



CONNECTIONS

ISPN *Connections* Summer 2024 Issue

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Highlights from the 25th Annual Conference

Psychiatric Mental Health Nurses Rock! The 26th Annual Conference, *Psychiatric Mental Health Nurses: The Power of Leading, Connecting, and Healing*, was a testament to the dedication and passion of over 150 participants, including six international members. The energetic atmosphere fostered a sense of community and healing, making each participant an integral part of this amazing conference. The Conference was not just a gathering, but a platform that significantly contributed to the professional growth of each participant, highlighting their importance in the field.

The event kicked off with a pre-conference workshop *Psychiatric Mental Health Nurses: The Power of Understanding and Leading Holistic Care for Individuals Diagnosed with Autism Spectrum Disorder*, headed by **Lauren Frederick, MA, BCBA, Anne Kearney, MSN, CRNP, PMHNP-BC, Jessica McCurry, MSN, APRN, PMHNP-BC, and Elizabeth Steinmiller, MSN, PMHCNS-BC**. In addition, the four featured speakers were not just inspiring, but their contributions were invaluable. They delivered excellent presentations on critical issues facing psychiatric mental health nurses today, leaving the audience inspired and eager to implement the knowledge gained. **Dr. Shawn Shea** presented the delicate connection between uncovering suicidal ideation. The Diversity Award Plenary Lecture was delivered by **Dr. Emily Sinnwell** and focused on the promotion of health justice among immigrants and refugees in Iowa. **Dr. Mona Shatell** delivered the Melva Jo Hendrix Lecture and concentrated on the importance of social media for disseminating education, awareness, and connection. **Dr. Kimberly Dion** delivered the closing keynote



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Emily Sinnwell, DNP,
ARNP, FNP-BC, PMHNP-
BC

on practicing radical empathy in substance use prevention and treatment.

With over 49 education hours, the conference program was rich and diverse, covering many crucial topics, from the treatment of ADHD to the prevention of violence on behavioral health units. **Briana Synder** led us every morning in yoga, and the relaxation room offered a quiet space for centering.

The ISPN Foundation raised \$7,375 through auction sales and donations to support the ISPN Historical Archiving initiative, thank you to the generous contributions of our sponsor, Futures Recovery Health. Their support made this stimulating event with good food, conversation, and networking possible.

We are deeply grateful to **Drs. Gabrielle P. Abelard, Chair, Susan Goldstein, and the entire Conference Planning Committee, abstract reviewers, and the Reese Group** for their tireless efforts in organizing such a wonderful and invigorating event. We also extend our heartfelt thanks to our sponsors, for their generous support that made this stimulating event possible. We look forward to seeing you all at next year's conference in New Orleans!



Photo: Members of the 2024 Conference Planning Committee

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NONPF Task Force Volunteers Needed

The National Organization of Nurse Practitioner Faculty (NONPF) is continuing their work on revising their PMHNP competencies for graduate education. This continues their work on moving toward competency-based NP education. The initial work was published and presented at the annual NONPF conference in April 2024 (*Competency Implementation Guide for Nurse Practitioner Faculty*). As the chair of this task force, I am seeking 2-3 ISPN members who would want to work on this task force for the next year. This task force usually meets 1-2 times per month in the evenings. Ideally, the ISPN member would also be a member of NONPF but this is not required. If interested please email me at the below address.

Dan Wesemann, DNP, MSW, PMHNP-BC, ARNP, FAANP
daniel-wesemann@uiowa.edu

In Loving Memory of Peggy Dulaney June 22, 2024

It is with great sadness we announce that our dear

colleague, Peggy Dulaney, passed away on June 22, 2024.

Peggy was a founding member of ISPN and served as the ISPN Foundation President from 2017-2020. She was honored with the ISPN President's Award in 2015 and 2020, and received the Melva Jo Hendrix Award in 2019. Peggy knew how to drive a hard bargain and keep us laughing and entertained in her role as auctioneer at the ISPN Foundation Event at the ISPN Annual Conferences.

We join Peggy's family, friends, and colleagues in celebrating her life. She will be greatly missed.



[Peggy Dulaney Full Obituary](#)

Management of Dual/Co-Occurring Diagnoses – Opportunities for Interdisciplinary Collaboration

Knowledge in the management of dual substance use-mental health problems (co-occurring disorders) is critical for both psychiatric-mental health nurses and nurses of other specialties. Among individuals with a substance use disorder, approximately 40% have a mental health diagnosis, and among individuals with a mental health diagnosis, approximately one in five have a substance use disorder (Han et al., 2017; NIDA, 2024). There is increasing evidence that patient outcomes are improved when co-occurring disorders are addressed simultaneously. The Substance Abuse and Mental Health Services Administration (SAMHSA) has recently reaffirmed the importance of the identification and management of co-occurring disorders, and has released a Treatment Improvement Protocol -- [Substance Use Disorder Treatment for Persons with Co-Occurring Disorders: A Treatment Improvement Protocol \(TIP Series, No. 42\)](#).

I have recently had the opportunity to serve as an ISPN Liaison to the International Nurses Society on Addictions (IntNSA) and represented ISPN at the recent IntNSA Conference in Charleston, South Carolina, earlier this year. ISPN and IntNSA share similar goals as it relates to advancing nursing practice and improving patient outcomes across the globe, and we look forward to future collaboration with IntNSA. In fact, IntNSA and ISPN are partnering on a position statement related to the management of co-occurring disorders, and any ISPN members interested in working on this statement should reach out to me at Bnk13@pitt.edu.

I would like to extend my sincerest appreciation to Dana Murphy-Parker, current IntNSA President, who graciously invited ISPN to have a representative at their annual conference, and who has welcomed opportunities for collaboration between these two important organizations.

All the best,

Brayden Kameg, PhD, DNP, PMHNP-BC, CARN-AP, CNE, FIAAN



Save the Date: ISPN 2025 Annual Conference
***Advancing Psychiatric Mental Health Nursing:
Innovation, Practice, and Culture***
March 19-22. 2025 • New Orleans, LA

We are excited to announce that the ISPN 2025 Annual Conference will be at the Marriott Hotel in New Orleans, Louisiana, March 19-22, 2025!

The Call for Abstracts will open very shortly! Be sure to watch your emails for them to open. The deadline to submit will be August 30, 2024.

Keep an eye on the Conference webpage for additional information:
ispn-psych.org/conference

Update your ISPN Membership Profile Today!

ISPN uses the information you provide in your profile in many ways. Please take a few moments and update your information. Please login to the ISPN website and go to "Member Home" in the quick links. Once on that page, you will see a "My Profile" link. Then you will be able to click edit and change or update your responses to different questions. Thanks in advance for taking the time to do this!

[Update your ISPN Profile Now](#)

Gift of Membership

Think of a student - or two - whose membership you might sponsor by paying the student's first year of ISPN membership dues. A special way to reach out to graduates as well is to support their entry into ISPN by sponsoring their first year of ISPN membership dues.

[Sponsor a Membership](#)

Regionalization Corner

Stay up-to-date with your region by visiting the [Regional Initiative webpage!](#)

International

Co-Leaders: Amanda Bailterra, DNP, PMH, FNP-BC, PMHNP-BC; and Adebayo Fasheyitan

If you have an interest in what you'd like to see from this region and/or if you'd like to get involved, please email info@ispn-psych.org. We'd love to hear from you!

Amanda and Adebayo

Midwest

Co-Leaders: Beth Bonham, PhD, RN, PMHCNS-BC, FAAN; and Linda Jo Volness, MS, APRN, CHTP

As the ISPN Midwest Regional group, we meet quarterly for one hour using an open discussion format. Our conversations are lively, wide ranging, and supportive. For example, a discussion in late 2021 that supported one of our members became a topic that we presented at the 2022 Annual ISPN Conference, *The Innovative Use of Chronic Illness Medical Practices to Mitigate the Trajectory of Suffering in Serious Mental Illness* which is also planned to be a manuscript. One recruitment strategy we use is to invite new ISPN members in the region to the next regional meeting. This list is sent quarterly to the ISPN membership. Doing so in June resulted in one new member attending. At the June meeting, it was decided to update the open discussion format and include a short informational presentation as well at quarterly meetings. The new member will be presenting his DNP project at the next meeting. This strategy may serve to recruit as well as inform members since we realize members' time is precious. The next meeting of the Midwest region is Wednesday, September 18th, at 12 PM CT or 1:00 PM EST. You should receive an email notification of the meeting with the Zoom information.

We hope to see you there!

Beth Bonham and Linda Jo Volness

Northeast

Co-Leaders: Jennifer Graber, EdD, APRN, PMHCNS-BC; and Susan Glodstein, DNP

The Northeast Region had their meeting on 06/05/24 with a short presentation from Dr. Susan Glodstein entitled "Choose Your Words Carefully" on being mindful about word choices when talking to others. We also discussed the best course of action for future meetings and there was interest from current DNP students about presenting their preliminary findings at a future meeting.

Hope to see you at our next meeting on September 11, at 12:00 pm ET! Our group discusses hot topics to generate discussion while also building connection and a sense of belonging. You should receive an email notification of the meeting with the Zoom information.

Jennifer and Susan

Southeast

Co-Leaders: Marian Newton, RN, BSN, MN, PhD, PMHCNS-BC, PMHNP-BC, ANEF; and Ann Marie Jones, DNP, PMHNP-BC

Our next meeting will be September 18th from 12-1 EST. You should receive an email notification of the meeting with the Zoom information. Please be thinking of ideas you have for our Region meetings and southeast activities.

Ann Marie and Marian

Southwest

Co-Leaders: Pam Lusk, DNP, RN, FAANP, FAAN; and Liz Hutson, PhD, APRN-CNP, PMHNP-BC

We are still building the ISPN Southwestern Regional Group. This upcoming year we will be meeting quarterly for one hour using a blend of an open discussion format with a short presentation from a Southwest region member. Our conversations are lively, wide ranging, and supportive. Last year we had presentations on how to publish and nursing burnout/compassion fatigue. This upcoming year our meetings will be:

Thurs September 12, 2024 at 7 pm CST

Thurs January 9th, 2024 7 pm CST

We would be happy to connect with our members so please feel free to reach out! You will receive an email notification of the meeting with the zoom information prior to the meeting.

Your SW Region Co-Chairs,
Pam, Arizona and Liz, Texas

West

Leader: Dawn Bounds, PhD, PMHNP-BC and Pamela Minarik, PhD, RN, CNS, FAAN

We are still building the ISPN West Regional Group. We have started to meet quarterly for one hour using an open discussion format. Our conversations are lively, wide ranging, and supportive. During our last meeting, we discussed clinical placements for PMHNP students and post-graduate residency programs. Our next meeting will be in September. We are still trying to determine the best time to meet. Feel free to reach out to us with suggested days/times. You will receive an email notification of the meeting with the Zoom information prior to the meeting.

I hope to see you there!
Dawn and Pamela



Upcoming Webinars

Xylazine: Caring for Patients with Substance Use

Presenter: Holly Cox, MSN, CRNP, FNP-BC, PMHNP-BC

July 24, 2024, 12:00 pm-1:00 pm ET

[Learn More and Register](#)

To register for any upcoming or on demand webinars, visit
ispn-psych.org/ispn-webinars.

A Reminder: Subscribe to the ISPN Listserv, "E-List"

Your ISPN membership includes access to our exclusive e-list (AKA, listserv). This member tool allows you to distribute messages to all members subscribing to the list, with a simple email to the list address. Think of the possibilities!

- Communicate with the membership through a single email.

- Search the online archive for valuable information and resources.
- Ask your peers the questions that are most important you.
- Manage your subscription and preferences through your member profile.

To get started:

1. Log in to your membership profile.
2. In the "My Features" tab, click "E-Lists".
3. Make sure you are subscribed to the list.
4. Make note of the list address.
5. Click "Edit" to control your preferences.
6. Click the list name to see and search previous posts.
7. To start participating, click "Post a New Message" or send an email to the list address.

Read these [Frequently Asked Questions](#) about the E-List.

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