



ISPN 2020

Virtual Conference • June 23-26



Allison Brauch

Watch the ISPN 2020 Welcome Video!

[Click Here](#)



Julie Bertram

The ISPN Board of Directors and the Conference Committee are pleased to welcome you to our 22nd Annual Conference and the first virtual. Our conference theme this year is 360 Degree Person Centered Care in 2020. This conference has a holistic approach with a social justice component that is essential to providing quality care in 2020.

As we reflect on the unique opportunities available to members and guests of the International Society of Psychiatric Nursing's Annual Conference, we are proud to stand behind the mission of the organization: "to support advanced-practice psychiatric-mental health nurses in promoting mental health care, literacy, and policy worldwide." We invite you to consider what the mission means to you at this point in your own lifework. As a continuing conversation, we are most concerned that we keep our vision focused on those who suffer with mental health challenges. As a collective voice, advanced practice nurses can and do advocate for effective, holistic, person-centered care; help develop mental health literacy; and participate at the policy table as often as possible. There is much that we do and much that is expected.

We are disappointed to not be in San Antonio but are thankful that we can be together virtually and look forward to a robust exchange of ideas, along with brainstorming and networking opportunities.

Julie and I extend a big thanks to the members of the Conference Committee and all the staff at The Rees Group who have worked diligently to develop and now offer this virtual conference. We truly hope that you enjoy your time.

Allison Brauch, DNP, APRN, PMHNP-BC, AGNP-BC
Conference Chair

Julie Bertram, RN, MSN, PMHCNS-BC, PhD
Board of Directors, and Conference Committee Liaison

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ISPN Mission and Practices

MISSION:

To support advanced-practice psychiatric-mental health nurses in promoting mental health care, literacy, and policy worldwide.

PRACTICES:

The practices of the International Society of Psychiatric-Mental Health Nurses are to:

- Strengthen the presence and voice of advanced practice psychiatric-mental health (PMH) nurses through contributions to standards, curricula, and public policy statements that promote equitable quality mental health care for individuals, families, and communities;
- Promote advanced practice psychiatric nurses to deliver lifespan mental health care and literacy education to clients, families, and communities;
- Promote members' research and the development of scholarship through funding, presentations, and publications;
- Support members' efforts to collaborate with clients, families, communities, and national and international partners to address mental health issues;
- Provide education, leadership development, and networking for members through conferences, online resources, service opportunities, and partnerships.

General Information

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Barbara Peterson, PhD, PMHCNS-BC, RN

Keith Plowden, PhD, PMHNP-BC, CARN-AP, CNE

Edlima Yearwood, PhD, PMHCNS-BC, FAAN

Abstract Reviewers

Thanks to all of the individuals who served as abstract reviewers for this year's program. We appreciate your involvement!

Lora Beebe, PhD

Julie Bertram, RN, MSN, PMHCNS-BC, PhD

Elizabeth Bonham, PhD, RN, PMHCNS-BC, FAAN

Allison Brauch, DNP, APRN, PMHNP-BC, AGNP-C, CARN-AP

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Kristina Reich, PMHNP-BC
Sharon Ward-Miller, DNP, MA, RN, PMHCNS-BC
Gail Williams, PhD, RN, APRN
Edilma Yearwood, PhD, PMHCNS-BC, FAAN

Conference Objectives

By the end of the conference, attendees will be able to:

- Apply person-centered, psychiatric-mental health care coordination to support persons and families through all points of healthcare service delivery.
- Apply evidence of psychiatric-mental healthcare projects and research to the needs of persons with multiple chronic conditions.
- Develop leadership strategies that address social justice for populations who experience health disparities, especially those who have multiple chronic conditions, disability, or socioeconomic disadvantage.
- Examine current psychopharmacology science that improves individual and population health, while reducing or improving disparities.

Nursing Contact Hours

ISPN has applied for up to 25.1 continuing nursing education contact hours through the Ohio Nurses Association Continuing Education Approval Program Committee, an accredited approver by the American Nurses Credentialing Centers Commission on Accreditation.

Contact hours are complimentary with your registration fee.

Evaluation Form

The program evaluation form will be emailed to your email address on file. Please complete and submit your evaluation form electronically. Your comments are valuable to the ISPN and assist the Conference Committee in planning future conferences.

Business Meeting

ISPN will hold its Annual Business Meeting and President's Wrap-Up on Wednesday, June 24, starting at 10:00 a.m. All members are encouraged to join the Board of ISPN to discuss the Society's business report. Please be sure to attend!

Attendee Zoom Tips

You will receive an email each morning of the conference with the unique link(s) to the email you registered with. If you did not receive this please email, info@ispn-psych.org and put in the subject line ISPN Virtual Conference Link.

If you haven't used Zoom before click the link to download Zoom prior to the day of the meeting and familiarize yourself with any features you may need to use on the day – mute/unmute microphone, stop/start video, etc.

You will be muted and "no video" for the majority of presentations. Those that are setup as meetings rather than webinar, you will have the ability to unmute and use video. Please be mindful of the background noise and only unmute when you are speaking.

Use the Q&A Panel! Got a question? Type your comments and questions in the Q&A Panel during the session. We'll have a session moderator available to help.

Accessing the program from a mobile device (smartphone or iPad)? Be sure to download the Zoom Mobile app for a better user experience from Google Play or the Apple Store.

Can you see the slides? Join by computer or mobile device. If you only call in, you won't be able to see the presentation.

Awards

ISPN will present its annual awards on Tuesday, June 24, at 11:00 a.m. Please join your friends and colleagues in recognizing those who have demonstrated outstanding achievement and leadership in the psychiatric and mental health field.

Disclosures Purpose Statement

Participants will be able to incorporate into their own practices the research and best practices learned from clinical experts about innovative practices and advocacy, from educators about new teaching pedagogies and interprofessional collaboration, and from researchers about evidence-based findings across a spectrum of psychiatric interests and mental health disorders across the lifespan and around the globe.

Notice of Requirement for Successful Completion

To obtain continuing education contact hours for attending the ISPN Virtual Conference, you must attend all sessions for which you are seeking credit and complete and submit the evaluation form that will be sent to you via email. A certificate will be emailed to you.

Conflict of Interest

There is no conflict of interest for anyone with the ability to control content for this activity.

Activity Approval Statement

This continuing education was approved by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation (OBN-001-91). Activity Approval # 2020-000000476.

LIVE SCHEDULE OF EVENTS

Tuesday, June 23, 2020

All in Central Time

10:00 a.m.-10:15 a.m.

Welcome Remarks

Allison Brauch



10:15 a.m.-11:15 a.m.

Opening Keynote Address

Resilience, Relationship and Advanced Practice Psychiatric Nursing

Kate Wheeler, PhD, PMHNP-BC, APRN, FAAN

11:15 a.m.-12:00 p.m.

VIRTUAL BREAK



12:00 p.m.-1:00 p.m.

Susan McCabe Lecture

360-Degree Person-Centered Care: Art Inspired Reflective Practices to Guide Wholistic Psychopharmacologic Assessment and Treatment

Cheryl Woods-Giscombe, PhD, RN, PMHNP-BC, FAAN

1:00 p.m.-1:15 p.m.

VIRTUAL BREAK

1:15 p.m.-2:15 p.m.

Circles of Connections

Topic: Fear

We invite you to step out of our ordinary times into a scared and safe environment to explore and share experiences, find meaning in this moment, and harvest collective wisdom.

2:15 p.m.-2:30 p.m.

VIRTUAL BREAK

2:30 p.m.-3:30 p.m.

Regionalization Meeting

Beth Bonham, PhD, RN, PMHCNS-BC, FAAN

Marian Newton, PhD, RN, C PMHCNS, PMHNP, ANEF

Wednesday, June 24, 2020

All in Central Time

10:00 a.m.-11:00 a.m.

ISPN Business Meeting

11:00 a.m.-11:45 a.m.

ISPN Awards Ceremony

11:45 a.m.-12:00 p.m.

VIRTUAL BREAK



12:00 p.m.-1:00 p.m.

Melva Jo Hendrix Lectureship

The Power Of...

Peggy Dulaney, MSN, RN

1:00 p.m.-1:15 p.m.

VIRTUAL BREAK

1:15 p.m.-2:15 p.m.

COVID Expert Panel

Julie Bertram, RN, MSN, PMHCNS-BC, PhD

Allison Brauch, DNP, APRN, NP-C, PMHNP-BC, CARN-AP

Alexander Davis, RN, BSN

Cynthia Handrup, DNP, APRN, PMHCNS-BC

Susan Glodstein, DNP, RN, PMHNP-BC, PMHCNS-BC

Karen Moore, DNP, APRN, ANP-BC, FAANP, FAAN

Barbara Peterson, PhD, PMHCNS, APRN

Clarissa Runtung, MS-CNL

2:15 p.m.-2:30 p.m.

VIRTUAL BREAK

2:30 p.m.-3:30 p.m.

Circles of Connections

Topic: Deep Listening

We invite you to step out of our ordinary times into a scared and safe environment to explore and share experiences, find meaning in this moment, and harvest collective wisdom.

3:30 p.m.-3:45 p.m.

VIRTUAL BREAK

3:45 p.m.-4:45 p.m.

Student/New Member Social

Beth Bonham, PhD, RN, PMHCNS-BC, FAAN

Marian Newton, PhD, RN, C PMHCNS, PMHNP, ANEF

Thursday, June 25, 2020

All in Central Time



10:30 a.m.-11:30 a.m.

Diversity & Equity Speaker

Increasing Confidence in knowledge Sharing About Depression with Barbers as Lay Mental Health Advocates: A Cognitive Rehearsal Quality Improvement Project Utilizing A.D.A.A.M-QR Web Design

L.E. Carlton, PhD, PMHNP-BC, RN, CCHP

11:30 a.m.-12:00 p.m.

VIRTUAL BREAK

12:00 p.m.-1:00 p.m.

Product Theater

Sponsored by Neurocrine Biosciences, Inc.

A Patient-Centered Approach to the Treatment of Tardive Dyskinesia

Desiree Matthews, MSN, PMHNP-BC

1:00 p.m.-1:15 p.m.

VIRTUAL BREAK

1:15 p.m.-2:15 p.m.

COVID Follow Up Discussion

Julie Bertram, RN, MSN,
PMHCNS-BC, PhD

Allison Brauch, DNP, APRN, NP-
C, PMHNP-BC, CARN-AP

Alexander Davis, RN, BSN

Cynthia Handrup, DNP, APRN,
PMHCNS-BC

Susan Glodstein, DNP, RN,
PMHNP-BC, PMHCNS-BC

Karen Moore, DNP, APRN, ANP-
BC, FAANP, FAAN

Barbara Peterson, PhD,
PMHCNS, APRN

Clariza Runtung, MS-CNL

2:15 p.m.-2:30 p.m.

VIRTUAL BREAK

2:30 p.m.-3:30 p.m.

Circles of Connections

Topic: Hope

We invite you to step out of our ordinary times into a scared and safe environment to explore and share experiences, find meaning in this moment, and harvest collective wisdom.

Friday, June 26, 2020

All in Central Time

10:45 a.m.-11:30 a.m.

Social Justice & Responsibilities in Psych-Mental Health Advanced Practice

Cynthia Handrup, DNP, APRN, PMHCNS-BC

Sally Raphael, MS, APRN-PMH, FAAN

11:30 a.m.-12:00 p.m.

VIRTUAL BREAK

12:00 p.m.-1:00 p.m.

Product Theater

Sponsored by Alkermes

Keep the Body in Mind: Looking at the Pathophysiology and Comorbidities Associated with Bipolar Disorder and Schizophrenia

Brooke Kempf, PMHNP-BC

Terre Haute, IN

1:00 p.m.-1:15 p.m.

VIRTUAL BREAK

1:15 p.m.-2:15 p.m.

Live Workshop

Moving from Practice to Praxis: A Self-Directed Mindful Approach to Transforming Self, Relationships and Culture

Sara Horton-Deutsch, PhD, RN, ANEF, FAAN

Chelsie Monroe, MSN, APRN, PMHNP-BC

2:15 p.m.-2:30 p.m.

VIRTUAL BREAK



2:30 p.m.-3:30 p.m.

Closing Keynote Address

Parting the Curtain: Seeking Meaning in Purpose

Gerry Gorman, RN, PhD

PRE-RECORDED ORAL PRESENTATIONS

Released on Tuesday, June 23

Education

Do We Need to Create Trauma-Informed Education? Survey Data from an Incoming Class of Doctor of Nursing Practice (DNP) Students

Lindsay Bouchard, DNP, PMHNP-BC, RN

Jessica Rainbow, PhD, RN

Evidence Based Practice

Guns, Mass Shootings and Mental Illness: An Exploration

Ann Roselle, MSN, ACNP-BC

Psychopharmacology

The PPT Model: A Psychopharmacology Clinical Decision-Making Tool

Gisli Kristofersson, PhD, PMHNP, BC

Merrie Kaas, PhD, APRN, PMHCNS, FAAN

Education

Integrating Provider Clinical Support System (PCSS) Buprenorphine Waiver Training into Graduate Advanced Practice Registered Nursing Programs

Brayden Kameg, DNP, PMHNP-BC, CARN, CNE

Ann Mitchell, PhD, RN, FAAN, FIAAN

Dawn Lindsay, PhD

Leadership

Colorado Pilot MAT Implementation: Collective Impact towards Policy and Practice to Reduce Health Disparities in Rural Colorado

Tanya Sorrell, PhD, PMHNP-BC

Claudia Amura, PhD, MPH

Mary Weber, PhD, PMHNP-BC, FAANP, FAAN

Paul Cook

Evidence Based Practice

Women, Addiction and Grief: An Exploratory Intervention

Carla Groh, PhD, PMHNP-BC, FAAN

Jasmina Cummulaj

Research

Exploring the Mental Health Care Experiences of Youth Transitioning from Paediatric to Adult Psychiatric Services Using the Photovoice Method: A Participatory Analysis of the PhotoSTREAM Project

Brianna Jackson, MScN, RN

Richard Booth, PhD, RN

Kimberley T. Jackson, PhD, RN

Evidence Based Practice

Attachment Group Psychotherapy: A Model to Promote Affect Regulation and Neuroplasticity in Adolescents and Emerging Adults

Fatima Ramos-Marcuse, PhD, PMHNP-BC

Research

Building Trauma Responsiveness and Self-Care Practices Among Nursing Providers and the Community

Julie Bertram, RN, MSN, PMHCNS-BC, PhD

Allison Brauch, DNP, APRN, NP-C, PMHNP-BC, CARN-AP

Released on Wednesday, June 24

Education

Moving Outside the Box: How Three Universities and Community Partners are Collaborating to Reduce Health Disparity Through Teleprecepting

Deborah Johnson, DNP, PMHNP-BC
Joy Lauerer, DNP, APRN, PMHCNS-BC, RN
Mary Moller, DNP, ARNP, PMHCNS-BC, CPRP, FAAN
Amanda Ling, MS, PMHNP-BC

Education

Nurse Educator on a Mission: Supporting Mental Health Awareness on Campus

Todd Hastings, PhD, RN

Education

Access to Interprofessional Mental Health Education (AIME) for Youth: Creation of Interprofessional Workshops to Educate Graduate Students' Knowledge on Management of Mental Health Diagnoses in Children & Adolescents

Kirstyn Kameg, DNP, PMHNP-BC
Janene Szpak, DNP, PMHNP-BC
Luann Richardson, PhD, DNP, FNP-BC, PMHNP-BC
Brayden Kameg, DNP, PMHNP-BC

Education

Genetic/Genomic Competencies and Curricular Guidelines for Advanced Practice Nursing: The Time is Now

Daniel Wesemann, DNP, ARNP, PMHNP-BC
Virginia Conley, PhD, ARNP, FNP-BC, PMHNP-BC, FAANP

Education

On Becoming a Preceptor: Survey Results and Program Development

Barbara Peterson, PhD, PMHCNS, APRN
Merrie J. Kaas, PhD, APRN, PMHCNS, FAAN,
Mary Benbenek, PhD, FNP-BC, CPNP

Evidence-Based

Postpartum Depression: A Multi-Disciplinary Approach to Screening, Management and the Role of Breastfeeding Support

Elaine Webber, DNP, RN, PPCNP-BC, IBCLC

Evidence-Based

Telehealth: Lessons from a Pilot Telehealth Clinical Psychiatric Mental Health Nursing Training Program

Christine Costa, DNP, PMHNP-BC
Kathleen McDermott, DNP, PMHNP-BC
Patrick Murphy, DNP, PMHNP-BC

Evidence-Based

Increased Provider Adherence to APA Guidelines on Antipsychotic Medication Management through Increased Access to Metabolic Monitoring Forms

Kristen Bomboy, DNP, APRN, PMHNP-BC
Jennifer Graber, EdD, APRN, PMHCS- BC

Evidence-Based

Mental Health Nurses' Perception of Missed Nursing Care in Acute Inpatient Units

Bindu Joseph, PhD

Released on Thursday, June 25

Education

Opportunities and Challenges: The Evolving Role of Mental Health Nurse Practitioners in Nursing Education in the Sultanate of Oman

Zeyana Al Ismaili, BSN, MSN
Faye Gary, EdD, RN, FAAN

Education

Reflective Journaling in Graduate Nursing Education: A Teaching Strategy for Self-Reflection and Patient-Centered Psychiatric Care

Gail Williams, PhD, RN, APRN
Mark Soucy, PhD, RN, APRN, FAANP

Education

Increasing Online Students' Self-Awareness With Video Role-Play Simulation: Understanding The Role Of Countertransference

Barbie Frechet, DNP, PMHNP, FCN
Annemarie Mingolelli, DNP

Evidence-Based

Caring Behind Bars

Brenda Fields, RN, RHIA, CCHP

Evidence-Based

The Case for the Psychiatric-Mental Health Nurse Practitioner and Interprofessional Care Team Facilitating Access to Holistic Care, Including Pre-Exposure Prophylaxis in Marginalized Populations

Suzanne Salamanca, MSNAPRN
Jamie Duffy, LSW
Crystal Socha, NCC, CRC

Evidence-Based

Collaborative Partnership to Identify the Mental Health Needs of Women Admitted for Childbirth

Aparna Kumar, PhD, CRNP
Aditi Rao, PhD, RN

Psychopharmacology

Using Pharmacogenomic Testing to Deliver Personalized Health Care for Persons with Severe Mental Illness: Clinical Case Examples

Virginia Conley, PhD, ARNP, FNP-BC, PMHNP-BC, FAANP

Education

Integrating the "Cultural Health Capital" Module Throughout the Psychiatric Mental Health Nurse Practitioner (PMHNP) Program to Promote Students' Abilities to Reduce Health and Health Care Disparities

Ukamaka Oruche, PhD, RN, PMHCNS-BC, FAAN

VIRTUAL POSTER SESSIONS

- POSTER 2**
Lessons Learned: Staff Reeducation Following Temporary Unit Closure
Norah Vo, BSN, RN-BC
Lisa Williams, MS, RN-BC
- POSTER 3**
Transforming Rn Roles In Primary Care (TRIP) Curriculum: Integrated, Person Centered, Recovery Driven
Lora Beebe, PhD
Sally Helton, MSN, PMHCNS-BC
Frank Thomasson, MSN, RN
- POSTER 4**
Young Victims Telling Their Stories of Sexual Abuse: A Qualitative Research
Mona Hassan, RN, PhD
- POSTER 6**
Effects of Frequency and Reaction to Dementia Symptoms on Caregiver Depressive Symptoms: The Mediator Role of Resourcefulness
Jaclene Zauszniewski, PhD, RN-BC, FAAN
- POSTER 9**
Implementation of Distress Screening in the Pediatric and Adolescent/ Young Adult (AYA) Oncology Population
Kristin Foster, RN, BSN, ARNP, C-PNP
- POSTER 10**
Improving Teamwork in Ambulatory Psychiatry Using SBAR and CUS
Nicole Poellet, DNP, RN, PMHNP-BC
Annemarie Lucas, MHSA
- POSTER 12**
Feasibility of Implementing an Electronic Patient Rounding System (EPRS) in an Acute Inpatient Psychiatric Facility
Robert Bencangey, RN, MSN, CEN
- POSTER 14**
Integrating LGBTQ Content into a BSN Curriculum
Elaine Darst, PhD, PMHCNS-BC, LPCC, RN
- POSTER 15**
First Year Results of an Integrated Clinic in a Housing First Project for Chronic Homelessness
Teresa (Tess) Judge-Ellis, DNP, ARNP, FNP-BC, PMHNP-BC, FAANP
- POSTER 16**
Psychiatric Safety Planning in the Adult Emergency Setting to Decrease Re-Presentation Post-Discharge
Teresa (Tess) Judge-Ellis, DNP, ARNP, FNP-BC, PMHNP-BC, FAANP
- POSTER 18**
An Educational Strategy Incorporating Patient Centered Care into a Clinical Course for Psychiatric- Mental Health Nurse Practitioner Students
Mark Soucy, PhD, APRN, FAANP
- POSTER 20**
Collaborative Care-Making it Work through an APRN Practicum
Marsha Snyder, PhD, PMHNP/CNS, BC
- POSTER 22**
Improving Advanced Practice by Examining Qualitative Data of Attitudes towards Suicide
Susan Glodstein, DNP, RN, PMHNP-BC, PMHCNS-BC
- POSTER 25**
Universal Suicide Risk Screening of Adolescents Presenting to the Emergency Department
Karen P Black, MSN, DNPc, APRN, PMHNP-BC
Catherine Batscha, DNP, APRN, PMHNP-BC
- POSTER 26**
The Lived Experience of Adolescents Who Provide Support to Friends with Anxiety, Depression, or Suicidal Ideation
Ashley Roach, MS, RN
- POSTER 27**
The Lived Experience of Nurses Caring for Appalachian Patients Diagnosed with Infective Endocarditis Who Use or Have Used Intravenous Drugs: A Phenomenological Study
Kendrea Todt, MSN, RN
- POSTER 30**
How to Better Assess for Suicide Risk: Findings from a Participatory Action Research Project
Michele Desmarais, BscN, MSN, PhD Student

Thank You Sponsors!

Platinum



Bronze



TARDIVE DYSKINESIA IN YOUR PRACTICE: PATIENT CASES AND APPROACHES TO TREATMENT

DATE/TIME

June 25, 2020
12:00 PM-1:00 PM CT

PRESENTED BY

Desiree Matthews, PMHNP-BC
Monarch
Charlotte, NC



This educational event is sponsored by Neurocrine Biosciences, Inc., and is not intended or eligible for CME credit. The speaker is a paid consultant of Neurocrine Biosciences, Inc. The Industry Product Theater's content and the views expressed therein are those of Neurocrine Biosciences, Inc. and not of the International Society of Psychiatric-Mental Health Nurses (ISPN).

INDICATION & USAGE

INGREZZA® (valbenazine) capsules is indicated for the treatment of adults with tardive dyskinesia.

IMPORTANT SAFETY INFORMATION

CONTRAINDICATIONS

INGREZZA is contraindicated in patients with a history of hypersensitivity to valbenazine or any components of INGREZZA. Rash, urticaria, and reactions consistent with angioedema (e.g., swelling of the face, lips, and mouth) have been reported.

WARNINGS & PRECAUTIONS

Somnolence

INGREZZA can cause somnolence. Patients should not perform activities requiring mental alertness such as operating a motor vehicle or operating hazardous machinery until they know how they will be affected by INGREZZA.

QT Prolongation

INGREZZA may prolong the QT interval, although the degree of QT prolongation is not clinically significant at concentrations expected with recommended dosing. INGREZZA should be avoided in patients with congenital long QT syndrome or with arrhythmias associated with a prolonged QT interval. For patients at increased risk of a prolonged QT interval, assess the QT interval before increasing the dosage.

Parkinsonism

INGREZZA may cause parkinsonism in patients with tardive dyskinesia. Parkinsonism has also been observed with other VMAT2 inhibitors. Reduce the dose or discontinue INGREZZA treatment in patients who develop clinically significant parkinson-like signs or symptoms.

ADVERSE REACTIONS

The most common adverse reaction (>5% and twice the rate of placebo) is somnolence. Other adverse reactions (>2% and >Placebo) include: anticholinergic effects, balance disorders/falls, headache, akathisia, vomiting, nausea, and arthralgia. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see INGREZZA full Prescribing Information or visit www.INGREZZAHCP.com/PI for full Prescribing Information.



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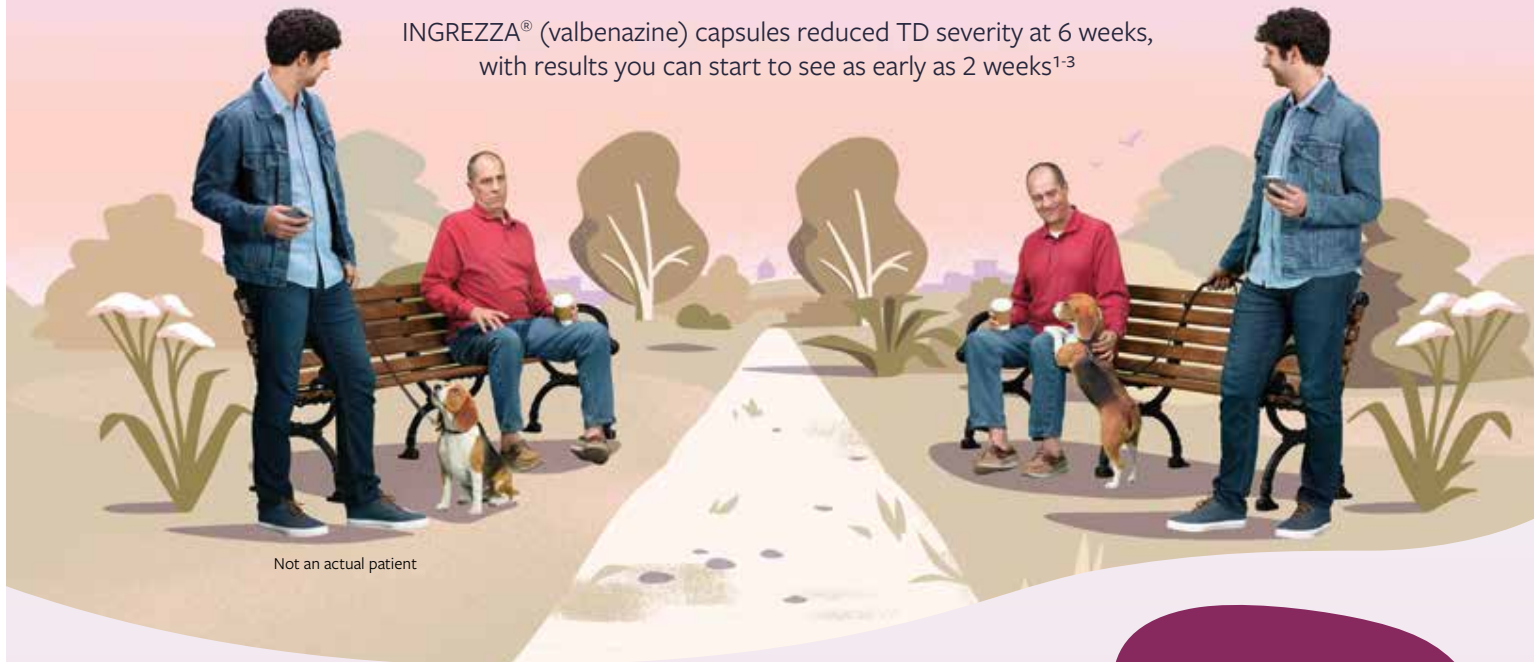
CP-VEZ-US-1333 04/2020



IN ADULT PATIENTS WITH TARDIVE DYSKINESIA (TD)

Choose INGREZZA for results you can see¹

INGREZZA[®] (valbenazine) capsules reduced TD severity at 6 weeks,
with results you can start to see as early as 2 weeks¹⁻³



Important Information

INDICATION & USAGE

INGREZZA[®] (valbenazine) capsules is indicated for the treatment of adults with tardive dyskinesia.

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WARNINGS & PRECAUTIONS

Somnolence

INGREZZA can cause somnolence. Patients should not perform activities requiring mental alertness such as operating a motor vehicle or operating hazardous machinery until they know how they will be affected by INGREZZA.

QT Prolongation

INGREZZA may prolong the QT interval, although the degree of QT prolongation is not clinically significant at concentrations expected with recommended dosing. INGREZZA should be avoided in patients with congenital long QT syndrome or with arrhythmias associated with a prolonged QT interval. For patients at increased risk of a prolonged QT interval, assess the QT interval before increasing the dosage.

SEE REAL-WORLD
PATIENT RESULTS

WARNINGS & PRECAUTIONS (continued)

Parkinsonism

INGREZZA may cause parkinsonism in patients with tardive dyskinesia. Parkinsonism has also been observed with other VMAT2 inhibitors. Reduce the dose or discontinue INGREZZA treatment in patients who develop clinically significant parkinson-like signs or symptoms.

ADVERSE REACTIONS

The most common adverse reaction ($\geq 5\%$ and twice the rate of placebo) is somnolence. Other adverse reactions ($\geq 2\%$ and $>$ Placebo) include: anticholinergic effects, balance disorders/falls, headache, akathisia, vomiting, nausea, and arthralgia.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see INGREZZA full [Prescribing Information](#).






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