



**International Society of
Psychiatric-Mental Health Nurses**

**7th Annual Psychopharmacology Institute
and 16th Annual Conference**

**Advanced Practice Psychiatric/Mental
Health Nurses: Advancing Mental
Health Across the Lifespan**

**March 25-29, 2014
Hyatt Regency Hotel
Greenville, SC**



ISPN 2014  **GREENVILLE, SC**



International Society of Psychiatric-Mental Health Nurses (ISPN) 7th Annual Psychopharmacology Institute and 16th Annual Conference

Who Should Attend the 2014 ISPN Psychopharmacology Institute and Annual Conference?

- **Advanced practice nurses, educators, and administrators** who practice, teach, conduct research, and/or study in the specialty of psychiatric-mental health nursing.
- **Professional nurses** who by practice, advocacy, or research dedicate their time to assisting patients and families dealing with mental illness.
- **Graduate nursing students** specializing or with an interest in Psychiatric-Mental Health Nursing.

Nursing Contact Hours

Contact hours for the Psychopharmacology Institute and the Annual Conference have been applied for through the Wisconsin Nurses Continuing Education Approval Program Committee. Contact hours are complimentary with your registration fee. Please note on your registration form if you are interested in receiving contact hours for attending the Annual Conference.

Hotel Accommodations

The Psychopharmacology Institute and Annual Conference will be headquartered at the Hyatt Regency Greenville in Greenville, South Carolina. A dynamic mix of Southern style and urban luxury, Hyatt Regency Greenville is a contemporary hotel, resort, and meeting destination in the heart of downtown. With elegant spaces and sleek décor, our hotel is a relaxing and productive retreat. Located in the heart of downtown Greenville, the hotel is surrounded by local flare, restaurants, shopping, and natural beauty.

The negotiated discounted sleeping room rate is \$141 for a single or double room (does not include a \$1.10 destination fee and 10% tax). All reservations must be made by February 24, 2014 to receive the discounted rate. To secure your hotel reservations at the Hyatt Regency Greenville, follow this link <https://resweb.passkey.com/go/ISPN2014>, or contact the hotel directly at +1-864-235-1234. For more information on the headquarter hotel, visit <http://greenville.hyatt.com/en/hotel/home.html>.

Be a Member...Bring a Member

Calling all ISPN members to bring a buddy to the Annual Conference! Spread the word on the educational opportunity being held this March in Greenville. And what do you get for participating? Your name will be entered into a drawing to win a gift card. Be sure to have your buddy include your name as the referring member on the registration form. Please indicate if your buddy is a student.

ISPN Award Nominations

Honor a colleague by nominating them for one of the ISPN awards. Nominations are being taken online (www.ispn-psych.org). Full award descriptions will be available there, too.

Division Awards

ACAPN Division Award
AGPN Division Award
ISPCLN Leadership Award
SERPN Jeanette Chamberlain Award

ISPN Awards

Melva Jo Hendrix Lectureship Award
Clinical Practice Award
Diversity Award
Education Award
Research Award
Service to Psychiatric Nursing Award

Recipients are selected by considering the nominee's contributions and their impact on individuals, systems, or populations using the criteria of the particular award. Consideration will also be given to the general contributions the individual has made to the profession—including ISPN or one of the constituent divisions. While many award recipients are seasoned achievers, early career members who are making solid contributions have received awards in recent years.

Visit the ISPN website (www.ispn-psych.org/html/nominations.html) to nominate a deserving member. Deadline for nominations: February 23, 2014.

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2014 Conference Events

NEW this year to the Annual Conference

Nonadherence and its Impact in Schizophrenia: How Can We Make a Difference?

Thursday, March 27
11:50 a.m. – 1:20 p.m.

The Wisconsin Nursing Association (WNA), in co-sponsorship with RMEI, LLC will present a lunchtime symposium on Thursday March 27 from 11:50 a.m. to 1:20 p.m., at the Hyatt Regency Greenville. 1.5 CEU contact hours will be awarded for attendance at this symposium and a complimentary lunch will be provided. The symposium will provide an overview and update of nonadherence in schizophrenia and its consequences, mechanisms to improve adherence among patients with schizophrenia, both non-pharmacologic and pharmacologic, including long-acting injectables (LAIs), a discussion and evaluation of efficacy and safety data for LAIs, patient selection for LAIs and discussion with a patient regarding starting a LAI. At this time, WNA and RMEI, LLC are seeking grant funding for the symposium, which will be confirmed once grant funding is received. Please indicate on the registration form if you are interested in receiving more information on this symposium and are interested in attending.

Symptom Media Demo

Friday, March 28
6:30 p.m. – 7:30 p.m.

Please join ISPN in supporting a new relationship with Symptom Media. Friday evening, Symptom Media in conjunction with ISPN, will be sponsoring a Wine and Cheese Event featuring a presentation and demonstration on integrating Symptom Media into your classroom- presented by Dr. Victoria Soltis-Jarrett.

Symptom Media is an online mental health film library available via subscription streaming. Symptom Media's library of over 160 films guided by the DSM 5 and ICD provide viewers with training tools critical for symptom recognition. These innovative films are being utilized by the psychiatric nursing community in ways including but not limited to analyzing non-verbal/body language indicators, assessments, testing competency skills, continuing education reviews, patient and family member education, nurse training, among others. This training session presented by Dr. Victoria Soltis-Jarrett will showcase innovative and groundbreaking ways Dr. Soltis-Jarrett is utilizing in her graduate and professional training courses. To learn more and view trailers, please visit www.symptommedia.com

This event is open to all attendees, but space is limited. Please watch for an informational email to be sent to registered attendees of the conference. RSVP will be required.

NEW this year to the Psychopharmacology Institute

Adherence in Schizophrenia: Increasing Competence, Cooperation and Customized Patient Solutions

Wednesday, March 26
9:00 a.m. – 11:00 a.m.

Medication nonadherence has long been acknowledged as a key factor contributing to poor outcomes in the treatment of schizophrenia. Proper training, an enhanced clinical process that includes interprofessional teams of physicians and nurses, improved communication techniques among healthcare professionals and patients that enrich the therapeutic relationship, and appropriate use of LAIs and other approved agents for treatment may increase adherence and reduce the burden of this mental illness on patients and the community. Provided by the Annenberg Center for Health Sciences at Eisenhower, in conjunction with International Society of Psychiatric-Mental Health Nurses. This activity is supported by independent educational grants from Janssen Pharmaceuticals, Inc., administered by Janssen Scientific Affairs, LLC and Otsuka America Pharmaceutical, Inc. Provider is approved by the California Board of Registered Nursing. A maximum of 2 contact hours may be earned for successful completion of this activity.

ISPN Foundation Event

Laughter - the "Foundation" of a Good Life

You are invited to the Foundation Annual Reception/Silent Auction
Thursday, March 27, 2014
5:45 p.m. to 7:30 p.m.
Cost of event: \$45 per person

Join us for a hilarious, side-splitting memorable evening!
Performance by "Cafe and Then Some" Comedy Troupe

Light hors d'oeuvres and a cash bar in ultra-chic Studio 220 on grounds; The Hyatt Regency Greenville, your 2014 ISPN host.

- Live and silent auction! Participate or observe the antics!
- Network with some of the most intriguing minds in the mental health community - your own ISPN Community.
- You will have time to plan a dinner with your friends following the Foundation Event

ISPN Auction Funds support:

- Scholarships to assist graduate students and international members to attend the Annual Conference
- Research grants to support and enhance psychiatric nursing science
- Endowment for the Foundation
- ISPN sponsored events

Donate! This is an advantageous way to support your organization with tax-deductible donations and contributions.

Auction items are welcome! The value of your donated item is tax-deductible as allowed by law and your particular tax situation. You will receive a thank you letter from the Foundation stating the value of the donation and that no goods or services were exchanged for the donation. In recognition for your donation you will receive:

- ISPN Foundation Donor Recognition
- A personal thank you letter
- Acknowledgement on the Auction Bid Sheet

To make a donation:

You may either send your item to: Peggy Dulaney at 201 Dove Hill Circle, Easley, SC 29640 one week prior to the conference, or drop these off at the conference registration desk during hours of operation on Tuesday, Wednesday, and Thursday before 11:00 a.m. Every donor will receive a warm welcome!



International Society of Psychiatric-Mental Health Nurses (ISPN)

7th Annual Psychopharmacology Institute and 16th Annual Conference

Psychopharmacology Institute March 25-26, 2014

Welcome to the 7th Annual ISPN Psychopharmacology Institute! We have listened carefully to your comments about past institutes and tried to craft this year's program to best meet your needs.

The Institute Planning Committee has worked diligently over the last year to respond to your ideas for topic areas and recommended speakers. The content is diverse and addresses patient issues across the age spectrum and prescribing related to varying practice settings.

We are pleased to announce the following speakers:

- Dr. Janiece Desocio: The McCabe Lectureship: The Synergy of Psychotherapy and Psychopharmacology in Mediating Brain Change
- Dr. Geoff McEneny: Treatment Resistant Depression: Impact on Sleep Cycle

Back by popular demand are the roundtable discussions. Participants are encouraged to bring difficult scenarios, questions, and complex prescribing issues to discuss.

These may be related to the following:

1. Child/adolescent issues/disorders
2. Geropsychiatric issues
3. Adult co-morbidities

We have decided to conclude the conference with both small group discussions and a prescribing panel so that you can get your questions addressed by the conference expert from your lifespan specialty practice. This is a time for you to be actively involved in the learning process by sharing one of your particularly challenging clinical cases with your peers.

The Psychopharmacology Institute is designed to be interactive and assist you in developing partnerships that will last far beyond the two days of the Institute. You will have opportunities to network with advanced practice colleagues, establish new relationships, and interact with the presenters. We actively encourage our student participants to continue their course of education into real time practice and establish connections with experienced prescribing APRNs.

We hope that you take every opportunity to make this educational event a positive learning experience.

So mark those calendars and start preparing for the ISPN Psychopharmacology Institute in 2014!

Best regards,

Geraldine S. Pearson, PhD, PMH-CNS, FAAN
Co-Chair, Psychopharmacology Institute

Karen Ragaisis, DNP(c), APRN, PMHNP-BC, PMHCNS-BC, CARN
Co-Chair, Psychopharmacology Institute

Psychopharmacology Institute Planning Committee

- Geraldine Pearson, PhD, PMHCNS- BC, FAAN, Co-Chair
- Karen Ragaisis, DNP(c), APRN, PMHNP-BC, PMHCNS-BC, CARN, Co-Chair
- Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP
- Dawn Bounds, MSN, PMHNP-BC

Psychopharmacology Institute Abstract Reviewers

- Geraldine Pearson, PhD, PMHCNS- BC, FAAN, Co-Chair
- Karen Ragaisis, DNP(c), APRN, PMHNP-BC, PMHCNS-BC, CARN, Co-Chair
- Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP
- Dawn Bounds, MSN, PMHNP-BC
- Anita Dempsey, PhD, RN, MSN
- Linda Gerson, PhD, RN, PMHCNS-BC
- Cynthia Taylor Handrup, APN, DNP, RN
- Fabienne Williams, DNP, APN, PMHCNS

Psychopharmacology Institute Objectives

This course has been designed so that the participants will be able to:

- Describe new and comprehensive knowledge regarding the psychopharmacologic treatment of major psychiatric, substance abuse disorders, along with other co-morbidities across the life span, which will include antidepressants, antipsychotics, mood stabilizers, psychostimulants, and addiction pharmacology.
- Discuss the emerging knowledge of pharmacogenomics and pharmacoconomics and the importance of this information in the practice of prescribing psychopharmacologic agents.
- Explore new and comprehensive knowledge associated with the integration of psychopharmacology prescribing into clinical practice, across the life span, and in varying clinical practice settings.
- Identify current and future innovations and advancements in the area of psychopharmacology.

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2014 Psychopharmacology Institute – Preliminary Program: March 25-26

Tuesday, March 25

11:30 a.m.-5:00 p.m.

Registration

1:00 p.m.-1:15 p.m.

Welcome and Announcements

1:15 p.m.-1:30 p.m.

Introduction to the McCabe Lectureship

Dr. Geraldine Pearson, PhD, PMHCNS-BC, FAAN, Co-Chair of the Psychopharmacology Institute
Director of University of Connecticut Health Center's Home Care Program

1:30 p.m.-3:00 p.m.

Susan McCabe Lectureship



The Synergy of Psychotherapy and Psychopharmacology in Mediating Brain Change
Dr. Janiece Desocio PhD, PMHNP-BC
Interim Dean and Associate Professor at Seattle University, Seattle, Washington

3:00 p.m.-3:15 p.m.

Refreshment Break

3:15 p.m.-4:30 p.m.

Concurrent Session 1.1

Integration of Primary and Behavioral Health Care in the Mental Health Community

Elizabeth Martin ARNP-BC
Karen Moore RN, BSN

Concurrent Session 1.2

A Prescriptive Practice within a FQHC (Federally Qualified Health Center) and Dilemmas of the Warm-Handoff Model of Primary Care Providers

Beth Muller APRN, PMHCNS-BC

Concurrent Session 1.3

The Drugs You Didn't Order: Effects of Dietary Gluten and Casein on the Mental Health of You and Your Patients

Kelly Ihme, BSN-BC, MA

4:45 p.m.-6:00 p.m.

Concurrent Session 2.1

Geriatric Psychopharmacology: Case Based Approach

Susan Krupnick MSN, PMHCNS-BC, ANP-BC, C-PREP

Concurrent Session 2.2

A Longitudinal Study Examining the Relationship Between Vitamin D and Depression in Young Women

Andrea Kwasky, DNP
Carla Groh, PhD, PMHNP-BC

Vitamin D Deficiency and Its Relationship to Psychological Stress, Negative Affect, and Depressive Symptoms in African American Women: Implications for Psychiatric-Mental Health Nurse Practitioners and Clinical Nurse Specialists

Anusha Smith, RN, BSN, BA
Linda Beeber, PhD
*Susan Gaylord, PhD**
*Cheryl Woods-Giscombe, PhD, PMHNP**

Concurrent Session 2.3

Use of Psychiatric Formulation in Medication Management Strategies for Pediatric Populations

Geraldine Pearson PhD, PMHCNS-BC, FAAN

6:00 p.m.

Free Evening

Wednesday, March 26

8:00 a.m.-8:45 a.m.

Breakfast

8:00 a.m.-7:00 p.m.

Registration

8:45 a.m.-9:00 a.m.

Welcome and Announcements

9:00 a.m.-11:00 a.m.

Plenary Session

Provided by the Annenberg Center for Health Sciences at Eisenhower: Adherence in Schizophrenia: Increasing Competence, Cooperation, and Customized Patient Solutions

Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP, Psychiatric Consultation Liaison CNS, Adult Nurse Practitioner-Addiction Medicine
Arbour SeniorCare, Norwell, Massachusetts

11:00 a.m.-11:15 a.m.

Refreshment Break

11:15 a.m.-12:15 p.m.

Concurrent Session 3.1

Assessment and Psychopharmacologic Interventions With Patients With Complex Pain Presentations: Implications for the Advanced Practice Psychiatric Nurse

Susan Krupnick MSN, PMHCNS-BC, ANP-BC, C-PREP

Concurrent Session 3.2

Evidence-Based Management of Mental Disorders in Young Adults: Unique Challenges and Opportunities in Prescribing With 18-24 Year Old Youth

Pamela Lusk DNP, PMHNP-BC

Concurrent Session 3.3

The Nuances of Prescribing Atypical Antipsychotics

Anita Dempsey PhD, PMHCNS-BC
Linda Derminio MSN, PMHCNS-BC

12:15 a.m.-1:40 p.m.

Lunch (on your own)

Lunch with the Experts Roundtable Discussions

1:45 p.m.-2:45 p.m.

Concurrent Session 4.1

Genomics as Cutting-Edge Technology to Measure and Analyze Clinically Important Genomic Variants in the Treatment of Neuropsychiatric Disorders

Debbie Thomas, EdD, MSN, APRN, PMHCNS-BC, PMHNP-BC

Concurrent Session 4.2

Use of Stimulants and Other Medications to Treat ADHD Across the Lifespan

Anita Dempsey PhD, PMHCNS-BC

Concurrent Session 4.3

Assessment of Off-Label Usage of Antipsychotics in Middle Tennessee Nursing Home

Megan Sheppard, PMHNP-BC

2:45 p.m.-3:00 p.m.

Refreshment Break

3:10 p.m.-4:45 p.m.

Prescribing Panels

Topics to be Announced

5:00 p.m.-6:15 p.m.

Closing Plenary Session



Treatment Resistant Depression: Impact on Sleep Cycle
Geoffrey McEnany PhD, PMHCNS-BC Professor, School of Nursing, College of Health Sciences, University of Massachusetts-Lowell, Lowell, Massachusetts; Private Practice, Boston, Massachusetts

6:15 p.m.-6:30 p.m.

Complete Evaluations and Closing Remarks

6:30 p.m.-8:00 p.m.

Annual Conference Opening Reception and Poster Session

*Co-Author not presenting at the Conference



International Society of Psychiatric-Mental Health Nurses (ISPN)

7th Annual Psychopharmacology Institute and 16th Annual Conference

Annual Conference March 26-29, 2014

The ISPN Conference Committee and the Board of Directors welcome you to the 2014 ISPN Psychopharmacology Institute and Annual Conference. *Advanced Practice Psychiatric/Mental Health Nurses: Advancing Mental Health Across the Lifespan* was chosen to reflect the challenges and issues currently faced by psychiatric/mental health nurses in advanced practice and academia. Nestled in the foothills of the beautiful Blue Ridge Mountains, Greenville is an idyllic setting for this conference.

Steeped in Southern traditions and charm, Greenville has stood the test of time. With resilience it has flourished and offers a wide variety of options for exploring as a backdrop for the conference. Whether taking a leisurely river walk to the falls, visiting local shops or museums, or taking advantage of diverse culinary treats, Greenville has something for everyone that will replenish your spirit.

This year's conference promises to be exciting! We were pleased with the number and quality of abstracts submitted for presentations and posters. The skill and expertise in our growing membership are impressive. Based on member feedback, we have added workshops and adjusted the schedule to allow for increased sharing, networking, and dissemination of knowledge. In an effort to support the Joint Forces initiative, we have continued to include sessions that focus on the mental health issues facing the military and many of our nation's heroes.

We are so excited Virginia Trotter Betts, MSN, JD, Professor at the University of Tennessee, Health Science Center, will be joining us to share perspectives on mental health issues and challenges from a national and global perspective in her Keynote Address. All the way from Botswana, we welcome Dr. Nthabiseng Phaladze, PhD, and Associate Professor in Nursing at the University of Botswana, who joins us with an international perspective. We celebrate the Melva Jo Hendrix award winner, Judith Coucouvanis, MA, APRN-BC from the University of Michigan Department of Psychiatry, Division of Child and Adolescent Psychiatry. She will present *A Journey with Autism: Perspectives from 30 Years of Clinical Practice*. We also welcome Dr. Daniel Pesut, Professor of Nursing and Population Health at the University of Minnesota, who will present *Creating Desired Futures: The Future of Mental Health Nursing*. All in all, these broad and exciting educational presentations have been designed to move us forward in our constantly changing world!

As we come together in Greenville, we look forward to renewing and strengthening relationships as well as embracing those new to advanced practice and psychiatric mental health nurses who share a passion for care and treatment of those with mental health issues. I would like to thank all the Conference Committee members for their diligence throughout the year to bring us what promises to be a wonderful conference! We hope to see you there!

Anita Dempsey, PhD, APRN, MSN, PMHCNS-BC Chair
Linda Gerson, PhD RN, MSN Co-Chair

Annual Conference Planning Committee

- Anita Dempsey, PhD, RN, MSN, Chair
- Linda Gerson, PhD, RN, PMHCNS-BC, Co-Chair
- Beth Bonham, PhD, RN, PMHCNS-BC
- Nancy Davenport, RN, MSN, PMHCNS-BC
- Pamela Galehouse, PhD, PMHCNS-BC
- Cynthia Taylor Handrup, APN, DNP, RN
- Pamela Lusk, DNP, PMHNP-BC
- Kathleen McCoy, DNSc, APRN-BC, FAANP
- Sally Raphel, APRN/PMH, FAAN
- Dorit Breiter, DNP, ARNP

Abstract Reviewers

- Anita Dempsey, PhD, RN, MSN, Chair
- Linda Gerson, PhD, RN, PMHCNS-BC, Co-Chair
- Nancy Davenport, RN, MSN, PMHCNS-BC
- Susan Benson, PMH-CNS-BC
- Beth Bonham, PhD, RN, PMHCNS-BC
- Carol Baxter, APN, PMHCNS-BC
- Pamela Lusk, DNP, PMHNP-BC
- Cynthia Taylor Handrup, APN, DNP, RN
- Fabienne Williams, DNP, APN, PMHCNS-BC
- Pamela Galehouse, PhD, PMHCNS-BC
- Jane Neese, PhD, APRN-BC
- Carla Groh, PhD, PMHNP-BC
- Sandra Nelson, PhD, RN, CS
- Jean Klein, PhD, PMHCNS-BC
- Judith Nolen, RN, BC, MS
- Jaclene Zauszniewski, PhD, RN-BC, FAAN
- Geri Pearson, PhD, PMHCNS-BC, FAAN

Annual Conference Objectives

Attendees will be able to:

- Describe the current evidence base, research, and outcomes that inform advanced practice psychiatric/mental health nursing in the treatment of individuals, families, and groups across the life span.
- Generate health care policy recommendations, which support transformative, comprehensive, quality mental health care across the life span.
- Discuss innovative initiatives and strategies for increasing the knowledge and skills of educators, practitioners, and students in psychiatric-mental health nursing.
- Describe cutting-edge initiatives that address culture, ethics, and integration of Psych/Mental Health care in education, practice, and research.
- Utilize the conference forum as a method to promote discussion, planning, and problem-solving of key issues affecting psychiatric/mental health nursing: healthcare policy, advocacy, global health, international collaboration, and mental health initiatives across the lifespan.
- Provide opportunities for professional development, networking, mentoring, and collaboration between domestic and international partners.
- Explore strategies to deal with mental health issues facing military troops and personnel.
- Explore strategies to promote self-care and wellness in educators, practitioners, and students.

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2014 Annual Conference – Preliminary Program: March 26-29, 2014

Wednesday, March 26, 2013

6:30 p.m.-8:00 p.m.

Opening Reception and Poster Session

Thursday, March 27

7:15 a.m.-8:15 a.m.

ISPN New Member Orientation and Breakfast

7:30 a.m.-9:00 a.m.

Continental Breakfast in the Exhibit Area

8:30 a.m.-9:45 a.m.

Welcome and Opening Keynote Address



Virginia Trotter Betts, MSN, JD, RN, FAAN
Professor at the University of Tennessee Health Science Center, Past President of both the American and Tennessee Nurses Associations and the National Association of State Mental Health Program

Directors. Honors and awards in nursing and healthcare include: ANA's Distinguished Member Award, the Surgeon General's Medallion, and the SPAN USA Allies for Action. International representations in healthcare include: US member of the ICN, US Delegate to the WHO, US Delegate to Fourth World Conference on Women in China.

9:45 a.m.-10:15 a.m.

Refreshment Break

Exhibits and Poster Session

10:15 a.m.-11:45 a.m.

Workshop #1

The 2013 Scope and Standards of Practice: Update on Practice Standards

Catherine Kane, PhD, RN, FAAN

Workshop #2

Cognitive Behavioral Therapy (CBT Workshop for Beginners and Expert Clinicians– Part 1

Kathleen McCoy, DNSc PMHNP-BC, PMHCNS-BC, FNP-BC FAANP

Cynthia Handrup, DNP, APN, PMHCNS-BC

Workshop #3

Writing for Publication – Reviewing Your Abstract

Geri Pearson, PhD, PMH-CNS, FAAN

Kathleen Delaney, PhD, PMH-NP, FAAN

Workshop #4

From Thought to Podium: Lessons for Professional Presentations

Pamela Lusk, DNP, RN, PMHNP-BC

Beverly Hart, PhD, RN, PMHNP-BC

Workshop #5

Developing Self-Care Through Caring Science: An Integrative Evidence-Based Approach

Joseph Giovannoni, MA, MS, APRN-Rx, PMHCNS-BC

11:50 a.m.-1:20 p.m.

RMEI Lecture and Lunch

1:30 p.m.-3:20 p.m.

Workshop #2 Continued

Cognitive Behavioral Therapy (CBT Workshop for

Beginners and Expert Clinicians– Part 2

Kathleen McCoy, DNSc PMHNP-BC,

PMHCNS-BC, FNP-BC FAANP

Cynthia Handrup, DNP, APN, PMHCNS-BC

Workshop #6

Examining the Current State of Child/Adolescent Psychiatric Nursing

Edilma Yearwood, PhD, PMHCNS-BC, FAAN

Beth Bonham, PhD, RN

Penelope Buschman, MS, PMHCNS-BC,

FAAN

Kathleen Delaney, PhD, PMH-NP

Linda Finke, RN, PhD

Pamela Galehouse, PhD, PMHCNS-BV, CNL

Judith Hirsh, FPMHNP

Joan Kearney, PhD, CS, APRN

Beth Muller, MSN, RN

Geraldine Pearson, PhD, PMHCNS-BC, FAAN

Sally Raphael, MS, APRN/PMH, FAAN

Kathleen Scharer, PhD, RN, PMHCNS-BC,

FAAN

Workshop #7

Advancing the Future of the PCLN role: Follow the Money

Peggy Dulaney, MSN, RN

James Kane, MN, RN, CNS, NEA-BC

Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP

Julie Sharrock, RN, B.Ed., M.HSc

1:30 p.m.-2:25 p.m.

Concurrent Session 1.1

Whose Stress is Making Me Sick? Network

Stress and Emotional Well-being in African

American Women

Cheryl Wood Giscombe, PhD, PMHCNS-BC

*Marci Lobel, PhD**

*Catherine Zimmer, PhD**

Concurrent Session 1.2

Reducing Diabetes Risk for Patients With Major Depressive Disorder

Karina Santibanez, PMHNP-BC

*Joe Depaola, RN, PMHNP-Student**

Michelle Knapp, PMHNP-BC

Candice Knight, PhD, PMHNP-BC

Mary Rosedale, PhD, PMHNP-BC

Shiela Strauss, PhD

Johanna Wu

2:30 p.m.-3:20 p.m.

Concurrent Session 2.1

Perinatal Depression Across Ethnic Groups: A

Qualitative Perspective

Judith Jarosinski, RN, PhD

*Deborah Pollard, RN, PhD**

Concurrent Session 2.2

Empowerment Partnership in Coping System

Index: Measuring Treatment Impacts and Quality

of Life in Chronic Illness

Joshua Gandhi, RN, RPN, HD, BSc, MSc

*Paul S. Wai, RN, RNT, BSc, MSc, PhD**

3:20 p.m.-4:30 p.m.

Refreshment Break

Exhibits and Poster Session

3:30 p.m. – 4:30 p.m.

SERP Division Meeting

4:30 p.m.-5:30 p.m.

ISPN Business Meeting

5:45 p.m.- 7:30 p.m.

ISPN Foundation Reception

(Available at an additional fee)

7:30 p.m.

Dinner on your own

Friday, March 28

7:30 a.m. – 9:00 a.m.

Continental Breakfast

7:45 a.m. – 8:30 a.m.

Breakfast and Awards Ceremony

8:30 a.m.-9:30 a.m.

Melva Jo Hendrix Lectureship



A Journey With Autism: Perspectives From 30 Years of Clinical Practice
Judith Coucouvanis, MA, APRN-BC Psychiatric nurse practitioner and clinical specialist at the University of Michigan Department of Psychiatry. Board of Directors of the Autism Society of Michigan and editorial board member of the Journal of Child and Adolescent Psychiatric Nursing.



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9:40 a.m.-10:30 a.m.

Concurrent Session 3.1

The Challenges and Perceived Needs for Support of Primary Caregivers of Adolescents With Disruptive Behavior Disorders

Ukamaka Oruche, PhD, RN, PMHCNS-BC
*Halima Alkhatab, RN, Predoctoral Fellow**
Claire Draucker, PhD, RN, FAAN
Angela Barron McBride, Endowed Professor

Concurrent Session 3.2

They Have Lumbago Again: Identifying Alcohol Abuse in the Elderly

Deborah Bump, APRN-C

Concurrent Session 3.3

The PCLN as Transformational Leader: The Delirium Project in an Acute Care Hospital

Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP
Elizabeth Kaiser, RN, PhD
Carolyn MacDonald, RN, MS, APRN

Concurrent Session 3.4

Postpartum Support: An Assessment of Care

Catherine Corrigan, MSN, FNP-BC
Andrea N. Kwasky, DNP, PMHNP-BC, PMHCNS-BC

Concurrent Session 3.5

Military Deployment, Trauma, and Reintegration: Effects on Children's Mental Health and Intervention Strategies

Janiece DeSocio, PhD, RN, PMHNP-BC
Cindy Bello-Utu, RN, MSW

10:30 a.m.-11:00 a.m.

Refreshment Break

Exhibits and Poster Session

11:00 a.m.-11:50 a.m.

Concurrent Session 4.1

Decision Making in Foster Care

Julie Bertram, MSN

Concurrent Session 4.2

The Sociopath Next Door: The Case of Ariel Castro

Vicki Lachman, PhD, APRN, FAAN, PMHCNS-BC

Concurrent Session 4.3

Experiencing Hurricane Sandy as a Psychiatric Nurse Practitioner and Member of a Federal Disaster Medical Assistance Team

Beverly Hart, RN PhD ARNP-BC

Concurrent Session 4.4

Scenario-based Multimedia Learning: Bringing the Reality Closer to Online PMHNP Nursing Students

Evelyn Parrish, PhD, APRN
Wanju Huang, PhD

11:50 a.m.-12:50 p.m.

ISPCLN Division Meeting

11:50 a.m.-12:50 p.m.

Diversity Committee Meeting

11:50 a.m.-1:00 p.m.

Lunch on your own

1:00 p.m.-2:00 p.m.

Plenary Session

The State of Mental Health Services In Botswana: Opportunities for Capacity Building and Expansion

Nthabiseng Phaladze, PhD, RN
Associate Professor of Nursing at the University of Botswana. Masters degree and a PhD degree in nursing from the University of Michigan, Ann Arbor. Areas of specialization are nursing administration and community health nursing.

2:10 p.m.-3:00 p.m.

Concurrent Session 5.1

The Effectiveness of the COPE Healthy Lifestyle Teen Program on Increasing Nutrition and Exercise Awareness and Decreasing Anthropometric Measures With Ninth Grade Students Using Rural and Urban Samples: A Comparative Analysis

Teresa Ritchie, DNP
Susan H. McCrone, PhD
Patricia Setlow, DNP

Concurrent Session 5.2

A Theoretical Framework of Adolescent Dating Violence

Claire Burke Draucker, PhD, RN, FAAN

Concurrent Session 5.3

Utilizing the Experience of a Person With Anorexia Nervosa to Explicate PCLN Practice

Julie Sharrock, RN, BEd, MHSc

Catherine Roberts, RN

Concurrent Session 5.4

Psychometric Assessment of the Depressive Cognition Scale Among Caregivers of Persons with Dementia

Abir Bekhet, PhD, RN, H.S.M.I.
*Jaclene Zauszniewski, PhD, RN-BC, FAAN**

Concurrent Session 5.5

Active Duty Military Women and Veterans and the Wxperience of Maternal-Infant Attachment

Anne Ganzer, PhD, NNP

3:00 p.m.-3:30 p.m.

Refreshment Break

Exhibits and Poster Session

3:30 p.m.-4:20 p.m.

Concurrent Session 6.1

Proactive Readiness Discussions Among Mothers of Children With Mental Health Conditions

Caroline McKinnon PhD(c), CNS/PMH-BC
*Maureen R. Killeen, PhD, CNS/PMH-BC, FAAN**

Concurrent Session 6.2

Implementing a Behavioral Health Home Service for the SPMI Population in an Outpatient Setting

Deborah Jones, PMHCNS-BC, MBA

Facilitating Social Integration for People With Severe Mental Illness

Sheila Linz, PhD, PMHNP-BC, RN

Concurrent Session 6.3

Understanding the Use of Alternative Practices in Maintaining Recovery From Addictions

Sara Horton-Deutsch, PhD, PMHCNS, RN, ANEF
Dr. Kathy Lay, PhD, LCSW

Concurrent Session 6.4

Transforming Psychiatric/Mental Health Advanced Practice Education

M. Jane Suresky, DNP, APRN, BC
*Patricia W. Underwood, PhD, RN, FAAN**
*Jaclene A Zauszniewski, PhD, RN-BC, FAAN**

Concurrent Session 6.5

Personal and Social Everyday Life Consequences of Substance Use Disorder With Co-occurring Attention Deficit/Hyperactivity Disorder (ADHD) or Autism Spectrum Disorder (ASD) in Adults

Linda Kronenberg, MSC, MANP, RN
*Peter J.J. Goossens, PhD MANP RN FEANS**
*Karen Slager-Visscher, RN**
*Theo van Achterberg, PhD RN FEANS**
*Wim van den Brink, MD PhD**

4:30 p.m.-5:20 p.m.

Concurrent Session 7.1

Project Success: An Innovative Collaboration Between Nursing and Counseling to Address High School Drop-out in a Higher At-Risk Population

Kathrene Berger, DNP, PMHNP-BC
Viki Price Kelchner, Ed.S, LPC, NCC

Concurrent Session 7.2

Determining the Prevalence of Undiagnosed Depression, Anxiety Disorders in Patients With Chronic Disease States and History of Traumatic Events

Michelle Imlay, BSN, RN MSN-FNP
Cynthia Kline BSN, MSN-PMHNP student
Marian Newton PhD, PMHNP

International Society of Psychiatric-Mental Health Nurses (ISPN)

March 25–29, 2014 • Hyatt Regency Hotel • Greenville, SC



2014 Annual Conference – Preliminary Program: March 26-29, 2014

Concurrent Session 7.3

Integration of Johnson Behavioral System Theory and Model for Improvement to Implement Collaborative depression Model in a Clinic for the Uninsured

Umeika Stephens, DNP, PMHNP-BC, FNP-BC

Concurrent Session 7.4

Mindful Educators, Learners, and Practitioners: What Does It Entail?

Cecilia M. Molepo, PhD

4:30 p.m.-5:20 p.m.

AGPN Division Meeting

5:30 p.m.-6:30 p.m.

ACAPN Division Meeting

6:30 p.m.

Dinner on your own

6:30 p.m. – 7:30 p.m.

Symptom Media

7:30 p.m.

Membership and Diversity Committees Evening Out

Saturday, March 29, 2013

7:30 a.m.- 9:00 a.m.

Continental Breakfast

8:30 a.m.-9:30 a.m.

Closing Keynote



Creating Desired Futures:
The Future of Mental Health Nursing

Daniel J. Pesut, PhD, RN, PMHCNS-BC, FAAN, ACC

*Professor of Nursing
Population Health and*

Systems Cooperative Unit;

Director, Katharine J. Densford

International Center for Nursing Leadership;

*Katherine R. and C. Walton Lillehei Chair in
Nursing Leadership*

9:40 a.m.-10:30 a.m.

Concurrent Session 8.1

Reducing Health Disparities in Psychiatry for Adolescent Girls and Women

Tiesha Johnson, MS, APRN

Concurrent Session 8.2

The Composition of Support Groups in the GLGBT Community – Input From Consumers

Laura Hein, PhD, RN, NP

Kathleen M. Scharer, PhD, RN, PMHCNS-BC, FAAN

Concurrent Session 8.3

The Unexpected Journey of Nurse Addiction:

A Study on Recovering Nurse Addicts and

Recommendations for Nursing Education

Karen Burton, PhD, RN, CNE

Concurrent Session 8.5

Equine-Assisted Learning (EAL): An Innovative Experiential Approach to Health Professional Development and PMHNP Education

Noreen Esposito, Ed.D., PMHNP, WHNP, FNP (BC)

Donna Falquero, BSN, MS, CPHQ, EAGALA Certified

Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP

Micky Purcell, EAGALA Certified

Victoria Soltis-Jarrett, PhD, PMHCNS/NP-BC, CAR

10:30 a.m.-11:00 a.m.

Refreshment Break

11:00 a.m.- 11:50 a.m.

Concurrent Session 9.1

Facilitating Change in an Evidence-based Program (Creating Opportunities for Personal Empowerment) in a Rural High School Through Use of Rosswurm and Larrabee's Model of Change

Sharon Edwards, DNP, APRN

Concurrent Session 9.2

"Successful...Never Felt That Way." Identity Impairment And Disconnection in Depressed Rural Women

Emily Hauenstein, PhD, LCP, RN, FAAN

*Elizabeth Anson, MS, **

*Nancy D Bolton, RN, NP**

*Marian Moskow, BA**

*Mary Tantillo, PhD, PMHCNS-BC, FAED, CGP**

Concurrent Session 9.3

Post-Graduate Residency Program for PMHNPs

Marsha Snyder, PhD, PMHCNS/NP-BC

Concurrent Session 9.4

Growing Pains: Trials, Tribulations, and Pearls of Advancing DNP Programs

Janiece DeSocio, PhD, RN, PMHNP-BC

Catherine Kane, PhD, RN, FAAN

Rene Love, DNP, PMHNP/CNS-BC

Bobbie Posmontier, PhD, PMHNP

Concurrent Session 9.5

Somali Immigrant Perceptions of Mental Health and Illness: An Ethnonursing Study

Kimberly Wolf, PhD, PMHCNS-BC

12:00 noon

Conference Ends

12:00 p.m.-5:00 p.m.

Board of Directors Meeting

*Co-Author not presenting at the Conference



International Society of Psychiatric-Mental Health Nurses (ISPN)

7th Annual Psychopharmacology Institute and 16th Annual Conference

Poster Sessions

Poster 1

The Mediating Effects of Resourcefulness on Autism Caregivers' Depression/Anxiety and Their Children's Challenging Behaviors
Abir Bekhet, PhD, RN, H.S.M.I.
Jaclene A. Zauszniewski, PhD, RN-BC, FAAN

Poster 2

Clinical Judgment: Weaving the Tapestries of Nursing Students Reflective Writings
Janine Graf-Kirk, MA, RN-BC, CNE
Dawn Zimmerman, MSN, RN, APN, CNE

Poster 3

Conceptual Model for the Treatment of Military Sexual Trauma
Autumn Roque, BSN, RN, CMSRN

Poster 4

The Impact of Integrated Play Therapy Training on Attitude, Knowledge, and Skills
Donna deVillier, RN, MN, RPTS, DNPc

Poster 5

Effect of Self-Help Education on Insomnia
Janice Suber, FNP-BC
Kathleen McCoy, DNSc, APRN-BC, FAANP

Poster 6

Sensory Stimuli to Improve Alzheimer's Patients' Quality of Life
Calli Cook, BSN, MSN, FNP-C
Glenn Clinton Shedd, BSN, MSN, FNP-BC, DNP

Poster 7

Development and Evaluation of the Psychoeducational Practitioner Training Program (PPTP)
Mitsunobu Matsuda, PhD, RN
Erika Kawasaki, RN, PHN, BSN
Ayumi Kono, MSN, RN

Poster 8

Creative Strategies to Enhance Nursing Students' Classroom Learning in Mental Health
Sally Lehr, PhD, PMHCNS-BC, FAANS, CIRT

Poster 9

Evaluation of Project Success, a Nursing/Counseling Collaborative Intervention to Prevent High School Dropout
Katherine Berger, DNP, PMHNP-BC
Viki Price Kelchner, EdS, LPC, NCC

Poster 10

Promoting Recovery in a Buddhist Mental Health Support Group
Bethany Phoenix, PhD, RN, FAAN

Poster 11

Hope At Home: A Mental Health Care Transition Program
Sarah Schirmer, BSN, RN, M Ed, LPCC
Barbara Harbin, RN
Virginia Howson, RN, BSN
Vicki Norvell, RN, MBA

Poster 12

Mental Health Problems Experienced by Communities Affected by Shale Gas Drilling
Margaret Rafferty, DNP, MPH
Theresa Keane, PhD, NPP

Poster 13

Chemical Dependency Among Nurses: A Concept Analysis
Mercy Mumba, BSN, CMSRN, GRA, PhD student

Poster 14

A Comparison of Telephone and Texting Interventions for Persons With Schizophrenic Spectrum Disorders (SSDs)
Lora Beebe, PhD, PMHNP-BC

Poster 15

Should Intravenous Ethanol be Removed From Hospital Formularies
Dawn Benford, MSN, PMHNP-BC

Poster 16

Results of Implementation of Relationship Based Care at a Psychiatric Mental Health Hospital and the Impact on Patient Care, Patient Satisfaction, Nurse Retention, and Physician Satisfaction
Roberta Thomas, PhD, RN, FPMHNP-BC, Nurse Practitioner, Pine Rest
Kelly Domagala, RN, MSN, Chief Nursing Officer, Pine Rest
Gretchen Johnson, RN, MSN-BC, Clinical Manager, PHP Program, Pine Rest
Pat Kennedy, RN, MS, Director of Quality Services, Pine Rest

Poster 17

Reflections Over Time on Self and Professional Therapeutic Communication Skills Using Motivational Interviewing in Low Cost Clinical Simulation Role Plays
Marjorie Hammer, MS, FNP-BC, PMHNP, CNS-Mental Health

Poster 18

VOICES: A Novel Simulation Model: Deepening Understanding of Growth and Development in the Pre-Licensure Student Through Spoken and Witnessed Student Narrative
Marjorie Hammer, MS, FNP-BC, PMHNP, CNS-Mental Health

Poster 19

Integrating Breathwork Interventions in Psychotherapy: Applications for Advanced Practice Nursing
Judith Evangelus, BSN, RN
Cheryl L. Woods-Giscombé, PhD, RN, PMHNP
Linda S. Beeber, PhD, RN, CS

Poster 20

Maternal Mental Health: The Missing Piece of the Perinatal Puzzle
Anne Lise Sullivan, RN, BSN, MA
Sandra J. Wood, MSN, APRN, BC
Brandee K. Marksberry, RNC-OB, BSN
Teri Conard, RN, MSN

Poster 21

Teaching Psychiatric Nurse Practitioners Analysis Through Reel Psychiatry
Claudia Mitzeliotis, MS PMHNP.BC, PMHNCS, BC

Poster Sessions

Poster 22

Digital Storytelling: Engendering Agency in Rural Women With Depression

Edie Barbero, PhD, PMHNP-BC
Emily Hauenstein, PhD, LCP, RN, FAAN

Poster 23

A Nurse Case Management Program for Survivors of Military Sexual Trauma

Chau Le, RN, MSN-CM Candidate
Marjorie Hammer, MS, FNP, PsyNP

Poster 25

Student Nurses' Perception of Caring for Forensic Psychiatric Patients

Jeff Ramirez, PhD, PMH-NP, ARNP
Lin Murphy, PhD, RN
Jane Tiedt, PhD, RN, CDE

Poster 26

Partnering To Provide PMHNP Education

Marian Newton, PhD, RN, CS, PMHNP

Poster 27

Coordination, Communication, and Collaboration: Defining the Essence of an Integrated Approach to Physical and Mental Health Care

Joyce Shea, DNSc, APRN, PMHNP-BC

Poster 29

Decision Making in Foster Care

Julie Bertram, MSN

Poster 30

Qualitative Content Analysis of Men's Attitudes About Youth in the USA Sex Guide

Dawn Bounds, RN, MSN
Wrenetha Julion, PhD, RN, MPH, FAAN
Kathleen Delaney, PhD, PMHNP-BC, FAAN