

# ISPN



# 2019

CHARLOTTE, NC • **The Queen City** • MAY 29-JUNE 1

## Preliminary Program

(Content will be updated as needed)

### Wednesday, May 29, 2019

6:30 p.m.-8:00 p.m.

**Opening Reception and Poster Session A  
Exhibit Hall Opens**

### Thursday, May 30, 2019

8:00 a.m.-9:00 a.m.

**ISPN New Member and Student Breakfast**

8:00 a.m.-9:00 a.m.

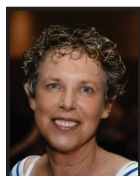
**ISPN Foundation Board Meeting**

8:00 a.m.-9:00 a.m.

**Exhibits and Poster Viewing**

9:00 a.m.-9:15 a.m.

**Welcome Remarks**



9:15 a.m.-10:15 a.m.

**Opening Keynote Address**

*Nurses Making Movies and Social Change*  
Susan Hagedorn, PhD, RN, PNP, WHNP,  
FAANP

10:15 a.m.-10:45 a.m.

**Refreshment Break/Exhibitor Time/Poster Viewing**

10:45 a.m.-11:45 a.m.

**Concurrent Session 1**

**Track: Evidence-Based Practice**

*Decreasing Rates of Pediatric Bipolar*

Daniel Wesemann, DNP, MSW, PMHNP-BC

**Concurrent Session 2**

**Track: Research**

*Global Improvement and Patient Satisfaction: Results from a Long-Term, Open-Label, Rollover Study of Valbenazine in Tardive Dyskinesia*

Khodayar Farahmand, PharmD

**Concurrent Session 3**

**Track: Education/Teaching Pedagogy**

*Development of a Partnership with a Department of Corrections Work Release Program*

Marsha Snyder, PhD, PMHNP/CNS-BC, CADC  
Cynthia Handrup, DNP, PMHCNS-BC

**Concurrent Session 4**

**Track: Leadership Development**

*The Psychiatric Resource Nurse: An Innovative Leadership Strategy Developed by a PCLN to Support Staff Caring for Growing Numbers of Behavioral Health Patients Admitted to a Pediatric Medical Hospital*

Elizabeth Steinmiller, MSN, PMHCNS-BC

**Concurrent Session 5**

**Track: Psychopharmacology**

*Preparing Psychiatric Nurses to Lead Precision Health in the Next Decade with Pharmacogenetics and Culturally Tailored Care: A Demonstration on How Clinical Practice Informed Teaching and Research*

Eugenia Millender, PhD, RN, PMHNP-BC, CDE

11:45 a.m.-1:15 p.m.

**Lunch** (on your own)

1:15 p.m.-4:15 p.m.

**Symposium 1**

**Track: Education/Teaching Pedagogy**

*Implementing Addiction Science as a Pragmatic Course for Graduate Nursing Education*

David Ampong, APRN, MSN/AM, MS, PMHNP-BC  
Michelle Burdette-Taylor, PhD, MSN, RN-BC

1:15 p.m.-2:15 p.m.

**Concurrent Session 6**

**Track: Evidence-Based Practice**

*Conducting a Behavioral Health Assessment for Gender-Affirmation Surgery: Where Do I Begin?*

Rhonda Schwindt, DNP, RN, PMHNP-BC

**Concurrent Session 7**

**Track: Education/Teaching Pedagogy**

*The Development and Preliminary Evaluation of a Media-based Health Education Intervention to Reduce Mental Disorder-related Stigma Among Nursing Students*

Loujain Sharif, PhD, MSc, BSN

**Concurrent Session 8**

**Track: Leadership Development**

*How Psychiatric Mental Health Nurses Can Combat Compassion Fatigue*

Lindsay Bouchard, DNP, PMHNP-BC, RN

### Concurrent Session 9

#### Track: Psychopharmacology

*Perinatal Mood and Anxiety Disorders: Understanding the Risks and Benefits of Treating Women Before, During, and After Pregnancy*

TBA

2:15 p.m.-2:45 p.m.

#### Refreshment Break/Exhibitor Time/Poster Viewing

2:45 p.m.-4:15 p.m.

#### Workshop 1

##### Track: Leadership Development

*Strategies for Promoting Diversity and Equity Among the Psychiatric-Mental Health Nursing Workforce*

Cheryl Woods Giscombe, PhD, PMHNP, FAAN

#### Workshop 2

##### Track: Leadership Development

*Finding our Collective Voice: Morally Informed Action for the Promotion of Global Mental Health*

Sara Horton-Deutsch, PhD, RN, PMHCNS, ANEF, FAAN

Cynthia Handrup, DNP, APN, PMHCNS-BC

Edilma Yearwood, PhD, PMHCNS-BC, FAAN

#### Workshop 3

##### Track: Research

*Foster Care Medical Coordination*

Julie Bertram, PMHCNS-BC, PhD

Alisha Acosta, BA

Jennifer McKanry



4:30 p.m.-5:30 p.m.

#### Susan McCabe Lectureship

*A Pilgrim's Journey Through Psychiatric Nursing*

Norman Keltner, EdD, CRNP

5:45 p.m.-6:30 p.m.

#### SIG #1: Psychiatric-Mental Health Policy

5:45 p.m.-6:30 p.m.

#### Archives of Psychiatric Nursing Journal Reviewer Meeting

6:30 p.m.-8:30 p.m.

#### ISPN Foundation Event

## Friday, May 31, 2019

8:00 a.m.-8:15 a.m.

#### Welcome and Reminders



8:15 a.m.-9:15 a.m.

#### Diversity Keynote Address

TBA

Faye Gary, MS, RN, EdD, FAAN

8:45 a.m.-11:45 a.m.

#### Symposium 2

##### Track: Evidence-Based Practice

*Pediatric Bipolar: How to Identify and Treat These Unicorns*

Daniel Wesemann, DNP, MSW, PMHNP-BC

9:30 a.m.-10:30 a.m.

#### Concurrent Session 10

##### Track: Evidence-Based Practice

*Benzodiazepines 59 Years After Their Introduction to the US Market: Where We've Been, Where We Are, and Where We're Going*

Kelly Rock, DNP, CRNP

#### Concurrent Session 11

##### Track: Research

*The Use of Binaural Sound to Remediate PTSD in Combat-Veterans*

George Lindenfeld, PhD

#### Concurrent Session 12

##### Track: Leadership Development

*Deconstructing Stigma: How Sharing the Patient Perspective Can Enhance Clinical and Public Understanding of Mental Illness*

Christine Tebaldi, PMHNP-BC

Daniel Wesemann, DNP, MSW, PMHNP-BC

#### Concurrent Session 13

##### Track: Psychopharmacology

*CYP2D6 Polymorphisms and the Challenges of Pharmacogenomics in Clinical Practice*

Joanna Johnson, PMHNP-BC

10:30 a.m.-11:00 a.m.

#### Refreshment Break/Exhibitor Time/Poster Viewing

11:15 a.m.-12:15 p.m.

#### Concurrent Session 14

##### Track: Evidence-Based Practice

*Motivating Employee Engagement in Healthcare*

Jamie Gibbs, DNP, RN, APN-BC

Julie Baker, DNP, RN, FNP-BC

#### Concurrent Session 15

##### Track: Research

*Therapeutic Alliance and Diabetes/Depression Comorbidity in an Urban Integrated Care Setting*

Judy Davis Armstrong, MS, MPH, APRN, PMHNP-BC

#### Concurrent Session 16

##### Track: Education/Teaching Pedagogy

*Effectiveness of Virtual Simulation Education in Mental Health Nursing: A Mixed-methods Study: A Mixed-methods Study*

Caroline McKinnon, PhD, PMHCNS-BC

#### Concurrent Session 17

##### Track: Psychopharmacology

*Monitoring Psychotropic Medication Effectiveness and Safety: Through Systematic Laboratory Testing*

Amanda Baltierra, DNP, MPH, FNP-BC, PMHNP-BC

12:15 p.m.-1:45 p.m.

**Lunch** (on your own)

1:45 p.m.-4:45 p.m.

**Symposium 3**

**Track: Leadership Development**

*Critical Conversations for Ourselves and Organizations While Learning Evidence Based Practice Techniques to Promote Leadership and Reduce Stress: Mantram Repetition*

Jim Kane, MN, RN, CNS, NEA-BC

Jill Bormann, PhD, RN, FAAN

1:45 p.m.-2:45 p.m.

**Concurrent Session 18**

**Track: Evidence-Based Practice**

*The Adverse Childhood Experiences (ACEs) Study: From Research to Practice. The State of the Union*

Kelly Rock, DNP, PMHNP-BC

**Concurrent Session 19**

**Track: Research**

*Narrative Disruption and Narrative Repair: Use of Narrative Characteristics to Assess Identity Function in Therapy Practice and Research*

Emily Hauenstein, PhD, LCP, MSN, FAAN

Rachel Clark, PhD

**Concurrent Session 20**

**Track: Education/Teaching Pedagogy**

*UNC PrimeCare 2.0: A HRSA-funded Interprofessional Behavioral Health Workforce Education and Training Program for PMHNP and MSW Students Committed to Reducing Behavioral Health Disparities for Underserved and Rural Populations*

Cheryl Woods Giscombe, PhD, PMHNP, FAAN

**Concurrent Session 21**

**Track: Evidence-Based Practice**

*Critical Conversations about Telehealth in the 21st Century for Psychiatric Mental Health Nurse Practitioners*

Rene Love, PhD, DNP, PMHNP-BC

Deborah Johnson, DNP, PMHNP-BC

Jane Carrington, PhD, RN

2:45 p.m.-3:15 p.m.

**Refreshment Break/Exhibitor Time/Poster Viewing**

3:15 p.m.-4:15 p.m.

**Concurrent Session 22**

**Track: Evidence-Based Practice**

*Changing the Culture of Mental Health Through Employee Wellness*

Julia Edge Knauff, DNP, RN, FNP-BC, PMHNP-BC

**Concurrent Session 23**

**Track: Evidence-Based Practice**

*The Use of Mobile Applications in Clinical Practice*

Joanna Johnson, MSN, APRN, PMHNP-BC

**Concurrent Session 24**

**Track: Leadership Development**

*Psychiatric Nursing Advocacy: How To Be a Better Advocate at the Individual, Local, and National Level*

Ann Roselle, RN, MSN, ACNP-BC

Tim Murphy, PhD

**Concurrent Session 25**

**Track: Psychopharmacology**

*Barriers to the Implementation of Pharmacogenomics Testing in Psychiatric Clinical Practice*

David Ampong, APRN, MSN/AM, MS, PMHNP-BC

4:15 p.m.-4:45 p.m.

**Break/Exhibitor Time/Poster Viewing**



4:45 p.m.-5:45 p.m.

**Melva Jo Hendrix Lectureship**

*From Anger to Hope*

Sandra Thomas, PhD, RN, FAAN

5:45 p.m.-6:45 p.m.

**Poster Session B: Student Poster Session**

6:00 p.m.-6:45 p.m.

**SIG #2: Psychiatric Consultation-Liaison Advanced Nursing Practice**

6:00 p.m.-6:45 p.m.

**SIG #3: APN Formation**

7:15 p.m.-8:15 p.m.

**Student Social (off site)**

**Saturday, June 1, 2019**

8:00 a.m.-8:45 a.m.

**Business Meeting & President Wrap-Up**

9:00 a.m.-10:00 a.m.

**Concurrent Session 26**

**Track: Evidence-Based Practice**

*Guns, Mass Shootings, and Mental Illness: Myth vs. Fact*

Ann Roselle, RN, MSN, ACNP-BC

**Concurrent Session 27**

**Track: Research**

*Transition from Spousal Caregiver to Widowhood: Results of a Mixed-Methods Comparison Study Between Urban and Rural Women*

Carla Groh, PhD, PMHNP-BC

Mitzi Saunders, PhD, APRN, CNS-C

**Concurrent Session 28**

**Track: Education/Teaching Pedagogy**

*Incorporating Interprofessional Collaboration into Graduate Education: Benefits for Psychiatric Mental Health Nurse Practitioner Students*

Katherine Riedford, PhD, PMHNP-BC

**Concurrent Session 29**

**Track: Evidence-Based Practice**

*The Dark Side of Perinatal Mood and Anxiety Disorders:  
Treating Intrusive Thoughts and Psychosis*

Robi Thomas, PhD, RN, PMHNP-BC

**Concurrent Session 30**

**Track: Psychopharmacology**

*Therapeutic Marijuana: Spotlight on CBD Oil*

Marian Newton, PhD, PMHCNS, PMHNP, ANEF

10:00 a.m.-10:30 a.m.

**Refreshment Break**

10:30 a.m.-11:15 a.m.

**ISPN Awards Ceremony**



11:15 a.m.-12:15 p.m.

**Closing Keynote Address**

*Diversity: A Poison, Panacea, or Privilege?*

Kenya Beard, EdD, AGACNP-BC, NP-C,  
CNE, ANEF

12:30 p.m.

**Conference Adjourns**

12:30 p.m.-4:30 p.m.

**ISPN Board of Directors Meeting**