International Society of Psychiatric-Mental Health Nurses

6th Psychopharmacology Institute and 15th Annual Conference
50th Anniversary of PCLN Practice

Mental Health Matters: Risk, Resilience, and Recovery

• April 16-20, 2013 •

Hyatt Regency Hill Country Resort and Spa
★ San Antonio, Texas ★
Introduction

The ISPN Conferences Committee and the Board of Directors welcome you to the 2013 ISPN Psychopharmacology Institute and Annual Conference. The theme of the conference: Mental Health Matters: Risk, Resilience, and Recovery, was chosen to reflect the challenges and issues currently faced by psychiatric-mental health nurses in advanced practice and academia. Nestled in the hill country of South Texas, San Antonio is the ideal setting for this conference.

Steeped in history and multicultural traditions, San Antonio has stood the test of time. Over the past 300 years, what was once a small Indian village has played a pivotal role on an international stage. Colonized at various times by the Spanish, English and Germans, San Antonio’s culture is the unique blending of these and other influences. This diversity is present in the cuisine, the arts, and most importantly the people of San Antonio. San Antonio’s rich history is easy to experience whether taking a leisurely river walk, making your way through their large marketplace or visiting one of many places of historical interest. Currently the Alamo stands as a solemn reminder of their fight and struggle for independence. Lackland Air Force Base and Fort Sam Houston continue to provide a strong military presence. All of these things and more contribute to the vibrant city of San Antonio!

With San Antonio as the backdrop, the conference promises to be exciting! We were pleased with the number and quality of abstracts submitted for presentations and posters. The skill and expertise in our growing membership is impressive. With that in mind, we have added additional workshops and combined many presentations of similar topics to allow for increased sharing and dissemination of knowledge. In an effort to support the Joint Forces initiative, we also have an increased focus on the mental health issues facing the military and many of our nations heroes.

We are so excited Dr. Alan Peterson will be joining us to share perspectives on mental health in the military. We also welcome Dr. Emily J. Hauenstein, Professor and Associate Dean for Research at University of Rochester School of Nursing, the 2012 Diversity Award recipient, who will present “Women, Social Disconnection and Depression over the Life Course.” The Melva Jo Hendrix award winner, Vicki Hines-Martin will present “The Winds of Change: Dorothy, We’re not in Kansas Anymore!”

As we come together in San Antonio we look forward to reviewing and strengthening relationships as well as embracing those new to advanced practice as psychiatric-mental health nurses who share a passion for care and treatment of those with mental health issues. I would like to thank all the Conferences Committee members for their diligence throughout the year to bring us what promises to be a wonderful conference! We hope to see you there!

Anita Dempsey, PhD, RN, MSN, Chair
Judith Hirsh, NP-P, PMHCNS-BC, FPMHNP, RPT-S, Co-Chair

Conferences Committee

Anita Dempsey, PhD, RN, MSN, Chair
Judith Hirsh, NP-P, PMHCNS-BC, FPMHNP, RPT-S, Co-Chair
Beth Bonham, PhD, RN, PMHCNS-BC
Nancy Davenport, RN, MSN, PMHCNS-BC
Linda D’Erminio, PMHCNS-BC
Pamela Galehouse, PhD, PMHCNS-BC
Vanessa Genung, PhD, RN, PMH-NP-BC, LCSW-ACP, LMFT, LCDC
Linda Gerson, PhD, RN
Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC
Pamela Lusk, DNP, PMHNP-BC
Sharon Mudd, PMHCNS-BC, NP
Judith Nolen, RN, BC, MS
Sally Raphel, APRN/PMH, FAAN
Judy Ribak, PhD, APRN, PMHCNS-BC
Beverly Thomas-Carter, FNP, PMHNP

Abstract Reviewers

Carol Baxter, APN, PMHCNS-BC
Judith Coucouvanis, MA, PMHCNS-BC
Nancy Davenport, RN, MSN, PMHCNS-BC
Linda D’Erminio, PMHCNS-BC
Carla J. Groh, PhD, PMHNP-BC
Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC
Vicki Hines-Martin, PhD, RN, FAAN
Jean Klein, PhD, PMHCNS-BC
Pam Lusk, DNP, PMHNP-BC
Jane Neese, PhD, APRN-BC
Sandra Nelson, PhD, RN, CS
Judith Nolen, RN, BC, MS
Judy Ribak, PhD, APRN, PMHCNS-BC
Marilyn Shirk, MN, RN, CNS
Noreen Thompson, MSN, RN, PMHCNS-BC
Edilma Yearwood, PhD, PMHCNS-BC, FAAN
Jaclene Zauszniewski, PhD, RN-BC, FAAN

ISPN Divisions

ACAPN: Association of Child and Adolescent Psychiatric Nurses
AGPN: Adult and Geropsychiatric-Mental Health Nurses
ISPCLN: International Society of Psychiatric Consultation Liaison Nurses
SERPN: Society of Education and Research in Psychiatric-Mental Health Nursing

Who Should Attend

- All professional nurses who practice, teach, conduct research, or study in the specialty of psychiatric-mental health nursing.
- All professional nurses who by practice, advocacy or research, dedicate their time to assisting patients, and families dealing with mental illness.
**Conference Objectives**

Attendees will be able to:
- Describe evidence of current research and outcomes in mental health treatment of individuals, families, and groups across the lifespan.
- Generate health care policy recommendations, which support transformative, comprehensive quality of care for individuals in need of mental health services.
- Discuss innovative initiatives and strategies for increasing the knowledge and skills of educators, practitioners, and graduate students in psychiatric-mental health nursing.
- Describe cutting-edge initiatives that address issues of culture, ethics, and integration of care in education, practice, and nursing research.
- Utilize the conference forum as a method to promote discussion, planning and problem-solving of key issues affecting psychiatric/mental health nursing, health care policy, advocacy, global health, international collaboration, and mental health initiatives across the lifespan.
- Provide opportunities for professional development, networking, mentoring, and collaboration between domestic and international partners.
- Discuss mental health issues specific to those in the military.

**Registration**

There are three ways to register for the ISPN Psychopharmacology Institute and Annual Conference:

**Online**

Register online at www.ispn-psych.org (click under Conferences).

**Fax**

Complete the registration form on pages 13-14 and fax it to the ISPN Office at: +1-608-443-2474 or +1-608-443-2478 along with your credit card information.

**Mail**

Mail your registration form and payment to ISPN Registrar, 2424 American Lane, Madison, WI 53704.

The Annual Conference registration fee includes:
- Two and a half days of conference activities;
- Access to speaker presentations through the ISPN website;
- Networking opportunities with advanced-practice nurses in psychiatric and mental health;
- Entrance to the exhibit hall of vendors servicing the needs of the psychiatric and mental health nursing community;
- Admission to the Welcome Reception, ISPN's 15th Anniversary Celebration Dinner, ISPCLN Celebration Luncheon, and Awards Brunch;
- Continental breakfast and refreshment breaks each day of the conference; and
- A Conference Attendee Directory, which includes a listing of all pre-registered attendees and invited speakers.

Register prior to March 18 and save $50!

**Nursing Contact Hours**

Contact hours have been applied for through the Wisconsin Nurses Continuing Education Approval Program Committee. Contact hours are complimentary with your registration fee. Please note on your registration form if you are interested in receiving contact hours for attending the Conference.

**Hotel Amenities**

- Check-in: 4:00 p.m., check-out: 11:00 a.m.
- Television, in-room pay movies, video games, web TV
- Wired and wireless internet access (complimentary)
- Unlimited use of the health club
- Unlimited access local, 800 or 888 calls and in-state credit card calls
- Unlimited use of tennis courts, bicycles, chipping and putting greens, outdoor activities
- Golf club storage, full access to golf practice facility, preferred golf tee times, complimentary personalized golf bag tag
- In-room safe
- Hair dryer
- Coffee maker and complimentary coffee and tea
- Mini-bar (charges apply)
- Daily newspaper delivery (Monday – Friday)
- Complimentary self-parking
- Multilingual staff
- 18-hour in-room dining

**Hotel Accommodations**

The Psychopharmacology Institute and Annual Conference will be headquartered at the Hyatt Regency Hill Country Resort and Spa in San Antonio, Texas. With its timeless charm and casual elegance the Resort offers a welcoming spirit and gracious hospitality away from the hustle and bustle of the city. The Resort is set on the historic Rogers-Wiseman Ranch, a family-owned property for more than a century. Enjoy the massive live oaks and natural landscape that have attracted generations to the Resort for more than a century. Enjoy the massive live oaks and natural landscape that have attracted generations to the Resort for vacations and relaxation. Right outside your door you can enjoy the 27 holes of golf, jogging paths, tennis courts, a nature trail and a 4-acre water park with a signature flowing river pool. Inside the Resort enjoy one of the many dining and lounge options available, shop the convenient retail, relax at Windflower the Hill Country Spa, work out at the fitness center, or utilize the available business center. You can also take in the view of the incredible landscape throughout this historic destination as you head to downtown San Antonio for a day of shopping, dining and sightseeing. Check in with ease using your phone or computer at hyatt.com. Print your boarding passes for your return flight with Hyatt FastBoard™, in the lobby.

Allow the knowledgeable Concierge to assist you with any arrangements you may need. You may also interact with the Hyatt Concierge on Twitter @HyattConcierge.

**Points of Interest**

At the Resort...
- San Antonio area...

Secure your hotel reservations online by visiting the ISPN website at www.ispn-psych.org, click under Conferences, and look under Hotel Accommodations for the link.

Or contact the Hyatt Regency Hill Country Resort and Spa directly at +1-210-647-1234 to make your housing reservations. The sleeping room rate is $174 single or double. Please refer to the ISPN Conference in order to be eligible for the negotiated rate (does not include taxes of 16.75%). Please make your reservations prior to March 20, 2013, to ensure receipt of the discounted rate.

Hyatt Regency Hill Country Resort and Spa
9800 Hyatt Resort Drive
San Antonio, Texas 78251
Phone: +1-210-647-1234
Air Travel
Plan your airline arrangements to San Antonio early! To make a flight reservation or request a quote, contact Burkhalter Travel at 1-800-556-9286 (press 0 and ask for the Corporate Department) from 8:30 a.m.–5:00 p.m. (CST) Monday through Friday (+1-608-833-9339). Please reference the ISPN Annual Conference when making your reservations. Fare restrictions and cancellation penalties may apply to your travel. Be sure to have the agent advise you of any applicable restrictions. Burkhalter Travel will book your travel on the air carrier offering the greatest discount.

Ground Transportation
From/To the San Antonio International Airport
Go Airport Shuttle Service
Website: Please find the Go Airport Shuttle Service website link on the ISPN Annual Conference website under Ground Transportation.
Phone Number: +1-210-281-9900 (Please identify yourself as part of the ISPN Annual Conference for the discounted rate).
Ticket Pricing: $45 round trip (discounted rate, only applies if reservations are made at least 24 hours in advance).
Reservations: To receive the discounted rate, please make reservations at least 24 hours in advance. Utilize the website listed, or call the number above to make your reservation today!
Location: Check into Go Airport Shuttle Service kiosk located near the baggage claim area.
Timing: Shuttle departs every 20-25 minutes and takes guests directly to the hotel. It is a 20-25-minute ride, one-way, depending on time of arrival.
Return Trip: Please book your return trip at least 24 hours in advance from the hotel to the airport.

Taxis
Taxis average around $50 one-way. Coordinate with friends to take a cab and split the cost. Look for signage at the airport directing you to the taxi area.

Rental Cars

ISPN Foundation Event “Under the Stars”
You are invited to the Foundation Annual Reception/Silent Auction
Thursday, April 18, 2013
6:30 p.m. to 9:30 p.m.
Cost of event: $75 per person
Join us for a delightful and memorable evening. The ISPN Foundation Reception/Auction will offer heavy hors d’oeuvres and a cash bar under the brilliant stars of the Courtyard Deck at the sumptuous San Antonio Hill Country Hyatt. Included in your ticket price is an opportunity to participate in a live and silent auction in addition to networking with some of the “brightest stars” in the mental health community.

Funds raised at the Auctions will support ISPN activities such as:
- Scholarships to assist graduate students and international members to attend the Annual Conference;
- Research grants to enhance psychiatric nursing science; and
- Endowment for the Foundation; and ISPN sponsored events.

**In order for the auction to be fun and successful we ask for donations from our members! Donating items for the auctions are a great way to support your organization…and participation in the auctions are always entertaining and fun! Items from members and companies are both welcome. The value of your donated item is tax deductible as allowed by law and your particular tax situation. You will receive a thank you letter from the Foundation stating the value of the donation and that no goods or services were exchanged for the donation.

Recognition
For your donation you will receive:
- A personal thank you letter
- Acknowledgement on the Auction Bid Sheet
- Listing that you participated in our Auction

To make a donation:
You may either send your item to: Susan Vebber, 10525 Leslie Dr, Raleigh, NC 27615 one week prior to the conference, or you may bring your item to the ISPN Conference and drop them off at the conference registration desk on Wednesday evening from 6:00 p.m. to 7:00 p.m., or Thursday morning, prior to the first session.

Be a Member…Bring a Member
Calling all ISPN members to bring a buddy to the Annual Conference! Spread the word on the educational opportunity being held this April in San Antonio. And what do you get for participating? Your name will be entered into a drawing to win a gift card. Be sure to have your buddy include your name as the referring member on the registration form. Please indicate if your buddy is a student.

ISPN Award Nominations
Honor a colleague by nominating them for one of the ISPN awards. Nominations are being taken online (www.ispn-psych.org). Full award descriptions will be available there too.

Division Awards
ACAPN Division Award
AGPN Division Award
ISPCLN Leadership Award
SERPN Jeanette Chamberlain Award

ISPN Awards
Melva Jo Hendrix Lectureship Award
Clinical Practice Award
Diversity Award
Education Award
Research Award
Service to Psychiatric Nursing Award

Recipients are selected by considering the nominee’s contributions and their impact on individuals, systems, or populations using the criteria of the particular award. To a lesser degree, consideration will be given to the general contributions the individual has made to the profession—including ISPN or one of the constituent divisions. While many award recipients are seasoned achievers, early career members who are making solid contributions have received awards in recent years.

Plan to visit the ISPN website to nominate a deserving member. Deadline for nominations: March 3, 2013.
Introduction

Welcome to the 6th Annual ISPN Psychopharmacology Institute! We have listened carefully to your comments about past Institutes and tried to craft this year’s program to best meet your needs.

The Institute Planning Committee has worked diligently over the last year to respond to your ideas for topic areas and recommended speakers. The content is diverse and addresses patient issues across the age spectrum and prescribing related to varying practice settings.

We are pleased to announce the following speakers:

• Dr. Geraldine Pearson: The McCabe Lectureship: Where Are We With Our Prescriptive Practice
• Dr. Janice Goodman: Management of Mood and Anxiety Disorders During Pregnancy and Postpartum
• Dr. Mary Weber: Homelessness: Decision-Making for Complex Pharmacotherapy

Back by popular demand are the roundtable discussions. Participants are encouraged to bring difficult scenarios, questions, and complex prescribing issues to discuss.

These may be related to the following:

1. Child/adolescent issues/disorders
2. Geropsychiatric issues
3. Adult co-morbidities

We have decided to conclude the Institute with small group discussions in place of the prescribing panel so that you can get your questions addressed by the experts from your lifespan specialty practice. This is a time for you to be actively involved in the learning process by sharing one of your particularly challenging clinical cases with your peers.

This year we will not be dividing our presentations in beginner or advanced tracks. Instead, we will be asking each presenter to address these issues as part of their presentation. Again, we heard your feedback and have planned accordingly.

The Psychopharmacology Institute is designed to be interactive and assist you in developing partnerships that will last far beyond the two days of the Institute. You will have opportunities to network with advanced practice colleagues, establish new relationships and interact with the presenters. We actively encourage our student participants to continue their course of education into real time practice and establish connections with experienced prescribing APRNs.

We hope that you take every opportunity to make this educational event a positive learning experience.

So mark those calendars and start preparing for the ISPN Psychopharmacology Institute in 2013!

Best regards,

Geraldine S. Pearson, PhD, PMHCNS-BC, FAAN
Co-Chair, Psychopharmacology Institute

Karen Ragaisis, MSN, APRN, PMHNP-BC, PMHCNS-BC, CARN
Co-Chair, Psychopharmacology Institute

Objectives

This course has been designed so that the participants will be able to:

• Describe new and comprehensive knowledge regarding the psychopharmacologic treatment of major psychiatric, substance abuse disorders, along with other co-morbidities across the life span; which will include antidepressants, antipsychotics, mood stabilizers, psychostimulants, and addiction pharmacology.

• Discuss the emerging knowledge of pharmacogenomics and pharmacoeconomics and the importance of this information in the practice of prescribing psychopharmacologic agents.

• Explore new and comprehensive knowledge associated with the integration of psychopharmacology prescribing into clinical practice, across the life span, and in varying clinical practice settings.

• Identify current and future innovations and advancements in the area of psychopharmacology.

Psychopharmacology Institute Planning Committee

Geraldine Pearson, PhD, PMHCNS-BC, FAAN, Co-Chair
Karen Ragaisis, MSN, APRN, PMHNP-BC, PMHCNS-BC, CARN, Co-Chair

Judith Coucouvanis, MA, PMHCNS-BC
Vanessa Genung, PhD, RN, FPMH-NP, LCSWACP, LMFT, LCDC
Bev Hart, PhD, PMHNP
Barbara Johnson, PhD, RN, PMHNP
Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP
Diane Snow, PhD, RN, PMHNP-BC, CARN
Mary Weber, PhD, APRN, PMHNP-BC

Psychopharmacology Institute Abstract Reviewers

Judith Coucouvanis, MA, PMHCNS-BC
Geraldine Pearson, PhD, PMHCNS-BC, FAAN
Karen Ragaisis, MSN, APRN, PMHNP-BC, PMHCNS-BC, CARN
Diane Snow, PhD, RN, PMHNP-BC, CARN
## 2013 Psychopharmacology Institute Program • April 16-17

### Tuesday, April 16

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:30 a.m.–5:00 p.m.</td>
<td>Registration</td>
</tr>
<tr>
<td>1:00 p.m.–1:15 p.m.</td>
<td>Welcome and Announcements</td>
</tr>
<tr>
<td>1:15 p.m.–1:30 p.m.</td>
<td>Introduction to the McCabe Lectureship</td>
</tr>
<tr>
<td>1:30 p.m.–3:00 p.m.</td>
<td>Susan McCabe Lectureship</td>
</tr>
<tr>
<td></td>
<td>Where Are We With Our Prescriptive Practice?</td>
</tr>
<tr>
<td></td>
<td>Geraldine S. Pearson PhD, PMHCNS-BC, FAAN</td>
</tr>
<tr>
<td></td>
<td>Associate Professor, Director, HomeCare Program, Department of Psychiatry, School of Medicine, University of Connecticut, Farmington, CT and Editor, Perspectives in Psychiatric Care</td>
</tr>
<tr>
<td>3:00 p.m.–3:15 p.m.</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>3:15 p.m.–4:30 p.m.</td>
<td>Concurrent Session 1: Child/Adolescent</td>
</tr>
<tr>
<td></td>
<td>Straightforward on the Surface: When a Child’s Mental Disorder is Not What it Seems</td>
</tr>
<tr>
<td></td>
<td>Barbara Johnson, PhD, RN, PMHNP</td>
</tr>
<tr>
<td>4:45 p.m.–6:00 p.m.</td>
<td>Concurrent Session 4: Child/Adolescent</td>
</tr>
<tr>
<td></td>
<td>Can You Hear Me Now: Pharmacotherapy Compliance in Children and Adolescents</td>
</tr>
<tr>
<td></td>
<td>Mark Soucy, PhD, RN, PMHCNS-BC, FPMHNP-BC</td>
</tr>
<tr>
<td>6:00 p.m.</td>
<td>Free Evening to Explore San Antonio</td>
</tr>
</tbody>
</table>

### Wednesday, April 17

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 a.m.–7:00 p.m.</td>
<td>Registration</td>
</tr>
<tr>
<td>8:15 a.m.</td>
<td>Continental Breakfast</td>
</tr>
<tr>
<td>8:30 a.m.–8:45 a.m.</td>
<td>Welcome and Announcements</td>
</tr>
<tr>
<td>8:45 a.m.–10:00 a.m.</td>
<td>Plenary Session</td>
</tr>
<tr>
<td></td>
<td>Homelessness and Complex Pharmacotherapy Decision-Making</td>
</tr>
<tr>
<td></td>
<td>Mary Weber, PhD, APRN, PMHNP-BC</td>
</tr>
<tr>
<td>10:00 a.m.–10:15 a.m.</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>10:15 a.m.–11:30 a.m.</td>
<td>Concurrent Sessions</td>
</tr>
<tr>
<td></td>
<td>Concurrent Session 6: Child/Adolescent</td>
</tr>
<tr>
<td></td>
<td>To Benzo or Not: Treating Patients With a History of Substance Abuse Disorders</td>
</tr>
<tr>
<td></td>
<td>Kristen Vandenberg, DNP, FNP-BC, PMHNP-BC</td>
</tr>
<tr>
<td></td>
<td>Concurrent Session 7: Adult</td>
</tr>
<tr>
<td></td>
<td>Psychopharmacological Management of Anxiety Disorders and Co-Occurring Substance Use Disorders and Mood Disorders</td>
</tr>
<tr>
<td></td>
<td>Diane Snow, PhD, RN, PMHNP-BC, CARN</td>
</tr>
<tr>
<td></td>
<td>Concurrent Session 8: Lifespan</td>
</tr>
<tr>
<td></td>
<td>Medical Homes: The Evolving Prescribing Role of the Psychiatric Nurse Practitioner in Primary Care</td>
</tr>
<tr>
<td></td>
<td>Beth Muller, APRN, PMHCS-BC</td>
</tr>
<tr>
<td>11:30 a.m.–1:15 p.m.</td>
<td>Lunch (on your own)</td>
</tr>
<tr>
<td>11:45 a.m.–1:00 p.m.</td>
<td>Roundtable Discussions</td>
</tr>
<tr>
<td></td>
<td>Boxed lunches are available for pre-ordering. See the registration form for more information.</td>
</tr>
<tr>
<td>1:15 p.m.–2:30 p.m.</td>
<td>Concurrent Sessions</td>
</tr>
<tr>
<td></td>
<td>Concurrent Session 9: Child/Adolescent</td>
</tr>
<tr>
<td></td>
<td>Management of Complex ADHD in Children and Adolescents</td>
</tr>
<tr>
<td></td>
<td>Geraldine S. Pearson, PhD, PMHCNS-BC, FAAN</td>
</tr>
<tr>
<td>2:30 p.m.–2:45 p.m.</td>
<td>Refreshment Break</td>
</tr>
<tr>
<td>2:45 p.m.–4:00 p.m.</td>
<td>Prescribing Small Groups</td>
</tr>
<tr>
<td></td>
<td>Topics to be Announced</td>
</tr>
<tr>
<td>4:00 p.m.–5:15 p.m.</td>
<td>Closing Plenary Session</td>
</tr>
<tr>
<td></td>
<td>Management of Mood and Anxiety Disorders During Pregnancy and Postpartum</td>
</tr>
<tr>
<td></td>
<td>Janice H. Goodman, PhD, RN, PMHCNS-BC, Associate Professor, MGH Institute of Health Professions School of Nursing, Boston, MA</td>
</tr>
<tr>
<td>5:15 p.m.–5:30 p.m.</td>
<td>Closing Remarks</td>
</tr>
<tr>
<td>6:15 p.m.–7:30 p.m.</td>
<td>Annual Conference Opening Reception</td>
</tr>
<tr>
<td></td>
<td>All Psychopharmacology Institute attendees are welcome!</td>
</tr>
</tbody>
</table>
Wednesday, April 17

6:15 p.m.–7:30 p.m.
Opening Reception and Poster Session
(All Psychopharmacology Institute and Annual Conference attendees are welcome to attend.)

7:30 p.m.–9:30 p.m.
ISPN’s 15th Anniversary Celebration Dinner Program
Celebrating Our Past; Creating Our Future
(Complimentary to attendees - sign up on the registration form.)

Thursday, April 18

7:30 a.m.–5:00 p.m.
Registration

7:30 a.m.–8:30 a.m.
ISPN New Member Orientation and Breakfast

8:00 a.m.–9:00 a.m.
Continental Breakfast in the Exhibit Area

8:30 a.m.–9:45 a.m.
Welcome and Opening Keynote Address
Combat-Related PTSD: Risk, Resilience, and Recovery
Alan L. Peterson, PhD, ABPP
Professor, Department of Psychiatry, Chief, Division of Behavioral Medicine, Director, STRONG STAR Multidisciplinary PTSD Research Consortium, Deputy Chair for Military Collaboration, University of Texas Health Science Center at San Antonio, San Antonio, TX

9:45 a.m.–10:15 a.m.
Refreshment Break

10:15 a.m.–12:00 noon
Workshops

Workshop #1
Understanding the 2013 CPT Code Changes
Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC
Evelyn Parrish, PhD, APRN

Workshop #2 (AGPN)
Complementary/Alternative Medicine: Using Energy Medicine in Psychiatry
Nancy Davenport, RN, MSN, PMHCNS-BC
Ellen C. Rindner, APRN-FPMH-NP, PMHCNS-BC

Workshop #3
Edilma Yearwood, PhD, RN, PMHCNS-BC, FAAN
Pamela Galehouse, PhD, RN, PMHCNS
Vicki Hines-Martin, PhD, RN, PMHCNS, FAAN
Sara Horton-Deutsch, PhD, RN, PMHCNS
Pamela Minarik, PhD, RN, CNS
Marilyn J. Shirk, MN, RN, CNS-BC

Workshop #4 (ACAPN)
Expert Series on Child/Adolescent Diagnosis and Treatment: Anxiety
Kathleen Delaney, PhD, PMH-BC
Janice DeSocio, PhD, PMH-CNS, PMH-NP-BC
Barbara A. Heidt, MSN, PMHCNS-BC
Holly Hillburn, MS, RN, APN, PMHNP-BC*
Margaret Scharf, DNP, PMHNP/CNS-BC, FNPBC
Mark Soucy, PhD, RN, PMHCNS-BC, FPMHNP-BC

Workshop #5 (SERPN)
*From a Thought to the Podium*: Lessons for Professional Presentations
Pam Lusk, DNP, PMHNP-BC
Beverly Hart, PhD, PMHNP-BC
Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC
Pam Galehouse, PhD, RN, PMHCNS-BC
Beth Bonham, PhD, RN, PMHCNS-BC
Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC
Carol Baxter, MSN, PMHCNS-BC
Anita Dempsey, PhD, RN, MSN

12:00 noon–1:30 p.m.
Lunch Break (on your own)

1:30 p.m.–3:15 p.m.
Workshops

Workshop #3 (continued)
Together: Exploring Diversity, Equity, Inclusion, and Preventing Exclusion in Our Personal and Professional Lives: Part II
Priscilla Killian, RN, MSN, MHPNP
Vicki Hines Martin, PhD, RN, PMHCNS, FAAN
Kathleen McCoy, DNsC, APRN, PMHNP-BC, FNP-BC, FANP
Pamela A. Minarik, PhD, RN, PMHCNS-BC, FAAN
Marilyn Shirk, RN, MN, CNS-BC
Edilma Yearwood, PhD, PMHCNS-BC, FAAN

Workshop #6
Writing for Publication
Geraldine S. Pearson, PhD, PMHCNS-BC, FAAN
Kathleen R. Delaney, PhD, PMHNP-BC, FAAN
Joyce J. Fitzpatrick, PhD, MBA, RN, FAAN

Workshop #7 (AGPN)
Identifying and Treating Substance Abuse, Anxiety, and Depression in Veterans of Operation Enduring Freedom (OEF) and Operation Iraqi Freedom (OIF) When Their Primary Complaint is Pain
Keitha Beamer, RN, MSN, PMHCNS-BC, CARN-AP
Nancy Wiedemer, CRNP*
Identifying and Treating Substance Use Disorders and Dual Diagnosis in the Veteran Population
Keitha Beamer, RN, MSN, PMHCNS-BC, CARN-AP

Substance Abuse Cessation for Veterans Coping with Mental Illness
Bridgette Vest, GNP, PMHNP(c), DNP(c)
Josephine DeMarce, PhD*
Catherine Kane, PhD, RN, FAAN*

Workshop #8 (ISPCLN)
Standing Like Tree, Moving Like Water—The Use of 4-Postures of Tai Chi Program to Promote Fitness Participation Among Individuals with SPMI
Zibin Guo, PhD
Miriam Zwitser, PhD, RN

1:00 p.m.–1:50 p.m.
Concurrent Sessions

Concurrent Session 1.1 (ACAPN/SERPN)
The Unique Clinical Specialty of Child and Adolescent Psychiatric Mental Health Nursing
Elizabeth Bonham, PhD, RN, PMHCNS-BC

Concurrent Session 2.1 (ACAPN/SERPN)
Pioneering the Psychiatric Nurse Role in Treatment Foster Care
Julie Bertram, RN, MSN, PMHCNS-BC
J. Curtis McMillen, PhD*
Sarah Narendorf, LCSW, PhD

2:00 p.m.–2:50 p.m.
Concurrent Sessions

Concurrent Session 1.2 (ACAPN/SERPN)
Bridging the Gap: Is Brief, Manualized Cognitive Behavioral Therapy the Bridge We Need Between Evidence and Practice for Anxious Children?
Monique Sawyer, BSN, RN

Concurrent Session 2.2 (ACAPN/SERPN)
Promoting Wellness with Severe and Persistently Mentally Ill Clients in the Group
Home Setting
Miriam Zwitser, PhD, RN
Jenny Denver, PhD, MSW*
Sara McCain Hall, MS

2:50 p.m.–3:45 p.m.
Refreshment Break

3:45 p.m.–5:15 p.m.
iSPN Business Meeting
Chair: Victoria Soltis-Jarrett, PhD, PMHCNS/ NP-BC
President

5:30 p.m.–6:30 p.m.
iSPCLN Division Meeting

6:30 p.m.–9:30 p.m.
iSPN Foundation Reception
(Complimentary to attendees - sign up on the registration form.)

* Co-author not presenting at the Conference.
### Concurrent Sessions

**Concurrent Session 3.1 (SERPN)**
Addition of Mental Health First Aid (MHFA) Certification in an Undergraduate Psychiatric Nursing Course
- Kristen Vandenburg, DNP, PMHNP-BC, FNP-BC

**Concurrent Session 3.2 (SERPN)**
Innovative Collaborative Educational Experience: Entry to Practice Nursing Students Attaining Competency in Assessment and Treatment of Withdrawal and Medical Complications from Alcohol, Opiates, and Tobacco Use
- Judith Nolen, MS, RN, BC
- Ruth E. Carlson, MSN, RN

**Concurrent Session 3.3 (SERPN)**
Dancing With the Changes: Advocating for and Transitioning Our Advanced Practice Psychiatric Nursing Workforce
- Sarah Horton-Deutsch, PhD, PMHCNS, RN
- Rene Love, DNP, APRN-BC
- Victoria Soltis-Janett, PhD, PMHCNS/NP-BC
- Debbie Thomas, EdD, APRN, PMHCNS-BC
- Wendy Umberger, PhD, PMHCNS-BC

**Concurrent Session 3.4 (ISPCLN)**
Running with the Big Dogs: Consultation-Liaison Nursing in a Large Academic Medical Center
- Candace Mix, MSN, PMHCNS-BC

**Concurrent Session 3.5 (SERPN)**
Neuroimaging of Neurocircuity in Post-Traumatic Stress Disorder (PTSD)
- Vanessa Genung, PhD, RN, PMHNP-BC, LCSW-ACP, LMFT, LCDC
- Brenda Epperson, RN, BSN, PMHNP
- Ellagene Cruz, RN, PMHNP-BC

**Concurrent Session 4.1 (SERPN)**
What Advance Practice Nurses Need to Know About Families Coping With Autism
- Heidi Lutz, PhD, RN
- Jean M. Klein, PhD, PMHCNS-BC
- Barbara J. Patterson, PhD, RN

**Concurrent Session 4.2 (SERPN/ISPCLN)**
Partnering with Consumers: Evaluation of the Focus for Life Program
- Rebecca Bonugli, PhD, APRN, PMHCNS
- Anna Gray, MEd*
- Janet Paleo*

**Concurrent Session 4.3 (SERPN)**
Factors Associated With Dysphoric Symptoms Expressed by Women Family Members of Adults With Serious Mental Illness
- Lacjane Zauszniewski, PhD, RN-BC, FAAN
- Abir K. Bekhet, PhD, RN, HSMI*

**Concurrent Session 4.4 (SERPN)**
DSM 5 and Advanced Practice Psychiatric-Mental Health Nursing
- Mary McClay, MSN
- Judith Coucouvanis, MA, PMHCNS-BC
- Sara L. Horton-Deutsch, PhD, RN, PMHCNS
- Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-Prep
- Diane Snow, PhD, PMHNP-BC, CARN
- Mary Weber, PhD, APRN, PMHNP-BC

**Concurrent Session 4.5 (SERPN)**
Using Movie Clips to Enhance Psychiatric Nursing Students’ Planning of Care
- Kathleen Scharer, PhD, RN, PMHCNS-BC, FAAN

**Concurrent Session 5.1 (SERPN)**
The Leahy Method: Helping Patients and Students Through an Innovative Integration of Instruction and Counseling
- Meghan Leahy, MS, NCC
- Roberta Waite, EdD, APRN, CNS-BC, FAAN

**Concurrent Sessions**
- **10:50 a.m.–11:40 a.m.**
- **10:00 a.m.–10:50 a.m.**
- **11:40 a.m.–1:10 p.m.**
- **2:20 p.m.–3:10 p.m.**

### Plenary Session
- **11:45 a.m.–1:10 p.m.**
- **1:10 p.m.–2:10 p.m.**
- **2:20 p.m.–3:10 p.m.**
Concurrent Session 5.2 (SERPN)
The Times They Are A-Changin’: Shaping the Future of Psychotherapy Education for Psychiatric Advanced Practice Nursing
Candice Knight, PhD, EdD, APN, PMHCNS/NP-BC

We Are Here to Take YOU There—Catch the Fever: A PMH-NP Mentoring Model
Vanessa Genung, PhD, RN, PMH-NP-BC, LCSW-ACP, LMFT, LCDC

Concurrent Session 5.3 (ACAPN/SERPN)
Advanced Practice Nursing and Telepsychiatry: Improving Access to Care in One of the Largest State Correctional Systems Via Telepsychiatry and Electronic Health Records
Vashti Jude Forbes-De La Cruz, PMHNP, FNP-BC

The Effectiveness of a Peer Mentoring, Case Management Program for Mental Health Clients Admitted to the Emergency Room
Bonnie Raingruber, RN, PhD

Concurrent Session 5.4 (ISPCLN)
Scattered Brains: The Addicted Brain and Mental Illness
Debbie Burton, MSN, ARNP-BC

Concurrent Session 5.5 (SERPN)
Sharing Our Skills: Sharing the Wealth to Improve Client Outcomes
Jean Klein, PhD, PMHCNS-BC

Caring Science Self-Care Development for Society’s Safe-Keepers: An Integrative Evidence-Based Approach
Joseph Giovannoni, MA MS APRN-Rx, PMHCNS-BC

3:10 p.m.–3:40 p.m.
Refreshment Break
Exhibits and Poster Session

3:40 p.m.–4:30 p.m.
Concurrent Sessions

Concurrent Session 6.1 (SERPN/AGPN)
Systematic Review of Recovery Outcomes with Peer-Delivered Mental Health Services Research
Caroline McKinnon, PhD(c), PMHCNS-BC
Gareth Fenley, MSW, CPS

Support Groups and the LGBT Sexual Orientations—Together or Separate? The Consumer Perspective
Laura Hein, PhD, RN, APRN

Concurrent Session 6.2 (AGPN)
Learned Resourcefulness, Danger in Intimate Partner Relationships, and Mental Health Symptoms of Depression and PTSD
Kerry Peterson, DNP, PMHNP, PMHCNS

Concurrent Session 6.3 (SERPN)
Narrative Nursing: An Introduction to Therapeutic Communication for Family PMHNP Students
Rebecca Schroeder, DNP, MPH, PMHNP-BC

Riding on the Coattails of Evidence-Based Practice: Using CBT, Simulation Lab, and Distance Linked Curriculum to Empower Basic Proficiency in Short-Term Therapies for the PMHNP Student
Kathleen McCoy, DNSc, APRN, PMHNP-BC, PMHCNS-BC, FNP-BC, FAANP
Pamela Lusk, DNP, PMHNP-BC

Concurrent Session 6.4 (ISPCLN)
A Diagnostic Conundrum: Anti-NMDAR Encephalitis-Implications for PCLN’s
Susan Krupnick, MSN, PMHCNS-BC, ANP-BC, C-PREP

Nurses Involvement in Integrated Primary Mental Health Care
Karen Robinson, PhD, PMHCNS-BC, FAAN
Linda Chaftetz, DNSc, RN
Kathleen R. Delaney, PhD, PMH-NP, FAAN

4:40 p.m.–5:30 p.m.
Concurrent Sessions

Concurrent Session 7.1 (SERPN)
Alternatives for Treatment for Depression: Transcranial Magnetic Stimulation (TMS)
Elizabeth Martin, MA, ARNP-BC

Concurrent Session 7.2 (ACAPN/SERPN)
An Evidence-Based Approach for Treatment of Substance Use and Mental Health in College Health
Maggie Johnson, FNP-BC, DNP

Implementation of Self-Injury Awareness Day (SIAD) by Undergraduate Nursing Students on a College Campus
Kristen Vandenburg, DNP, PMHNP-BC, FNP-BC

Concurrent Session 7.3 (AGPN)
Issues of Reward and Older Adult Substance Use
Marsha Snyder, PhD, APRN-BC

Using Photo-Elicitation to Give Voice to Persons With Dementia
Lynn Shell, MSN

Concurrent Session 7.4 (ISPCLN/ACAPN)
Preventing Restraint and Seclusion: Policy Implementation in a Locale
Kelly Carlson, PhD(c)

Seclusion and Restraint Reduction: Maintaining System Control and Improvement within a Child Psychiatric Unit
Adam Hill, MSN, RN-BC, CPN

Concurrent Session 7.5 (SERPN/ACAPN)
Resilience: Nurturing the Nurse Within
Kim Bissett, MSN, MBA, RN

Self-Care Support in Children and Young People’s Mental Health
Steven Pryjmachuk, BA(Hons), MSc, PGDipEd, PhD, RN, RNT, CPsychol

5:40 p.m.–6:40 p.m.
Division Meetings:
ACAPN
AGPN

*Co-Author not presenting at the Conference.
Saturday, April 20

**7:30 a.m.**
Continental Breakfast

**8:00 a.m.–1:00 p.m.**
Registration

**8:00 a.m.–9:00 a.m.**
Diversity Award Plenary Session

*Women, Social Disconnection, and Depression Over the Life Course*
Emily J. Hauenstein, PhD, LCP, RN, FAAN
Professor and Associate Dean for Research,
University of Rochester

![Emily J. Hauenstein, PhD, LCP, RN, FAAN](image)

School of Nursing, Rochester, NY

**9:00 a.m.–10:00 a.m.**
Refreshment Break

**9:00 a.m.–10:00 a.m.**
SERPN Division Meeting

**10:00 a.m.–10:50 a.m.**
Concurrent Sessions

**Concurrent Session 8.1 (SERPN/AGPN)**
Interventions for Grandmothers: Resourcefulness Versus Biofeedback
*Jaclene Zauszniewski, PhD, RN-BC, FAAN*
*Tsay-yi Amy Au, PhD, RN*
*Carol M Musil, PhD, RN, FAAN*

**Concurrent Session 8.2 (ACAPN/AGPN)**
Measurable Results: Reducing Staff Injuries on a Specialty Psychiatric Unit for Patients With Developmental Disabilities
*Adam Hill, MSN, RN-BC, CPN*
*Nancy Daraiseh, PhD*

**Concurrent Session 8.3 (SERPN/ISPCLN)**
Helping BSN Students Prepare for the First Clinical Day in Psych, With Simulation
*Jean Klein, PhD, PMHCNS-BC*
*Dawn E. Ferry, MSN*
*Brenda Kucirka, MSN, PMHCNS-BC*

Active Learning and the Best Practices of Integrating Teaching and Research in Undergraduate Mental Health Education: How Can You Keep a Large Class Engaged in a Three-Hour Class?
*Abir Bekhet, PhD, RN, HSMI*

**Concurrent Session 8.4 (SERPN)**
Interprofessional Education and Practice Competency Development in Community Psychiatry: Building a Program from the Ground Up
*Mark Soucy, PhD, APRN-BC*
*Maureen Rubin, PhD*
*Gail B. Williams, PhD, APRN-BC*

A Nursing-Focused Perspective to Discharge Planning and Medication Adherence Management for Patients with Schizophrenia
*Linda Bleecker, MSN, ARNP*

**Concurrent Session 8.5 (ACAPN/SERPN)**
College Students Living With High Threshold ADHD Symptoms
*Roberta Waite, EdD, APRN, CNS-BC, FAAN*
*Aditi Patel, BS, MPH*

**Concurrent Session 9.1 (ISPCLN/AGPN)**
Undiagnosed Depression and/or Anxiety in Patients With Chronic Disease States
*Marian Newton, PhD, MN, PMHNP*

The Lived Experience of Female Doctor Shoppers
*Julie Worley, MS, FNP-BC, PMHNP-BC*

**Concurrent Session 9.2 (AGPN/SERPN)**
When Medication Fails: Managing Treatment Failures in Depression, Bipolar Disorders, and Axis II Disorders
*Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC*

**Concurrent Session 9.3 (SERPN)**
“ROUND ROBINS”: Innovative Group Supervision Using Timed “Round Robin” Cases for Case Formulation and Clinical Decision-Making with Clients Across the Lifespan
*Debbie Thomas, EdD, PMHCNS-BC, APRN*

Teaching in the Midst of Learning: Nursing Students Mentoring At-Risk Teens
*Judith Jarosinski, PhD, RN, CNE*
*Carol Heinrich, PhD, APRN, CNE*

**Concurrent Session 9.4 (ACAPN/AGPN)**
It Barks and Has a Wet Nose, But is it a Therapy Dog?
*Carol Baxter, MSN, PMHCNS-BC*

**Concurrent Session 9.5 (ACAPN/AGPN)**
Attitudes Toward Homosexuality Among Nursing Educators
*Theodora Sirota, PhD, RN, CNL, PMHCNS-BC*

*Co-Author not presenting at the Conference.*

**11:50 a.m.**
Conference Ends

**1:00 p.m.–5:00 p.m.**
Board of Directors Meeting
Poster Sessions

**Poster #1** (SERPN)
Empowering College Students with ADHD to Acquire Accommodations and Advocacy Skills
Meghan Leahy, MS, NCC
Roberta Waite, EdD, APRN, CNS-BC, FAAN

**Poster #2** (ACAPN)
Integration of Mental Health Care Screening and Assessment into the Pediatric Primary Care Clinic
Sina Linman, MSN, ARNP, CPNP, PMHCS

**Poster #3** (ACAPN)
High School Students’ Cellular Phone Addiction and Its Relation to Their Mental Health and Impulsive Behavior
Sejin Ju

**Poster #4** (ISPCLN)
Supporting Nurses Coping with Caregiver Stress: Moral Distress and Unit Empowerment
Lynnda Zibell Milisap, MS, RN, PMHCNS-BC

**Poster #5** (SERPN)
Influencing Factors on Perceived Stress and Mental Health of Korean Army Soldiers
Yang-Sook Hah, PhD, PMHNPC, RN
Sunyoung Kim, MSN, RN*

**Poster #6** (ISPCLN)
The Relationship Between Quality of Sleep and Depression in Hospital Nurses
Mary Gunther, PhD, RN
Kenneth Phillips, PhD, RN*
Kathleen Thompson, PhD, RN*

**Poster #7** (SERPN)
Left-handedness and Peer Relationships of Perpetrators Who Sexually Abuse Children
Sandra Thomas, PhD, RN, FAAN
Joan Hubard, BSN
Kenneth Phillips, PhD, RN
Chenaa Shenandoah, BSN

**Poster #8** (SERPN)
Harm Reduction and Motivational Interviewing Techniques in a Tobacco Use Intervention
Margaret Rafferty, DNP, RN, MPH, PMHCNS-BC
Candy Dato, PhD, RN
Kevin McGirr, RN, MS, MPH

**Poster #9** (AGPN)
Sleep Disturbances Related to Adverse Childhood Experiences Among Adults Who Have Committed Sex Offenses Against a Child
Kenneth Phillips, PhD, RN
Jill Lancaster*
Linda Mefford, PhD, RN*
Elizabeth Shieh, BSN, RN
Sandra P. Thomas, PhD, RN, FAAN*

**Poster #10** (SERPN)
Patients’ Preferences for Benefit and Risk Outcomes and Formulation in Schizophrenia Treatments: A Conjoint Analysis Study
Bennett Levitan, MD, PhD
Larry Alphee, MD*
John F.P. Bridges, PhD*
Leslie Lucien Citrome, MD, MPH, FAPA*
F. Reed Johnson, PhD*
Michael Markowitz, MD, PhD*
Ateesha Farah Mohamed, MA*

**Poster #11** (ISPCLN)
“IT’s Only 30 Minutes”: Empowering Clinical Support Staff Through Nurturing and Education
Carol Sorrentino, MSN, PMHCNS

**Poster #12** (ISPCLN)
Healing Touch Interventions With Pulmonary Compromised Patients Requiring Mechanical Ventilation: A Pilot Study
Elaine Youngman, MS, RN, PMHCNS-BC

**Poster #13** (ISPCLN)
Healthcare Utilization Findings Important For Nurses Caring For Patients With Schizophrenia: Poor Early Drug Adherence Negatively Affects Long-Term Patient Outcomes
Donna Zubek, BSN
Jay Lin, PhD, MBA*
Dario Mirski, MD*
Steve Offord, PhD*
Bruce Wong, MD*

**Poster #14** (ISPCLN)
Healthcare Outcomes of Patients With Schizophrenia Initiating Long-Acting Injectable vs. Oral Antipsychotics: Important Implications for Mental Health Nurses
Donna Zubek, BSN
Ross A. Baker, PhD, MBA*
Jay Lin, PhD, MBA*
Dario Mirski, MD*
Steve Offord, PhD*
Bruce Wong, MD*

**Poster #15** (ISPCLN)
Risk Factor Analysis of Aggression Towards Mental Health Workers
Marilyn Ridenour, BSN, MBA, MPH
Scott Hendricks, MS*

**Poster #16** (SERPN)
Perceptions of Depression in Young Adult African-American Males
Fabienne Williams, MS, APN, PMHCNS-BC
Kay M. Sackett, EdD, RN

**Poster #17** (SERPN)
Descriptions and Correlates of Salivary Cotinine in Persons with Schizophrenia Spectrum Disorders (SSDs)
Lora Beebe, PhD, PMHNP-BC
Carla Renee Diebold

**Poster #18** (SERPN)
The Effect of One Therapy Dog Interaction on First Year College Student Anxiety, Mood, Blood Pressure, and Pulse: A Randomized Controlled Pilot Study
Lauren Fedorchak
Kendra Jones
Joan Riley, MS, FNP-BC, FAAN

**Poster #19** (ISPCLN)
Findings of the ISPN DNP Task Force
Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC
Bobbie Pasmontier, PhD, CNM, PMHNP
Marian Newton, PhD, PMHNP
Dorit Breiter, DNP, PMHNP
Jeanne Cartier, PhD, PMHCS
Sattaria. S. Dils, DNP, PMHCNS
Catherine Kane, PhD, RN, FAAN
Judith Fry McCrinish, PhD, RN
Susan McCrhone, PhD, PMHCS
Noreen Esposito, EdD, PMHMP

Graduate Student Posters

**Poster #20**
Mixed Methods Research on Sexual Victimization
Dawn Bounds, MSN, PMHNP-BC
Susan Breitenstein, PhD, PMHCNS-BC

**Poster #21**
Recognition of Depression in Older Gay Males with Co-Morbid Medical Conditions in Primary Care: A Review of the Literature
Paul M. Myers, MSN, RN
Cynthia Taylor Handrup, DNP, APN, PMHCNS-BC
Judie Heinschel, PhD, PNMNP-BC
Marsha Snyder, PhD, PMHCNS-BC
**Poster Session**

**Poster #22**  
Applied Family Systems and Cybernetics  
*Melissa Fleener, MSN, RN-C  
Vanessa Genung, PhD, RN, PMH-NP-BC*

**Poster #23**  
Post-Traumatic Stress Disorder (PTSD)—Advances in Neuroimaging: Implications for Military With Combat Exposure and Persons Experiencing Disasters  
*Brenda Epperson, RN, BSN  
Ellaene Cruz, RN, MSN, PMHNP  
Vanessa Genung, PhD, RN, PMH-NP-BC*

**Poster #24**  
Designing a PMH-NP Owner-Operated Business Practice: A Roles Course Group Project  
*Vanessa Genung, PhD, RN, PMH-NP-BC  
Melissa Fleener, MSN, RN-C  
Margit Gerardi, PhD, RN, WHNP  
Bryan Kirk, RN, BSN*

**Poster #25**  
Family Conflict and Symbolic Interactionism: A Family Case Study  
*Margit Gerardi, PhD, RN, WHNP  
Vanessa Genung, PhD, RN, PMH-NP-BC*

**Poster #26**  
Family Case Study: Family Mental Health Promotion  
*Thomas R. Yarber, MS, RN, FNP-BC, PMHCNS-BC, APRN  
Vanessa Genung, PhD, RN, PMH-NP-BC*

**Poster #27**  
Implementation of Motivational Interviewing With Primary Care Providers for Patient Education  
*Candace J. Bishop, DNP(c), FNP-BC*

---

Photos courtesy of the San Antonio Convention & Visitors Bureau

Mission San Jose  
Riverwalk  
The Alamo
REGISTRATION FORM

6th Annual Psychopharmacology Institute and 15th Annual Conference International Society of Psychiatric-Mental Health Nurses (ISPN) April 16-20 • Hyatt Regency Hill Country Resort & Spa, San Antonio, Texas, USA

Please complete all items on this registration form – type or print legibly. The deadline for pre-registration is April 3. After that date, plan to register at the conference site. Keep one copy of this completed form for your records. Save money by registering prior to March 18!

Choose to register one of three ways:

1. ONLINE: Register online at www.ispn-psych.org (click under Conferences). Online registration will be available in January.

2. FAX: Send your registration form with payment to +1-608-443-2474 or +1-608-443-2478.

3. MAIL: Post your registration form with payment to the ISPN Registrar, 2424 American Lane, Madison, WI 53704, USA.

Additional Instructions

• Complete one form per registrant.
• Registration by telephone will not be accepted.
• Payment must accompany each registration form. International registrants must submit payment in U.S. dollars, drawn on a U.S. bank.
• The deadline for inclusion in the Attendee Directory (distributed on site) is March 18.
• Registration Confirmation: If you do not receive a confirmation by e-mail within three weeks of registering, please contact the ISPN Office at info@ispn-psych.org or +1-608-443-2463 to verify that your registration form has been received.
• Cancellation Policy: Any Conference registration cancellation must be made in writing directly to the ISPN. If received before April 3, 2013, ISPN will apply a $50 administrative fee and refund the remainder after the meeting. After April 3, 2013, no refund will be given. Walk-ins and replacements are always welcome.

Contact Information (please type or print clearly)

First Name ________________________________
Last Name ________________________________
Credentials ________________________________
Job Title ________________________________
Affiliation ________________________________
Mailing Address ________________________________
City ________________________________
State/Province ________________________________
Zip/Postal Code/Country ________________________________
This address is: ☐ Home ☐ Company/Affiliation
Daytime Telephone Number ________________________________
Fax Number ________________________________
E-mail Address _____________________________________________
(Please provide an e-mail address in order to receive confirmation of registration. Please print clearly!)
Registration Fees

ISPN Psychopharmacology Institute
Tuesday, April 16 and Wednesday, April 17

- Member: $275 USD
- Non-Member: $325 USD
- Student+: $125 USD
  + Include a copy of your student ID as proof of your student status.

ISPN Annual Conference
Wednesday, April 17 – Saturday, April 20

- Member: $445 USD
- Non-Member: $595 USD
- Joining ISPN with the Conference*: $570 USD
  + Include a copy of your student ID as proof of your student status.

*Only available to those individuals who have never belonged to ISPN.

If you were a past member and would like to rejoin, please call the ISPN membership department at +1-608-443-2463.

Joining ISPN with the Conference* ($50 credit)

- Annual Conference Lead Presenter – Concurrent Session/Workshop Leader ($50 credit)
  Session Number: ________
  (must register for the entire Annual Conference to receive the discount)

Annual Conference Lead Poster Presenter ($25 credit)
Poster Number: ________
(must register for the entire Annual Conference to receive the discount)

Registration Discounts

Check any that may be applicable to your registration fee:

- If you attend both the Psychopharmacology Institute and the Annual Conference, you will receive a $50 discount off your registration fee.

- Psychopharmacology Institute Lead Presenter – Concurrent Session ($50 credit)
  Concurrent Session Number: ________

- Annual Conference Lead Presenter – Concurrent Session/Workshop Leader ($50 credit)
  Session Number: ________
  (must register for the entire Annual Conference to receive the discount)

- Annual Conference Lead Poster Presenter ($25 credit)
  Poster Number: ________
  (must register for the entire Annual Conference to receive the discount)

Payment

ISPN's Federal Tax ID#: 36-2905672.

Membership Renewal: $________ USD
Psychopharmacology Institute Registration Total: $________ USD
Annual Conference Registration Total: $________ USD
Foundation Event: $________ USD
Boxed Lunch (April 17 only): $________ USD

Subtotal: $________ USD

Presenter Discount (if applicable): $________ USD
Registration Fee Discount (if attending both the Psychopharmacology Institute and Annual Conference): $________ USD

Grand Total: $________ USD

(please include this amount with your registration form)

ISPN Foundation Event

Reception and Silent Auction at Hyatt Regency Hill Country Resort and Spa: $75 per person
Thursday, April 18: 6:30 p.m.–9:30 p.m.

Number of participants ______ X $75 each = Total $________

Please indicate if you will be attending either of the two events below by checking the appropriate boxes.

ISPN Celebration Events (RSVP)

Wednesday, April 17, 2013
7:30 p.m.–9:30 p.m.

ISPCLN Division Sponsored Luncheon: A Celebration of 50 Years of PCLN Practice, Education and Research: Celebrating Our Past and Current Practice, While Creating Our Future
- Yes, I will be attending.
- No, I am unable to attend.

Friday, April 19, 2013
11:45 a.m.–1:10 p.m.

Nursing Contact Hours

- Yes, I would like to receive nursing contact hours.
  State Licensed In: __________________________
  License Number (required):__________________
- No, I do not wish to receive nursing contact hours.

Boxed Lunches/Psychopharmacology Institute

Boxed lunches will be available based on pre-orders (not available on-site) for Wednesday, April 17 (Psychopharmacology Institute). If you are going to participate in the Roundtable Discussions plan on ordering a boxed lunch.

Wednesday, April 17 (Psychopharmacology Institute)
Number of Lunches ______ X $39 = Total $________

ISPN
2424 American Lane
Madison, WI 53704 USA
Fax: +1-608-443-2478 or +1-608-443-2474

For more information, call or e-mail:
Telephone: 1-866-330-7227 or +1-608-443-2463
Email: conferences@ispn-psych.org
Website: http://www.ispn-psych.org

Payment

Check one and enclose payment. Registration forms not including the proper registration fee will be returned immediately. Please do not send cash.

- Check (made payable in U.S. funds to ISPN)
- MasterCard/Visa/American Express
  Card Number: __________________________
  Expiration Date: ________________________
  Card Holder Name (please print clearly): ______________________
  Card Holder Signature: ______________________

Please complete both sides of this registration form and mail or fax it with your payment (no purchase orders please) to:

ISPN
2424 American Lane
Madison, WI 53704 USA
Fax: +1-608-443-2478 or +1-608-443-2474

For more information, call or e-mail:
Telephone: 1-866-330-7227 or +1-608-443-2463
Email: conferences@ispn-psych.org
Website: http://www.ispn-psych.org
NAME:
First                        Middle                        Last                        Credentials

Title:  _______________________________________________________________________________________________

Institution:  __________________________________________________________________________________________

Mailing Address:  _____________________________________________________________________________________
_____________________________________________________________________________________
City                                          State/Province                        Zip/Postal Code                   Country (if other than USA)

Preferred Mailing Address:  □ Institution  □ Home

Daytime Phone: _______________________________________   Fax: _______________________________________

Email:  ______________________________________________________________________________________________

Are you an ANA member?  □ Yes   □ No       If YES, ANA membership number:  ________________________________

Do you have prescriptive authority in your state?  □ Yes   □ No

ANCC certification as:  □ Adult PMHNP   □ Family PMHNP   □ Adult PMHCNS   □ Child PMHCNS

My Research Interest is:  ________________________________________________________________________________
____________________________________________________________________________________________________
____________________________________________________________________________________________________
____________________________________________________________________________________________________

My Clinical Interest is:  _________________________________________________________________________________
____________________________________________________________________________________________________
____________________________________________________________________________________________________
____________________________________________________________________________________________________

I am interested in participating in the following committees: (optional)

□ Awards Committee  □ Legislative Council
□ Bylaws Committee   □ Marketing and Development Committee
□ Conference Committee  □ Membership Committee
□ Diversity & Equity Committee  □ Practice Council
□ Education Council  □ Research Council
□ Finance Committee  □ Website Management Committee
ISPN Divisions

Membership in one division is included in your membership fee. You can join additional divisions for a fee. Please check the divisions you would like to join along with the Journal you would like to receive.

☐ ACAPN: Association of Child and Adolescent Psychiatric Nurses
  ☑ JCAPN: Journal of Child and Adolescent Psychiatric Nursing

☐ AGPN: Adult and Geropsychiatric-Mental Health Nurses
  ☑ PPC: Perspectives in Psychiatric Care

☐ ISPCLN: International Society of Psychiatric Consultation Liaison Nurses
  ☐ APN: Archives of Psychiatric Nursing
  ☐ JCAPN: Journal of Child and Adolescent Psychiatric Nursing
  ☑ PPC: Perspectives in Psychiatric Care

☐ SERPN: Society of Education and Research in Psychiatric-Mental Health Nursing
  ☑ APN: Archives of Psychiatric Nursing

Membership Fees

☐ $125 Full Member
☐ $125 International Member (High and Upper Income Nation)
☐ $60 Student Member*
☐ $25 Associate Student Member*
☐ $60 Retired Member
☐ $60 Military Member
☐ $60 International Member (Lower Income Nation)

*Students must provide verification of student status (copy of ID, class schedule, etc.).

Additional Division Fees

1 Division: ☐ $0
2 Divisions: ☐ $55 Full, International (High, Upper) Member
  ☐ $30 Student, Associate Student, Retired, Military, International (Lower) Member
3 Divisions: ☐ $110 Full, International (High, Upper) Member
  ☐ $60 Student, Associate Student, Retired, Military, International (Lower) Member
4 Divisions: ☐ $165 Full, International (High, Upper) Member
  ☐ $90 Student, Associate Student, Retired, Military, International (Lower) Member

Donations

I would like to make a tax-deductible contribution to ISPN Foundation:
☐ $25 ☐ $50 ☐ $100 ☐ other: $_______

Fees Due

Membership Fee $___________
Contribution to ISPN Foundation $___________
Total Amount Due $___________

Payment Options

☐ Check (payable to ISPN; US Funds only)
☐ Mastercard/Visa/American Express

CC# ____________________________ Expiration Date: _______________
Name on Card: _______________________________________________________
Signature: ___________________________________________________________