



ISPN Connections Summer 2018 Issue

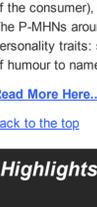
"Spring is the time of plans and projects."
—Leo Tolstoy

Connections arrives as we enjoy the last vestiges of spring and prepare for the summer. In this issue, we begin with a letter from our President, Steven Pryjmachuk, followed by highlights from the Annual Conference, including our new leaders and our award winners. We finish the newsletter with a colorful timeline and explanation of the first 20 years of our organization, and news from our colleagues abroad. We hope you find this issue informative and exciting!

Angela M. McNelis, PhD, RN, CNE, ANEF, FAAN, Editor

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Message from ISPN President, Steven Pryjmachuk, PhD PGDipEd RN (Mental Health) CPsychol SFHEA (Mental Health) CPsychol SFHEA

ISPN and Global Mental Health Nursing

Although ISPN's membership is drawn largely from the US, it is by its very name an international organisation. ISPN has a small, yet significant, international membership, myself included. Through ISPN, I have benefitted from meeting Psychiatric-Mental Health Nurses from many different countries and while we have our different health systems, we face many of the same challenges: rising demand for mental health services, questions over how services should be funded, ageing workforce, new roles for P-MHNS (especially advanced-practice roles), rebalancing of the power relationship between professionals and consumers of mental health services (in favour of the consumer), the continuing negative influence of stigma, and so on. The P-MHNS around the world I've met also seem to have some common personality traits: sharp thinking, passion, humility, and a fantastic sense of humour to name a few. No wonder the ISPN conference is so friendly!

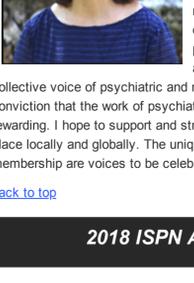
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Highlights from the 20th Annual Conference Tempe, Arizona

Meet Our New Leaders

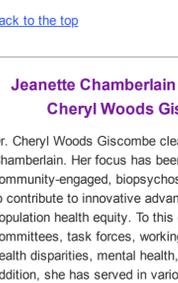
At the April ISPN Annual Conference in Tempe, AZ, election results and two new members of the ISPN Governing Board were announced.



President-Elect Vicki Hines-Martin, PhD, PMHCNS, RN, FAAN

Professor & Director, Office of Health Disparities & Community Engagement
School of Nursing
University of Louisville
Louisville, KY

Vicki states that she chose to continue her support of ISPN in the position of President-Elect because it was an opportunity to serve an organization that she loves. She wants to collaborate to enhance the sustainability and growth that she thinks is possible through creativity and the developmental of new partnerships. Vicki says she is energized by the challenges and potential opportunities.



Director (2018-2020) Julie Bertram, RN, MSN, PhD, PMHCNS-BC

University of Missouri, St. Louis
St. Louis, MO

Julie said, "I wanted to serve as a board member for ISPN because the mission of the organization is one I believe in: promoting mental health care, literacy, and policy worldwide through the collective voice of psychiatric and mental health nurses. I feel a deep conviction that the work of psychiatric nurses is important, meaningful, and rewarding. I hope to support and strengthen the work that is already taking place locally and globally. The unique and diverse perspectives of our membership are voices to be celebrated."

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2018 ISPN Award Winners

[View photos of all 2018 Award Winners here.](#)

2019 Melva Jo Hendrix Lectureship Award Sandra Thomas, PhD, RN, FAAN

Dr. Sandra Thomas is the Chair for the PhD program and Endowed Professor in Nursing at the University of Tennessee, Knoxville. She is a prolific author as evidenced by 122 publications in peer-reviewed journals, 7 books, and 22 book chapters. In addition, Dr. Thomas is a productive qualitative researcher in the area of women's anger, men's anger, and childhood maltreatment. She has presented numerous times at ISPN Annual Conferences both individually and as a mentor to new psychiatric researchers and practitioners.

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Jeanette Chamberlain Psychiatric Leadership Award Cheryl Woods Giscombe, PhD, PMHNP-BC

Dr. Cheryl Woods Giscombe clearly embodies the vision of Jeanette Chamberlain. Her focus has been on developing and integrating community-engaged, biopsychosocial, health disparity-focused endeavors to contribute to innovative advancements in science, education, and population health equity. To this end, she has served on a variety of committees, task forces, working groups, and advisory boards related to health disparities, mental health, and community-engaged scholarship. In addition, she has served in various leadership capacities locally and internationally, including serving as coordinator/faculty lead for the Psychiatric Mental Health Advanced Practice Area at the University of North Carolina-Chapel Hill School of Nursing, and chair of the Diversity and Equity Committee of the International Society of Psychiatric Mental Health Nurses.

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Diversity and Equity Award Faye Gary, EdD, RN, FAAN

Dr. Faye Gary has spent her career supporting diversity in the nursing profession and equity in healthcare. She has mentored a generation of nurses from diverse ethnic and cultural backgrounds, nurtured future nurse scientists and leaders, and promoted understanding and respect for wide-ranging cultural practices and norms. Her vision and commitment have both advanced opportunities for minorities in psychiatric-mental health nursing and improved the nursing profession's ability to provide access to culturally sensitive, quality care for some of the world's most vulnerable populations. Dr. Gary leads by example, promoting diversity, inclusion, and advancement in all she does.

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Education Award Barbara Peterson, PhD, PMHCNS-BC, RN

As Clinical Associate Professor at the University of Minnesota School of Nursing, Dr. Barbara Peterson has been recognized as an innovative teacher, outstanding graduate advisor, mentor, and role model. Leading by example, Dr. Peterson practices as a Child/Adolescent PMHCNS in an underserved area. Her concern for health equity drives her practice and her teaching and mentoring. In the words of one of her nominees, "Dr. Peterson has influenced a generation of students to partner with patients, families, and communities in new ways. People's lives are improved because of the transformative educational and practice work of Dr. Peterson."

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Living Legends Award Pamela Minarik, PhD, RN, CNS, FAAN

Dr. Pamela Minarik's contributions to psychiatric-mental health over 40 years are immeasurable. She is a true trailblazer who has influenced education, practice, and policy in the United States and abroad. One of Dr. Minarik's most significant contributions to the profession has been her ongoing relationship with several schools of nursing in Japan in which she has served as an educator and consultant over the past several years. In addition, she has worked on over 35 projects in the United States, Japan, China, Singapore, Iceland, Australia, and New Zealand. Dr. Minarik's expertise and exceptional ability to think outside the box makes her a sought-after speaker on the national and international stage on topics such as ethnic diversity and equity in psychiatric-mental health nursing.

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Psychiatric Mental Health Advocacy Award Margaret Trudeau

Margaret Trudeau is an author, actress, mother, grandmother, and advocate for people with bipolar disorder. Living with bipolar disorder most of her life without name, intervention, or medication for the psychiatric disorder, Ms. Trudeau's life story exemplifies the crash and burn of a person with bipolar disorder that many psychiatric nurses may only read about. Her recovery, resilient self, and generous advocacy for people with bipolar disorder exemplify the reclamation and resurrection of a vibrant woman.

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President's Award Sally Raphael, MS, APRN-PMH, FAAN

Sally Raphael, MS, APRN-PMH, FAAN

ISPN Foundation Award Winners

Joyce Fitzpatrick Psychiatric Nursing Research Award

Julie Bertram, RN, MSN, PhD, PMHCNS-BC
University of Missouri, St. Louis
St. Louis, MO

Mental Health and Wellness Research or Clinical Inquiry Project Grant

Sharon Ward-Miller, RN, MA, APRN-BC

Member Travel Award

Rose Mary Xavier, MS, RN, PMHNP-BC

Student Travel Award

Brayden Nicole Kameg, BSN, RN

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POSTER AWARDS

Research
1st search: Adam Searby for the poster, *Addressing the Hidden Faces of Addiction: Dual Diagnosis in Older Adults.*

2nd place: Allison McCord Stafford for the poster, *Common Themes in the Stories Young Adult Women Write about their Troubled Relationships.*

Evidence-Based Practice
There was a tie this year for 1st place in the evidence-based practice category.

1st place (tie): Cecilia Armanti for the poster, *Benzodiazepine Taper Guidelines for an Elderly Population on a Geriatric/Psychiatric Unit.*

1st place (tie): Jeremy Marine for the poster, *Self-Assessment of Medical-Surgical Nurses Behavioral Healthcare Competency.*

2nd place: Melody Hacked for the poster, *Addressing Disturbing Trends in Pediatric Suicide: Collaborative EBP Project Utilizing a Suicide Risk Assessment in the Emergency Department.*

Education/Teaching Pedagogy
1st place: Brayden Kameg for the poster, *Ensuring that Nursing Curriculum Evolves with Health Policy: Incorporating Medically Assisted Treatment Competencies into Advanced Practice Registered Nurses Education in Accordance with the Comprehensive Addiction and Recovery Act.*

2nd place: Marsha Snyder for the poster, *Integrative Health Care Model as Part of Psychiatric-Mental Health Nurse Practitioner Clinical Education Curriculum.*

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Timeline Celebrates First 20 Years of ISPN

Catherine Kane, PhD, RN, FAAN
Professor Emeritus
University of Virginia School of Nursing

Major accomplishments of ISPN since its inception were captured in an ISPN Timeline by the ISPN Archival Historical Task Force in the spring of 2018. The Task Force was appointed by then ISPN President, Rene Love, to create a timeline document that would be distributed for ISPN's 20th Anniversary at the 2018 Annual Conference in Tempe, Arizona, and to make recommendations for archiving ISPN historical materials. View the Timeline [here](#).

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INTERNATIONAL EVENTS

The Australian College of Mental Health Nurses Consultation-Liaison and Perinatal and Infant Mental Health Special Interest Groups are holding their combined conference in Brisbane on 6-8 June 2018. The theme of this year's conference is "The Art of Applying the Science: Consultation Liaison/Perinatal and Infant Mental Health Nurses in Action." The Consultation-Liaison conference is now in its 16th year, and the Perinatal and Infant Mental Health stream is in its 7th year.

Information about the ACMHN and its special interest groups can be found [here](#).

The first PCLN Consultation-Liaison Nursing workshop was held in Melbourne, Australia, on 9-10 May by Joy Forster and ISPN member Julie Sharrock. The broad aims of the workshop were to:

- Provide information, reflection and discussion about Consultation-Liaison Nursing;
- Consider common clinical and organisational issues in CL nursing;
- Include perspectives of the lived experience of utilising CL nursing service; and
- Consider support processes for the role.

The feedback was very positive, and we hope it will be the first of many more training events in the future.

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MEMBER NEWS

A Reminder: Subscribe to the ISPN Listserv, "E-List"

Your ISPN membership includes access to our exclusive e-list (AKA, listserv). This member tool allows you to distribute messages to all members subscribing to the list, with a simple email to the list address. Think of the possibilities!

- Communicate with the membership through a single email.
- Search the online archive for valuable information and resources.
- Ask your peers questions that are most important you.
- Manage your subscription and preferences through your member profile.

- To get started:**
1. Log in to your membership profile.
 2. In the My Features tab, click E-Lists.
 3. Make sure you are subscribed to the list.
 4. Make note of the list address.
 5. Click Edit to control your preferences.
 6. Click the list name to see and search previous posts.
 7. To start participating, click Post a New Message or send an email to the list address.

Read these [Frequently Asked Questions](#) about the E-List.

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Summer 2018

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