Alvarez, DNP, APN, PMHNP-BC, NE-BC, RN-BC

Lessons Learned: A Prevalence
Study of Alcohol and
Substance Use in
Undergraduate College
Students

Zachari York, RN, BSN, S-FNP Andrea Kawsky, DNP, PMHNP-BC, PMHCNS-BC(P) Mary Serowoky, DNP, APRN-BC, FNP

Improving Knowledge and
Assessing Confidence in
Ethical and Legal
Considerations for
Inpatient Psychiatric
Registered Nurses
Robert Finn, RN, BSN, DNP
Candidate
Barbara Peterson, PhD, PMFCNS-NC,
RN(P)

Impact of Prenatal Education
Classes on Resourcefulness
and Quality
of Life

Kayla Herbell, BSN, RN Jaclene Zauszniewski, PhD, RN-BC, FAAN(P)

POSTER SESSIONS

Ballroom 2, 4, & Pre-Function

19

The Effect of Patient
Engagement on First
Community Reintegration
Program Appointment
George Benoy, DNP, APN, PMHNP,
LCPC

Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC (P) Joshua Nathan, MD, Marsha Snyder, PhD(P)

20

Implementing Provider-Based Screening for Homelessness at the Point of Care

Rosemary Fister, MN, RN, PHN Barbara Peterson, PhD, RN, CNS, Christopher Reif, MD, MPH Norie Wilson, BSN, RN

21

Influence of Dosage and Type of Music Therapy in Symptom Management and Rehabilitation for Individuals with Schizophrenia: Systematic Review

Jeehae Chung, BSN, RN Cheryl Woods-Giscombe, PhD, PMHNP-BC 22

Mediators of Interventions for Depressive Symptoms: A Systematic Review Becky Salomon, MSN, RN, PMHNP-BC

23

Working in an Ebola Treatment Center in Sierra Leone: Experience of a Clinical Volunteer

Jaja Cheedy, MN, MPH, RN

24

Analyzing the Correlation Between Medication and Falls in the Inpatient Psychiatric Unit: A QI Project Peggy Plunkett, MSN, APRN, PMHCNS-BC Setup

5:00 p.m.-6:15 p.m.

Wednesday, April 13

Display

6:30 p.m.-8:00 p.m.

Wednesday, April 13 (Opening Reception)

7:30 a.m.-5:00 p.m.

Thursday, April 14

7:00 a.m.-3:30 p.m.

Friday, April 15

Teardown

3:30 p.m.-4:30 p.m.

Friday, April 15



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As of March 30, 2016

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