On behalf of the ISPN Board and members of the conference planning committee, we are pleased to welcome you to The Future of Mental Health. Connect. Collaborate. Differentiate, the 19th Annual Conference of the International Society of Psychiatric-Mental Health Nurses (ISPN) in Baltimore, MD. The mental health needs of individuals across the life span continue to be a major public health concern in America and around the globe. The focus of our annual conference is to address these concerns and to lead the way forward in developing solutions that truly impact the lives of persons diagnosed with a mental disorder. These solutions include Connecting and Collaborating with other health care providers while Differentiating the unique role of psychiatric-mental health nurses within this specialty service.

We thank our expert presenters and panelists who share their perspectives on mental health. We'll hear from international speakers about global news, clinical experts about innovative practices and advocacy, educators about new teaching pedagogies and interprofessional collaboration, and researchers about evidence-based findings across the spectrum of psychiatric interests and mental health disorders.

Special thanks to the planning committee for their commitment and dedication to ensuring a stellar conference experience, our ISPN colleagues, and The Rees Group, who have worked diligently throughout the past year to plan and offer a state-of-the art conference. Thanks as well to all of the sponsors who made this event possible and for believing in the importance of promoting psychiatric-mental health across the lifespan and around the globe.

We are delighted that you have joined this unique audience—a gathering of psychiatric-mental health nurses from academe, practice, research, and administration. Your participation and input, and more importantly, your resolve to address mental health issues that impact the lives of so many is inspiring and appreciated. Thank you for your commitment to “affecting change.”

Carla Groh
Carla J. Groh, PhD, PMHNP-BC, FAAN
Chair

Amanda Baltierra
Amanda J. Baltierra, DNP, MPH, FNP-BC, PMHNP-BC
Co-Chair

And the Conference Committee
### Conference Committee

- Carla Groh, PhD, PMHNP-BC, FAAN-Chair
- Amanda J. Baltierra, DNP, MPH, FNP-BC, PMHNP-BC-Co-Chair
- Pamela Galehouse, PhD, RN, PMHCNS-BC, CNL
- Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC
- Merrie J. Kaas, PhD, RN, PMHCNS-BC, FAAN
- Sukh Dev Singh Khalsa, DNP, MBA, MSN, RN, PMHNP-BC, PHN
- Heeyoung Lee, PhD, PMHNP-BC
- Barbara Peterson, PhD, PMHCNS-BC, RN

### Abstract Reviewers

- Thanks to all of the individuals who served as abstract reviewers for this year's program. We appreciate your involvement!

- Amanda Baltierra, DNP, MPH, FNP-BC, PMHNP-BC
- Carol Baxter, APN, PMHCNS-BC
- Lora Beebe, PhD, PMHNP-BC
- Linda Chafetz, PhD, RN
- Maureen Doyle, PhD, APRN
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- Merrie Kaas, PhD, RN, PMHCNS, FAAN
- Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP
- Karan Kverno, PhD, PMHCNS-BC, PMHNP-BC
- Heeyoung Lee, PhD, PMHNP-BC
- Rene Love, PhD, DNP, PMHNP-BC, FNP, FAAN
- Jane Neese, PhD, APRN-BC
- Sandra Nelson, PhD, RN, CS
- Patricia Nisbet, DNP, PMHNP-BC
- Karen Ragaisis, DNP, APRN, PMHNP-BC, PMHCNS-BC, CARN
- Luann Richardson, PMHNP, FNP, DNP, PhD, Met S Scharf, DNP, PMHCNS-BC, FNP, BC, PMHNP
- Marilyn Shirk, MN, RN, CNS-BC
- Sheila Swales, MS, RN, PMHNP-BC
- Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC
- Rose Mary Xavier, MS, RN, PMHNP-BC
- Jaclene Zauszinewski, PhD, RN-BC, FAAN

### Conference Objectives

1. Advance psychiatric-mental health nursing through collaborative strategies with patients, families, colleagues, advocacy groups and other disciplines to promote the mental health and recovery of persons with mental disorders.
2. Apply evidence-based quality improvement innovations into psychiatric-mental health nursing practice.
3. Describe new research findings in neuroscience and how they may impact psychiatric mental health nursing practice.
4. Identify innovative strategies that differentiate psychiatric mental health nurses from other behavioral health specialists.

### Nursing Contact Hours

This continuing nursing education activity was approved by the Wisconsin Nurses Association Continuing Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

The ISPN 2017 Annual Conference has been awarded a maximum of 15.72 continuing education nursing contact hours through the Wisconsin Nurses Association Continuing Education Approval Program Committee. Contact hours are complimentary with your registration fee.

To obtain continuing education contact hours for attending the ISPN Annual Conference, please complete the attendance form included in your packet of materials and evaluation form that will be sent to you via email. Please turn in the attendance form to the ISPN Registration Desk before you leave the Conference.

The attendance form will serve as your contact hour certificate.

### Registration

Conference registration is located on the 1st floor (Grand Ballroom Foyer) and is open as follows:

- **Tuesday, March 7** 11:30 a.m.-5:00 p.m.
- **Wednesday, March 8** 7:30 a.m.-7:00 p.m.
- **Thursday, March 9** 7:30 a.m.-5:00 p.m.
- **Friday, March 10** 7:30 a.m.-5:00 p.m.
- **Saturday, March 11** 7:30 a.m.-1:00 p.m.

### Poster Presentation Viewing Hours

Posters will be available for viewing in Stadium Ballroom at the following times:

- **Wednesday, March 8** 6:30 p.m.-8:00 p.m. (Opening Reception)
- **Thursday, March 9** 7:30 a.m.-5:00 p.m.
- **Friday, March 10** 7:00 a.m.-3:30 p.m.

Poster presenters will be available at their poster during the Opening Reception on Wednesday, March 8, from 6:30 p.m.-8:00 p.m. They will also be present during each refreshment break on Thursday and Friday. Please be sure to schedule time to visit the poster session.
### New to the 2017 Conference

**Mobile App**
ISPN has gone mobile! Download Guidebook and search for ISPN Conference. View the agenda, and plan your schedule from your phone or tablet.

**Morning Yoga**
Thursday, March 9 • 6:00 a.m.-6:45 a.m.
B&O Railroad

**Product Theater Luncheon**
A Closer Look at a Long-Acting Injectable for Schizophrenia: A Patient-Focused Discussion
Thursday, March 9 • 12:10 p.m.-1:10 p.m.
Grand Ballroom

**Special Interest Group Meetings**
Friday, March 10 • 7:00 a.m. to 8:00 a.m.
- Psychiatric Mental Health Policy – Promenade
- Psychiatric Consultation-Liaison – University 3 & 4
- Advanced Nursing Practice – University 1 & 2

**Luncheon Symposium**
Clinical ConvergenceSM: Patient and Provider Perspectives on Optimal Care in Bipolar Depression
Friday, March 10 • 11:10 a.m.-12:55 p.m.
University of Maryland School of Nursing Tour
Friday, March 10 • 7:00 p.m.-9:00 p.m.
(Limited availability)

### Care Room
Drop by for respite in the ISPN Care Room hosted by Sara Horton-Deutsch in the B&O Railroad Room (2nd Floor).

### New Member and Student Breakfast
Thursday, March 9
7:30 a.m.-8:30 a.m. • Harbor 2

Calling all new members, first-time conference attendees, students, and individuals considering becoming a member! This is the perfect opportunity to ask questions and meet the ISPN Board of Directors. Please join us!

### Volunteers
We are always looking for members to volunteer on committees, task forces, as abstract reviewers, and room monitors. Send an email to info@ispn-psych.org, leave your name at the ISPN registration desk, or complete the volunteer form in your materials bag.

### Speaker Ready Room
The Speaker Ready Room will be open during the following hours in Harbor 1. Please stop by to preview your presentation prior to your session.

- Wednesday, March 8
  11:00 a.m.-5:00 p.m.

- Thursday, March 9
  7:00 a.m.-5:00 p.m.

- Friday, March 10
  7:00 a.m.-5:00 p.m.

- Saturday, March 11
  7:00 a.m.-10:00 a.m.

### ISPN Foundation Reception and Auction
The annual ISPN Foundation Reception and Auction features heavy hors d’oeuvres, a drink ticket, live and silent auction, and networking with colleagues in the mental health community. Proceeds fund research, wellness, and travel grants.

This year’s theme is “Take Me Out to the Ball Park,” so wear your favorite team’s logowear and join the fun on Thursday, March 9, 2017, 6:15 p.m.-8:15 p.m., at the Grand Ballroom West in the Baltimore Marriott Inner Harbor at Camden Yards.

Pre-ordered tickets will be distributed at registration, where you also can check for ticket availability.

### Evaluation Form
The program evaluation form will be emailed to your email address on file. Please complete and submit your evaluation form electronically. Your comments are valuable to the ISPN and assist the Conference Committee in planning future conferences.

### Business Meeting
ISPN will hold its Annual Business Meeting on Saturday, March 11 starting at 7:15 a.m. in Grand Ballroom. All members are encouraged to join the Board of ISPN to discuss the Society’s business report. Please be sure to attend!

### Message Center
All messages for registrants will be posted on the Announcement Board in the ISPN Registration Area. Check this board each day so you don’t miss a contact in Baltimore or a message from the office!

### Meeting Rooms
Audible signals from pagers and cellular phones may be a distraction to the speaker as well as the audience. Please program these accordingly and take phone calls outside of the meeting rooms. Thank you!

### Hotel Business Center
The hotel offers a self-service business center on the 2nd floor of the hotel. It is open 24-hours and is accessible with hotel key-card.

### UPS Ship Center
The UPS Store operates the Shipping & Receiving department for the Baltimore Marriott Inner Harbor at Camden Yards. It handles all arriving and departing shipments for guests, groups, events, exhibitors, and contractors.

Monday-Friday: 9:00 a.m.-5:00 p.m.
Nights, Saturday, Sunday: By prior arrangement
### Board of Directors and Leadership

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**Newsletter Editor**  
Angela McNelis, PhD, RN, ANEF
On This Page
- Awards
- Internet
- Badges
- Call for Abstracts

Disclosures

Purpose Statement

Participants will be able to incorporate into their own practices the research and best practices learned from clinical experts about innovative practices and advocacy, from educators about new teaching pedagogies and interprofessional collaboration, and from researchers about evidence-based findings across a spectrum of psychiatric interests and mental health disorders across the lifespan and around the globe.

Notice of Requirement for Successful Completion

To obtain continuing education contact hours for attending the ISPN Psychopharmacology Institute and Annual Conference, you must attend all sessions you are seeking credit for, complete and submit the attendance form included in your packet of materials, and complete and submit the evaluation form that will be sent to you via email. Please turn in the attendance form to the ISPN Registration Desk before you leave the Conference. The attendance form will serve as your contact hour certificate.

Conflict of Interest

Psychopharmacology Institute & ISPN Annual Conference
March 7-11, 2017

The Wisconsin Nurses Association Continuing Education Approval Program requires that any speaker giving a presentation must disclose any significant financial interest or other relationship that they may have with the manufacturer(s) of any commercial products, service, technology, or program discussed at their educational presentation.

The Wisconsin Nurses Association Continuing Education Approval Program does not imply that any such financial interest or relationship is inherently improper or that such interest or relationship would prevent the speaker from making a presentation. It is imperative, however, that such financial interests or relationships be identified by the speaker so that participants have these facts fully disclosed prior to the presentation and may form their own judgments about the presentation.

Below is a listing of speakers who have reported having relationships with commercial companies.

Deborah Gross
Rush University

Jim Kane
The Advisory Board Company

Vicki Hines-Martin
Routledge Publishing Company

Evelyn Parrish
PsychU

Deborah Sandella
The RIM Institute

Diane Snow
Sunovion Pharmaceuticals

Otsuka Pharmaceuticals

Deborah Thomas
Assurex Health

Sunovion Pharmaceuticals

Linda Jo Volness
Assurex Health

The remaining speakers have reported no relationships with commercial companies.

Non-Endorsement of Products

The presence of commercial exhibits during the conference does not imply endorsement by the ISPN, Wisconsin Nurses Association, or the American Nurses Credentialing Center’s Commission on Accreditation.
The exhibit area will be located in the Stadium Ballroom (Level 2). It will also be the site of the poster sessions and refreshment breaks during the Conference. Please plan time to stop by and visit with the exhibiting companies, which lend valuable financial support to the ISPN Conference.

Don’t forget to complete and submit your Exhibitor Sign-Off sheet, found in your materials bag. You will be eligible to win a prize, brought to you by the Marketing and Development Committee.

**Open Hours:**

- **Wednesday, March 8**: 6:30 p.m.-8:00 p.m.
- **Thursday, March 9**: 7:30 a.m.-5:00 p.m.
- **Friday, March 10**: 7:00 a.m.-3:30 p.m.

### Exhibitor Booth

**ACADIA Pharmaceuticals, Inc.**

3611 Valley Centre Drive, Suite 300  
San Diego, CA 92130  
Tel: 858-558-2871  
Fax: 858-558-2872

At ACADIA, we are passionate about improving the lives of patients with central nervous system (CNS) disorders. We are building the foundation to become a leading biopharmaceutical company dedicated to developing and commercializing innovative therapies in the CNS area.

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852 Winter Street  
Waltham, MA 02451-1420  
Phone: 781-609-6000  
Email: USMedInfo@alkermes.com  
Website: www.Alkermes.com

Alkermes is a fully integrated biopharmaceutical company that applies its scientific expertise and technological know-how to develop innovative medicines designed to help patients with serious, chronic conditions better manage their disease. For more information, please visit Alkermes’ website at www.alkermes.com.

**Diamond Healthcare Corporation**

P.O. Box 85050  
Richmond, VA 23285  
Telephone: 804-649-9340  
Fax: 804-782-2286  
www.diamondhealth.com

Celebrating our 32nd year, Diamond Healthcare is a fully integrated population health management organization with a special emphasis on behavioral health. We own or operate over 80 Psychiatric programs in 31 states across the country. For career information, please visit us at www.diamondhealth.com.

**Johns Hopkins School of Nursing**

525 N. Wolf Street  
Baltimore, MD 21146  
Website: www.nursing.jhu.edu

The Johns Hopkins School of Nursing, a globally recognized leader in education, research and practice, ranks #1 among graduate schools of nursing (U.S. News & World Report) and #1 for Federal Research Grants and National Institutes of Health funding. Visit nursing.jhu.edu.

**MHM Services Inc.**

1593 Springhill Rd.  
Vienna, VA 22182  
Phone: 571-281-2284  
Email: carac@mhmcareers.com  
Website: www.mhm-services.com

MHM Services, Inc. is a leading provider of healthcare services to state and local governments nationwide. MHM boasts over 30 years of experience in providing contractual medical and mental health management services in a wide range of settings including state hospitals, correctional facilities, and other community mental health centers. MHM currently employs over 6,000 healthcare professionals across 15 states. As we continue to grow, we are always looking for dedicated healthcare professionals to join our team.

**Otsuka America Pharmaceutical, Inc. & Lundbeck**

508 Carnegie Center Drive  
Princeton, NJ 08540  
Phone: 609-524-6788  
Email: contact@otsuka-us.com  
Website: https://www.otsuka-us.com

Otsuka America Pharmaceutical, Inc. (OAPI), part of the Otsuka Group, is a fast-growing, innovative company with 25 years of experience in commercializing products developed by Otsuka, as well as in licensed products, focusing on a diverse portfolio of products in neuroscience, oncology and cardio-renal. For more information, visit us at https://www.otsuka-us.com

**Lundbeck**

Lundbeck is a global pharmaceutical company, specialized in psychiatric and neurological disorders. In the U.S., Lundbeck focuses solely on accelerating therapies for brain disorders, including epilepsy and actively engages in hundreds of initiatives each year that support our patient communities. For more information, visit us at http://www.lundbeck.com/us

**PsychU**

163 York Street  
Gettysburg, PA 17325  
Phone: 855-559-6829  
Email: info@psychu.org

PsychU’s free community and resource library is focused on the changing needs of the behavioral health professional. The PsychU community of over 21,000+ members brings together all professionals involved in providing, financing, or regulating mental health services.

**Sunovion Pharmaceuticals, Inc.**

84 Waterford Drive  
Marlborough, MA 01752  
508-481-6700

Sunovion Pharmaceuticals Inc., is a leading pharmaceutical company dedicated to discovering, developing, and commercializing therapeutic products that advance the science of medicine in the central nervous system and respiratory disease areas to improve the lives of patients and their families. Visit us online at www.sunovion.com.
ISPN would like to thank its 2017 Annual Conference Exhibitors!

Takeda Pharmaceuticals
One Takeda Parkway
Deerfield, IL 60015
Phone: 224-554-6500
Striving toward better health for people worldwide through leading innovation in medicine.

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Philadelphia, PA 19106
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Website: www.tandfonline.com
Taylor & Francis is a leading international publisher of scholarly research. We are proud to publish issues in Mental Health Nursing as a part of our medical portfolio of journals. Visit our booth to learn more about our products and services and to pick up free copies of our journals.

Sunovion Pharmaceuticals Inc. is dedicated to developing new treatment options for patients and their families living with mental illness.
**Wednesday, March 8**

6:30 p.m.-8:00 p.m.  
*Stadium Ballroom*  
**Opening Reception and Poster Session**

**Thursday, March 9**

6:00 a.m.-6:45 a.m.  
*B&O Railroad*  
**Morning Yoga**  
Kandy Aboud, MSN, PMHNP-BC, PMHCNS-BC

7:00 a.m.-8:30 a.m.  
*Harbor 2*  
**ISPN New Member Orientation and Student Breakfast**

7:30 a.m.-8:30 a.m.  
*Stadium Ballroom*  
**Continental Breakfast and Exhibits**

7:30 a.m.-8:30 a.m.  
*Orioles Boardroom*  
**ISPN Foundation Board Meeting**

8:30 a.m.-8:45 a.m.  
*Grand Ballroom*  
**Welcome**

8:45 a.m.-9:45 a.m.  
*Grand Ballroom*  
**Opening Keynote Address**  
*The Future of Mental Health Begins in Early Childhood: Implications for Practice, Research, and Policy*  
Deborah Gross, DNSc, RN, FAAN  
*Funding for this presentation is possible, in part, through funds generously donated to the ISPN Foundation.*

10:00 a.m.-10:50 a.m.  
**Concurrent Session 1**

- **University 1-2**  
**Concurrent Session 1.1**  
*Working Together: Integrated Psychiatric-Mental Health and Primary Care Simulation in a DNP Program*  
Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC  
Marsha Snyder, PhD, PMHNP/CNS-BC  
Ruth A. Woroch, DNP, FNP-BC

- **University 3-4**  
**Concurrent Session 1.2**  
*Evidenced-Based Prescribing Practices in Treating Post-Traumatic Stress Disorder in Combat Veterans*  
Ret. Lt. Colonel Jess Calohan, DNP, PMHNP-BC, LTC

- **Promenade**  
**Concurrent Session 1.3**  
*The Use of Pharmacogenomics in the Clinical Setting: Insights, Trends, and Considerations*  
Joanna Johnson, MSN, PMHNP-BC
Grand Ballroom DEF
Concurrent Session 2.5
Using the Health Disparities on Outcomes (HDO) Model to Evaluate Population Health Outcomes in the Severely Mentally Ill
Emily J. Hauenstein, PhD, LCP, MSN, FAAN
12:10 p.m.-1:10 p.m.
Grand Ballroom
Product Theater Luncheon
A Closer Look at a Long-Acting Injectable for Schizophrenia: A Patient-Focused Discussion
Laura K. Melaro, DNP, APRN, FNP-BC, FPMHNP-BC
Sponsored by Otsuka America Pharmaceutical & Lundbeck
1:15 p.m.-2:05 p.m.
Grand Ballroom
Diversity Keynote Address
Shaping the Future of Diversity and Equity in Mental Health Care: Excellence in Research, Practice, Public Policy, and Leadership, Within Local and Global Communities
Freida Outlaw, PhD, MSN, RN, FAAN
2:10 p.m.-3:40 p.m.
Workshop 3
University 3-4
Workshop 3.2
The Cost of Caring: The Impact and Management of Compassion Fatigue
Mary Bemker, PhD, PsyS, MSN, LADC, LPCC-RN, CCFP
Mary Biddle, DNP, RN, CNE, CCFP
Promenade
Workshop 3.3
Perinatal Mental Health: A Practical Perspective on Medication Treatment
Lyons Hardy, CNS, NP
Chesapeake
Workshop 3.4
Hearing Voices: A Six Second, Low Fidelity Simulation
Brenda Marshall, EdD, APRN, ANEF
3:45 p.m.-4:30 p.m.
Stadium Ballroom
Refreshment Break
Exhibits and Poster Session
International Meet & Greet
4:30 p.m.-6:00 p.m.
Symposium 4
University 1-2
Symposium 4.1
Understanding Best Practices in Mental Health Care for the Lesbian, Transgender, Bisexual, Transgender/Queer/Questioning Community: A Symposium and Panel Presented by the ISPN Diversity & Equity Committee
Cheryl Giscombe, PhD, RN, PMHNP-BC
Elyse Pine-Twaddell, MD
Theodora Sirota, PhD, RN, CNL, PMHCNS-BC
**THURSDAY/FRIDAY**

Program Schedule / March 9 & 10

4:30 p.m.-6:00 p.m.

**Workshop 4**

University 3-4

**Workshop 4.2**

Alcohol SBI: A Skill-Building Workshop

Ann Mitchell, PhD, RN, FAAN

Holly Hagle, PhD

Promenade

**Workshop 4.3**

Collaborating to Effectively Lead Change

Jim Kane, MN, RN, CNS, NEA-BC

Chesapeake

**Workshop 4.4**

PCLN in Psychiatric Home Care: Development, Implementation, and Management of Psychiatric Home Care Services

Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP

Judith Walters, DNP, RN

Frieda Vandegaer, PMH-CNS, BC

Grand Ballroom DEF

**Workshop 4.5**

Using the Intelligible Steps of Bioethical Decision Making Model in Nursing to Make Competent and Confident Ethical Decisions in any Ethical Dilemma

Kimberly Wolf, PHD, PMHCNS-BC

6:15 p.m.-8:15 p.m.

**Grand Ballroom West**

**ISPN Foundation Reception**

(Available at an additional fee)

**Friday, March 10**

7:00 a.m.-8:00 a.m.

**Stadium Ballroom**

**Continental Breakfast in the Exhibit Hall**

**ISPN Special Interest Group Meetings**

University 1-2

**SIG for APN Formation**

University 3-4

**SIG for Psychiatric Consultation-Liaison Advanced Nursing Practice**

Promenade

**SIG for Psychiatric-Mental Health Policy**

8:00 a.m.-9:00 a.m.

**Grand Ballroom**

**Melva Jo Hendrix Lectureship**

Professional Socialization of Psychiatric Mental Health Nurse Practitioner Students in an Online Program: Can This Be Achieved?

Evelyn Parrish, PhD, PMHNP-BC

Funding for this presentation is possible, in part, through funds generously donated to the ISPN Foundation.

9:10 a.m.-10:00 a.m.

**Grand Ballroom**

**Invited Author**

“The Good Nurse: A True Story of Medicine, Madness, and Murder.” Lessons for Nurses From the Most Prolific Serial Killer in American History

Charles Graeber

Funding for this presentation is possible, in part, through funds generously donated to the ISPN Foundation.

10:10 a.m.-10:20 a.m.

**Stadium Ballroom**

**Refreshment Break**

Exhibits and Poster Session

10:20 a.m.-11:10 a.m.

**Concurrent Session 5**

University 1-2

**Concurrent Session 5.1**

Three Cohorts of RIDers: Program Improvements, Student Responses, and the Team Development Measure

Lora Beebe, PhD, PMHNP-BC

Marian W. Roman, PhD, MSN, PMHCNS-BC

University 3-4

**Concurrent Session 5.2**

Coming Out of the Shadows: Serious Mental Illness and Nursing Practice

Ann Roselle, MSN, ACNP-BC

Promenade

**Concurrent Session 5.3**

The IMIN Project: An Intentional Collaboration to Enhance Mental Health Care Practice

Elizabeth Bonham, PhD, RN, PMHCNS-BC

Amanda Baltierra, DNP, MPH, FNP-BC, PMHNP-BC

Chesapeake

**Concurrent Session 5.4**

Resourcefulness Training for Women Dementia Caregivers: Evaluation of Intervention Parameters

Jaclene Zauszniewski, PhD, RN-BC, FAAN

Grand Ballroom DEF

**Concurrent Session 5.5**

Suicide: Global and National Trends

Carla Groh, PhD, PMHNP-BC, FAAN

11:10 a.m.-12:55 p.m.

**Grand Ballroom**

**Luncheon Symposium**

Clinical ConvergenceSM Patient and Provider Perspectives on Optimal Care in Bipolar Depression

Supported by an educational grant from Sunovion Pharmaceuticals Inc.
1:05 p.m.-2:00 p.m.  
*Grand Ballroom*  
**International Foundation Speaker and Recognition of International Attendees**  
Mental Health Nursing, Social Inequities, and Partnerships With Consumers  
Brenda Happell, RN, RPN, BA(Hons), B Ed, M Ed, PhD  
*Funding for this presentation is possible, in part, through funds generously donated to the ISPN Foundation.*

2:10 p.m.-3:00 p.m.  
**Concurrent Session 6**  

**University 1-2**  
**Concurrent Session 6.1**  
Reducing Harm Through Opioid Education in Prevention, Recognition, and Response  
Nancy Goldstein, DNP, MS, ANP-BC, CRNP  
Karen Kaverno, PhD, PMHCNS-BC, PMHNP-BC  
*Stories of Neonatal Abstinence: Mothers and Nurses*  
Kelly Carlson, PhD, APRN-BC  

**University 3-4**  
**Concurrent Session 6.2**  
Social Media Interactive Demonstration  
Andrea Kwasky, DNP, PMHNP-BC, PMHCNS-BC  
Steven Pryjmachuk, PhD, PGDipEd, RN (Mental Health), CPsychol, SFHEA  
*Promenade*  
**Concurrent Session 6.3**  
Manifestations of Trauma Across the Life Span: A Case Based Approach  
Elizabeth Bonham, PhD, RN, PMHCNS-BC  
Evelyn Parrish, PhD, PMHNP-BC  
*Homicide Bereavement: More Than Just Complicated Grief*  
Judith Walters, DNP, RN, PMHCNS-BC  

**Chesapeake**  
**Concurrent Session 6.4**  
Promoting Community Involvement and Recovery for Individuals With Mental Health Conditions  
Helen Buckland, PhD, MEd  
*Grand Ballroom DEF*  
**Concurrent Session 6.5**  
Panel Presentation: Incorporating the 4th “P” into Psychiatric Mental Health Nursing Practice  
Marian Newton, PhD, PMHNP, PMHCNS, ANEF  
Marsha J. Snyder, PhD, PMHNP/CNS-BC  
Jo Annalee Irving, MS, ANRP, CS  
Julie Carbray, PhD, PMHNP/CNS-BC  
Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC  
Jo Snider, EdD, RN  

3:00 p.m.-3:30 p.m.  
*Stadium Ballroom*  
**Refreshment Break**  
**Exhibits/Posters**

3:30 p.m.-6:30 p.m.  
**Symposium 7**  

**Grand Ballroom**  
**Symposium 7.1**  
Child/Adolescent Psychiatric Mental Health Nursing Symposium  
Depression, Anxiety, and Youth: Best Practices From Assessment to Treatment  
Andrea Kwasky, DNP, PMHNP-BC, PMHCNS-BC  
Elizabeth Bonham, PhD, RN, PMHCNS-BC  
Victoria Soltis-Jarrett, PhD, PMHCNS/NP-BC, FAANP  
Debbie Thomas, EdD, APRN, PMHCNS-BC, PMHNP-BC, CMP  

**University 1-2**  
**Symposium 7.2**  
Back to the Future: Consultation Skills for the Advanced Practice PMH Nurse  
Peggy Dulaney, MSN, RN  
Jim Kane, MS, RN, CNS, NEA-BC  
Elizabeth Steinmiller, MSN, PMHCNS-BC  
Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP  
Marilyn Shirk, RN, RN, CNS-BC  
Karen Ragaisis, DNP, APRN, PMHNP-BC, PMHCNS-BC, CARN  

**University 3-4**  
**Symposium 7.3**  
Population Health: A Collaborative Evidence-Based Practice Project for Educating Communities on Executive Functions/Functioning Weakness  
Shirlee Cohen, DNP, MPH, ANP-BC, NPP, CCRN  

3:30 p.m.-6:30 p.m.  
**Workshop 7**  

**Chesapeake**  
**Workshop 7.4**  
Healing Touch, Experiential Holistic Integrative Therapy for Mental Health  
Linda Volness, MS, APRN, CHTP  

**Grand Ballroom DEF**  
**Workshop 7.5**  
An Effective and Innovative Body-Centered Technique to Locate and Regenerate Painful Emotion and Memories  
Deborah Sandella, PhD, MS, RN  

7:00 p.m.-9:00 p.m.  
**Off-site: 655 W. Lombard Street, Baltimore, MD 21201**  
**University of Maryland School of Nursing**  
Reception and Tour of Simulation Labs and Nursing Museum  
(Advance registration required; meet in hotel lobby)
Program Schedule / March 11

7:00 a.m.-8:00 a.m.
Grand Ballroom
Breakfast

7:15 a.m.-7:45 a.m.
Grand Ballroom
Business Meeting

7:45 a.m.-8:30 a.m.
Grand Ballroom
Awards Ceremony

8:30 a.m.-9:00 a.m.
Grand Ballroom
President’s Wrap-Up

9:15 a.m.-10:05 a.m.
Workshop 8
University 1-2
Workshop 8.1
Establishing Fidelity of the Positive Thinking Training Intervention for Autism Caregivers
Abir Bekhet, PhD, RN, HSMI

Positive Thinking Training Intervention for Caregivers of Persons With Autism Spectrum Disorders: Is There a Need?
Abir Bekhet, PhD, RN, HSMI

University 3-4
Workshop 8.2
Toolkits and Simulation Using Standardized Patients to Teach
Debra Webster, EdD, RNBC, CNE
Judith Jaronskinski, PhD, RN

Use of Standardized Patients in a Psychiatric Mental Health Concepts Course for Nurse Practitioner Students: An Innovative Pedagogic Strategy
Gail Williams, PhD, PMHCNS-BC
Mark Soucy, PhD, RN, PMHNP, PMHCNS, FAAN

Promenade
Workshop 8.3
Lewy Bodies Dementia: A Case Study of Diagnosis, Treatment, and the Challenges of Care Coordination
Catherine Kane, PhD, RN, FAAN

Chesapeake
Workshop 8.4
Building Bridges: An Outpatient Mental Health Service for Muslims: Integrating Spiritual, Religious, and Cultural Beliefs and Values
Marie Rose Bhuiyan, RN, MS, PMHNP-BC

Association Between COMT (Val158Met) Genotype and Internet Addiction Among College Students in Korea
Jeehae Chung, PhD(c), RN

Grand Ballroom DEF
Workshop 8.5
When Worlds Collide: The Utility of the Psychiatric/Medical-Surgical Dual Specialty
Kristen Keller, DNP, ACNP-BC, PMHNP Student
Development of an Interprofessional, Collaborative Academic Partnership to Foster Student Growth and Enhance Application of Evidence Based Practice
Katherine Riedford, PhD, PMHNP-BC, RN

10:05 a.m.-10:20 a.m.
Grand Ballroom Foyer
Refreshment Break

10:20 a.m.-11:10 a.m.
Concurrent Session 9
University 1-2
Concurrent Session 9.1
Competency Narratives: Differentiating and Strengthening Professional Identities and Roles
Karen Kverno, PhD, PMHCNS-BC, PMHNP-BC
Julia Knauff, DP, RN, FNP-BC

Improving Access to Rural Mental Health Care: Development of a Dual-Specialty PMHNP-FNP Program
Rene Love, PHD, DNP, PMHNP
Kate Shepard, PhD, RN, FNP, PMHNP-BC, FAANP

University 3-4
Concurrent Session 9.2
East Meets West in Psychiatry: Yoga as an Adjunct Therapy to Psychotropic Medication
Nadia Bukar, BSN, RNC

Utilizing Yoga and an Interdisciplinary Approach to Connect With At-Risk Female Adolescents
Andrea Kwasky, DNP, PMHNP-BC, PMHCNS-BC
Mary Serowoky, DNP, FNP-BC

Promenade
Concurrent Session 9.3
Building a Program of Research: From Idea to Reality (and Everything in Between)!
Jill Bormann, PhD, RN, FAAN

Chesapeake
Concurrent Session 9.4
Addressing Emotional Health and Self-Care to Promote Diabetes Prevention: Lessons Learned From a RCT on Mindfulness-Based Stress Reduction in African American Adults With Pre-Diabetes
Cheryl Giscombe, PhD, RN, PMHNP-BC

Grand Ballroom DEF
Concurrent Session 9.5
What Is the Best Practice: The Therapeutic Relationship and Motivational Interviewing for Psychiatric Nurses
Barbara Buxton, PhD, PMHCNS-BC, MSN, BSN
Todd Hastings, PhD, RN
Learn an integrated approach to addressing the needs of **BODY, MIND, SOUL, and SPIRIT** in this certificate program designed for nurses who are already prepared at the doctoral level in another specialty.

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### Poster Sessions

#### Stadium Ballroom

<table>
<thead>
<tr>
<th>Setup</th>
<th>5:00 p.m.-6:15 p.m.</th>
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<tbody>
<tr>
<td><strong>Wednesday, March 8</strong></td>
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<tr>
<th>6</th>
<th>Factors Influencing the Awareness of Medication Adherence Among Inpatients With Schizophrenia in Acute Psychiatric Units in Japan: A Basic Study With a Focus on Patients’ Participation in Psychoeducation</th>
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<tr>
<td>Mitsunobu Matsuda, RN, PhD</td>
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<tr>
<th>13</th>
<th>Effectiveness of Substance Abuse and Brief Intervention Training on APRN Students</th>
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<tr>
<td>Caroline McKinnon, PhD, PMHCNS-BC</td>
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<th>14</th>
<th>Contributing Factors on Benefit Finding Among People with Chronic Mental Illness: Findings From a Longitudinal Study in Japan</th>
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<tr>
<td>Rie Chiba, PhD, RN, PHN</td>
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<th>15</th>
<th>Screening for Substance Abuse Using an Evidence-Based Model: SBIRT Training for Nursing and Social Work Students</th>
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<tr>
<td>Suzanne Billingsly, DNP, RN, PMHCNS</td>
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<tr>
<th>16</th>
<th>Nursing Students’ Feelings About Mental Health Nursing: Concept, Coursework, Career</th>
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<tr>
<td>Todd Hastings, PhD, RN</td>
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<th>19</th>
<th>Prescribed Exercise for the Treatment of Depression in a College Population: An Interprofessional Approach</th>
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<tr>
<td>Brittany Yates, DNP, APRN, PMHNP-BC</td>
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<th>20</th>
<th>BSN Student Responses to a “Hearing Voices” Audio Simulation: A Content Analysis of Post-Experience Response Papers</th>
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<tr>
<td>Vicky Whitehead, RN, MSN</td>
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<tr>
<th>22</th>
<th>The Present and Future of Pharmacogenomic Testing in Psychiatry</th>
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<tr>
<td>Lisa Gumbs Hanan, RN, FNP, LCSW</td>
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<tr>
<th>1</th>
<th>Psychiatric Medication Inpatient Education Using Teach Back Methodology</th>
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<tr>
<td>Diane Oran, MN, RN, CNS/NP-BC</td>
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<th>Changes in the Willingness of a Schizophrenic Patient Participating in Therapeutic Recreation to Interact With Others—Analysis Using the Theory of Symbolic Interactionism</th>
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<td>Ayumi Kohno, RN, PhD</td>
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<th>Acting with a Purpose: The Lived Experience of Actors in the Role of Standardized Patients Portraying Mental Illness</th>
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<td>Judith Jaronsinski, PhD, RN</td>
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<th>Examining Nursing Students’ Attitudes Toward People With Mental Illness</th>
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<td>Todd Hastings, PhD, RN</td>
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<th>5</th>
<th>Introduction and Use of Drum Therapy in a Mental Health Secure Extended Care Unit (SECU)</th>
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<tr>
<td>Breanna Achterbosch, RN, PGDip, Mental Health Nursing</td>
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<th>7</th>
<th>The Posttraumatic Stress Disorder (PTSD) Recovery Model: Deconstructing Trauma Narratives to Identify the Basic Psychosocial Process of PTSD Recovery</th>
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<td>Pamela Phillips, PhD, RN</td>
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<th>8</th>
<th>Assessment: How To Make Your Student's Electronic Gadget a Fun In-Class Evaluation Tool</th>
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<tr>
<td>Caroline Moriarity, DPM, MSN, APRN, PMHRRN-BC</td>
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<th>9</th>
<th>The Lifestyle Choices and Health Outcomes of Aging Parents of Adult Children With ID/DD</th>
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<td>Karen Pounds, PhD, PMHCNS, BC</td>
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<th>11</th>
<th>An Action Plan for Educators: Training Future PMHNPs in Cognitive Behavioral Therapy</th>
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<td>Erin Ellington, DNP, RN, PMHNP-BC</td>
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## POSTER SESSIONS

**Stadium Ballroom**

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<tr>
<th>Session</th>
<th>Title</th>
<th>Presenters</th>
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<td>24</td>
<td>Military Children’s Perceptions of Parents’ Frequent Missile Base Deployments</td>
<td>Deborah Jones, CPNP, RN</td>
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<td>25</td>
<td>Addressing Gaps and Challenges in Implementing Alcohol Screening and Brief Intervention (Alcohol SBI) for Psychiatric Nurses: A Focus on Nursing Leaders</td>
<td>Khadejah F. Mahmoud, MSN, RN</td>
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<td>27</td>
<td>Environmental Justice and Healthy Homes for Individuals With Severe and Persistent Psychiatric Illnesses: A Future Role for Mental Health Nursing Practice</td>
<td>Katherine Coury, BA, Nursing Student (BSN)</td>
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<td>28</td>
<td>A Grounded Theory Study of the Process of Prodromal Experiences Prior to the Diagnosis of Schizophrenia</td>
<td>Sunny Chieh Cheng, MSN</td>
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<td>29</td>
<td>Can You Teach an Old Dog New Tricks? A Radical Presence Approach</td>
<td>Christine Moriconi, PsyD, LMFT, PMHCNS-BC, RN</td>
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<tr>
<td>30</td>
<td>Effect of APN with Dual Adult and Psychiatric Mental Health Certification on Emergency Department Visits by Veteran Domiciliary Residents</td>
<td>Ingrid Barcelona, DNP (c), PMC, MSN, PMHNP-BC, ANP-BC</td>
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3:30 p.m.-4:30 p.m.  
Friday, March 10

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We welcome you to the 2017 ISPN Annual Conference. We know that you will find this to be an enriching and fulfilling experience. To ensure the safety and security of our attendees and guests, we have compiled the following list of safety rules and guidelines for this conference.

Baltimore Marriott Inner Harbor at Camden Yards is committed to providing our guests a safe and secure stay. When a security or safety situation arises, or an incident occurs that should be brought to our attention, we ask that you observe the following reporting protocols:

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- **Review the fire safety procedures located on the door in your hotel room. Note the location of the fire exits in relation to your hotel room.**
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- **When returning to the hotel late in the evening, use the lobby entrance.**
- **Close the door securely whenever you are in your hotel room and use all of the locking devices provided.**
- **Secure all your valuables. Safe deposit boxes are available at the Front Desk.**
- **Do not leave any articles of value in your vehicle in the parking lot.**

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Do not open any fire exit or other access door to any person. Access to the conference is strictly for members and registered conference guests. All access to display areas, meetings, and symposia is through the appropriate entrance doors. All fire exits are alarmed.

If you note any suspicious article, packages, persons, or activity please contact the event staff or the front desk immediately.

Do not give your lodging information to any person.

In the event of an alarm, follow the following directions:

- **Proceed carefully to the nearest exit. Emergency evacuation routes are located on the back of every guestroom door. All public space areas are clearly marked with Exit signs.**
- **Use the stairwells to evacuate the building. Do not attempt to use the elevators.**
- **Any guest requiring assistance during an evacuation should dial “0” and notify the operator of their location.**

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