2008 Psychopharmacology Institute and Tenth Annual Conference of the ISPN

Meeting the Challenge: Domestic and International Populations in Crisis

April 8-12, 2008

Louisville, Kentucky

Louisville Marriott Downtown Hotel

2008 Preliminary Program
Introduction
Welcome to the 2008 Annual Education Conference sponsored by the International Society of Psychiatric-Mental Health Nurses! The content has been chosen with you in mind, and to highlight how many of you are making a difference through your work. This conference, entitled “Meeting the Challenge: Domestic and International Populations in Crisis” centers on the needs of clients across the lifespan, the delivery of therapy, psychopharmacology, consultation-liaison strategies, education in psychiatric-mental health nursing, research and multicultural issues from around the world. You’ll have an opportunity to network with your colleagues, celebrate the best of advanced practice nursing, recognize colleagues for their outstanding work this past year, and hear more about the activities of the organization on your behalf.

ISPN is maintaining its focus on the following goals: to ensure the provision of safe, appropriate, quality care to individuals and families with mental health problems; to advocate for a legislative agenda that shapes health care policy favorably related to mental health issues; to foster and enhance research and scholarship in psychiatric-mental health nursing in order to grow the science and evidence base for our practice; to promote relevant educational preparation for the practice of psychiatric-mental health nursing; and to develop partnerships that strengthen the delivery of mental health care around the globe. When we meet these goals, with your help, we meet the mission of ISPN to unite and strengthen the voice and the presence of specialty advanced practice psychiatric-mental health nursing. There is no better way to meet these ambitious goals than to attend this conference and participate actively in all the opportunities available to you while you’re here.

But ISPN conferences are also fun! We’ve planned an entertaining event on Thursday evening to benefit the research and scholarship fund of the ISPN Foundation. On Friday evening, you can explore on your own, enjoying all the city has to offer. Louisville is home to fabulous entertainment and attractions from the story of the Kentucky Bourbon Trail to the “secret recipe” that turned Colonel Harland Sanders into a global franchise. We know that you’ll want to plan time for being together with your colleagues during your stay in Louisville!

Enjoy!!
Karen Ragaisis, MSN, APRN-BC, CARN, PMHNP
Conference Chair
Edilma Yearwood, PhD, APRN-BC, FAAN
Conference Co-Chair

Conferences Committee
Chair: Karen Ragaisis, MSN, APRN-BC, CARN, PMHNP
Co-Chair: Edilma Yearwood, PhD, APRN-BC, FAAN
Candy Dato, PhD, RN, CS
Jean M. Klein, DNSc, APRN-BC
Sandra Nelson, PhD, RN, CS
Karen Peterson, MS, APRN-BC
Lois Gonzalez, PhD, ARNP

Abstract Reviewers:
Pat Barry, PhD, APRN
Anne L. Bateman, EdD, PMHAPRN
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Pamela Galehouse, PhD, APRN-BC
Carla J. Groh, PhD, RN
Cynthia T. Handrup, MSN, RN
Lyons Hardy, BA, BSN, RN
Jane Neese, PhD, APRN-BC
Sandra Nelson, PhD, RN, CS
Kathleen O’Connell, PhD, RN
Terese M. Olszewski, MSN, APRN-BC
Jana Saunders, PhD, RN, CS
Marilyn Shirk, MN, RN, CNS
Vaughn Sinclair, PhD, MSN, RN, CS
Noreen Thompson, MSN, RN, CS, ARNP
Jaclene Zauszniewski, PhD, RNC

ISPN Divisions
ACAPN: Association of Child and Adolescent Psychiatric Nurses
AGPN: Adult and Geropsychiatric-Mental Health Nurses
ISPCLN: International Society of Psychiatric Consultation Liaison Nurses
SERPN: Society of Education and Research in Psychiatric-Mental Health Nursing

Who Should Attend
• All professional nurses who practice, teach, conduct research or study in the specialty of psychiatric-mental health nursing.
• All professional nurses who by practice, advocacy or research, dedicate their time to assisting patients and families dealing with mental illness.

Conference Objectives
• Describe current practice initiatives, including pharmacological and non-pharmacological approaches to treatment, that reflect state-of-the-art evidence-based clinical practice in psychiatric nursing, with populations across the lifespan and across the health-illness continuum.
• Present current research in psychiatric-mental health nursing.
• Discuss educational initiatives that address key issues or strategies for increasing the knowledge and skills of all nurses and nursing students relative to psychiatric-mental health nursing.
• Utilize the conference forum as a method for discussion of key issues in psychiatric-mental health nursing, health care policy, advocacy, global health, international collaboration, and mental health initiatives for people of all ages.
• Provide opportunities for professional development, networking, mentoring and collaboration.

Registration
There are two ways to register for the ISPN Psychopharmacology Institute and Tenth Annual Conference:

FAX
Complete the registration form on pages 9-10 and fax it to the ISPN Office at +1-608-443-2474 or +1-608-443-2478 along with your credit card information.

MAIL
Mail the registration form along with a check made out to the ISPN, (or include your credit card information) for the appropriate fee.

The Annual Conference registration fee includes:
• Two and a half days of conference activities
• The Conference Binder, containing information on each presentation
• Networking opportunities with advanced-practice nurses in psychiatric and mental health nursing
• Entrance to the exhibit hall of vendors servicing the needs of the psychiatric and mental health nursing community
• Admission to the Welcome Reception and Awards Brunch
• Continental breakfast and refreshment breaks each day of the conference
• A special sponsored luncheon on Thursday, April 10
• A Conference Directory, which includes a listing of all pre-registered attendees and invited speakers

Register prior to March 12 and save $50!

Scenic Photos courtesy of the Greater Louisville Convention & Visitors Bureau. Cover photo by Dan Dry.
Nursing Contact Hours
Contact hours have been applied for through the Wisconsin Nurses Continuing Education Approval Program Committee. Contact hours are complimentary with your registration fee. Please note on your registration form if you are interested in receiving contact hours for attending the Annual Conference.

Post-Conference Workshops
Several choices of post-conference workshops are available on Saturday, April 12 at an additional fee of $100. Each workshop runs concurrently.

Post-Conference Workshop #1
Saturday, April 12, 2008
1:30 p.m.-5:00 p.m. – $100
Community-Based Participatory Research in Action
Karen M. Robinson, DNS, APRN-BC, FAAN, Beth Bonham, PhD, APRN-BC, Vicki Hines-Martin, PhD, RN, BC, Kay T. Roberts, EdD, RNC, FNP, FAAN, and Celeste Shawler, PhD, RN, CS

Post-Conference Workshop #2
Saturday, April 12, 2008
1:30 p.m.-5:00 p.m. – $100
Pharmacologic Considerations in Crisis and Restraint
Tiesha D. Johnson, BSN, RN

Post-Conference Workshop #3
Saturday, April 12, 2008
1:30 p.m.-5:00 p.m. – $100
Taking Charge from the Inside Out: Changing the Neural Pathways of Painful Emotions and Toxic Stress Patterns
Patricia Barry, PhD, MSN, CS

Poster Presentations
Posters will be available for viewing in the exhibit area throughout the conference. Authors will be present at their posters during the opening reception on Wednesday evening and during the morning refreshment breaks on Thursday, April 10 and Friday, April 11.

Hotel Accommodations
The Psychopharmacology Institute and Annual Conference will be headquartered at the Louisville Marriott Downtown Hotel. The hotel is located within walking distance of many downtown attractions including the Waterfront Park, Louisville Slugger Museum, Louisville Glassworks, and the new Muhammad Ali Center and just minutes from Churchill Downs, home of the Kentucky Derby.

Room amenities include the following:
- Coffee maker/tea service
- Iron and ironing board
- Luxurious bedding – down comforters, custom duvets, cotton-rich linens
- Pillows – down, feather or foam
- CD player
- Cable TV, movies/videos on demand
- Hair dryer
- High speed internet service at $9.95 per day (wired in the sleeping rooms, wireless in the public areas)
- Work desk
- Two-line phone and voicemail
- Indoor pool, hot tub and whirlpool

Check-in is 3:00 p.m.; check-out is 11:00 a.m.
Parking fees are $17 daily and $21 for valet parking.

Secure your reservation at the Louisville Marriott Downtown Hotel by calling +1-502-627-5045. The sleeping room rate is $145 single or double (does not include taxes of 15.01%). Please refer to the ISPN Annual Conference in order to be eligible for the discounted rate. Please make your reservations prior to March 12, 2008 to ensure receipt of the conference rate. The hotel is rated with four diamonds by the American Automobile Association (AAA).

Visit the following website to secure your hotel reservations online:
http://cwp.marriott.com/sdflm/ispn/

Air Travel
Plan your airline arrangements to Louisville early! To make a flight reservation or request a quote, contact Burkhalter Travel at 1-800-556-9286 (press 0 and ask for the Corporate Department) from 8:30 a.m.-5:00 p.m. (CST) Monday through Friday (+1-608-833-9339). Please reference the ISPN Annual Conference when making your reservations. Fare restrictions and cancellation penalties may apply to your travel. Be sure to have the agent advise you of any applicable restrictions. Burkhalter Travel will book your travel on the air carrier offering the greatest discount.

Ground Transportation
Ground transportation is available from the Louisville International Airport to the Louisville Marriott Downtown Hotel for $10 one-way or $20 round trip. The Louisville Marriott Downtown Hotel is located approximately eight miles from the Louisville International Airport. You can make your ground transportation reservations by calling +1-502-366-2628 or by visiting the website for Sandollar Limousine at www.sandollarlimo.com and clicking on Airport Shuttle. Please be sure to let them know you are with the ISPN Annual Conference by placing the conference name in the additional comments section of the website.

Thunder Over Louisville, is an event in Louisville that begins on Saturday afternoon, April 12, with an air show. If you are flying out on Saturday afternoon, please leave a little extra time in your schedule to travel to the airport. Plan to schedule your flight departure early in the afternoon, if possible.

The flat rate for taxi service from the airport to downtown is $16 one-way.

Car Rental
Rental cars are available at a discounted rate through Avis Car Rental. To reserve a vehicle, please contact AVIS at 1-800-331-1600 or through the web at www.avis.com and reference ISPN’s discount number of J995169.

ISPN Foundation Event
Join the ISPN Foundation for dinner and networking on the Spirit of Jefferson riverboat. The event will start at 6:30 p.m. with transportation from the Louisville Marriott Downtown Hotel to the Spirit of Jefferson. The event is scheduled from 7:00 p.m.-9:00 p.m. and you will spend the evening cruising down the Ohio River. The cruise includes dinner (drinks are extra), DJ service, dancing, and an observation deck. The cost for this evening is $50 per person. Register on the form included on page 10 and plan to spend an enjoyable evening with friends and colleagues! On-site registration will not be available – be sure to register in advance!

Louisville (say it either Loo-uh-vul or Looney-ville), Kentucky
Major attractions in Louisville include the Muhammad Ali Center (www.alicenter.org), Churchill Downs (www.churchildowns.com), the Kentucky Derby Museum (www.derbymuseum.org), Six Flags Kentucky (www.sixflags.com), the Louisville Slugger Museum and Factory (www.sluggermuseum.org), and the Belle of Louisville (www.belleoflouisville.org) just to name a few! Check out Thunder Over Louisville which begins with a fireworks show the evening of Saturday, April 12 – www.thunderoverlouisville.org.

Contact the Louisville and Jefferson County Convention and Visitors Bureau, at 1-800-626-5646 or +1-502-384-2121 or online at www.gotolouisville.com to obtain a visitor guide and more information about everything that Louisville has to offer!
First Annual ISPN Psychopharmacology Institute

Who Should Attend

- Advance practice nurses who prescribe psychopharmacologic agents in their clinical practice.
- Advance practice nurses who are educating nurses about psychopharmacology in their nursing programs.

Purpose

The first annual International Society of Psychiatric-Mental Health Nurses (ISPN) Psychopharmacology Institute (IPI) is being launched at the ISPN 10th Annual Conference due to the overwhelming feedback that we have received over the last few years from both members and Conference participants. The ISPN leadership has listened to what you want and need to enhance your knowledge and to make the learning opportunity easy to use. We have deliberately planned the IPI as part of the ISPN Annual Conference because we heard from members that taking off additional time to address learning needs for psychopharmacology practice was becoming a challenge both from a time utilization aspect and also a financial aspect.

We have designed a program that addresses practitioners that care for patients across the life span and also in various clinical practice settings. Therefore, there are breakout sessions that will be addressing prescribing issues related to children, adolescents, adults, and geriatric patients. Additionally, the sessions will address patients that are in acute care, emergency care, long term care, and in medical psychiatry and psychiatric consultation practices. This has been an incredible journey for the planning team and we hope that you, the consumer of ISPN education programs in the past and as ISPN members, know that we are listening and have heard you.

We are looking forward to your active participation in this program and have developed a "prescribing consultation forum" at the end of the IPI. Bring with you a particularly challenging clinical or case that you would like to discuss with our clinical experts on the panel. We will be exploring those particular cases and expect a robust audience participation.

We hope to see you at the First Annual ISPN Psychopharmacology Institute in Louisville, Kentucky on April 8-9, 2008!

Melinda M. Morissette, PMH-NP, CS
Co-Director
Susan Krupnick, MSN, APRN-BC, CARN
Co-Director

Program Objectives

This course has been designed so that the participants will be able to:

- Describe new and comprehensive knowledge regarding the psychopharmacologic treatment of major psychiatric and substance abuse disorders across the life span; which will include antidepressants, antipsychotics, mood stabilizers, stimulants and addiction pharmacology.
- Discuss new and comprehensive knowledge related to augmentation and focused combination therapy, side effect assessment and management, and strategies to address tolerability and compliance.
- Explore new and comprehensive knowledge associated with the integration of psychopharmacology prescribing into clinical practice.
- Discuss potential liability issues that can arise from the use of psychotropic medications.

Institute Planning Committee

Susan Krupnick, MSN, APRN-BC, CARN
Co-Director
Melinda M. Morissette, PMH-NP, CS
Co-Director
Judy Coucouvanis, MA, APRN-BC
Geraldine S. Pearson, PhD, APRN-BC
Diane Snow, PhD, APRN-BC
Mary T. Weber, PhD, APRN-BC, PMHNP

2008 ISPN Psychopharmacology Institute and Tenth Annual Conference

Tuesday, April 8, 2008

12:00 noon-5:00 p.m.
Registration

1:00 p.m.-1:25 p.m.
Welcome and Introductions
Geraldine S. Pearson, PhD, APRN-BC
Assistant Professor, University of Connecticut School of Medicine and Director, HomeCare Program, Farmington, CT
Susan Krupnick, MSN, APRN-BC, CARN
Psychiatric Clinical Nurse Specialist/Adult Nurse Practitioner, Addictions Consultant, Emergency Department, Massachusetts General Hospital, Boston, MA
Melinda M. Morissette, PMH-NP, CS
Psychiatric Clinical Leader, Penobscot Community Health Center, Bangor, ME

1:25 p.m.-2:45 p.m.
General Session
Legal and Liability Aspects of Prescribing Psychopharmacologic Agents
Louise Inman, JD, MSN, BSN, ADN
Nurse Service Administrator, Kentucky Department of Juvenile Justice, Louisville, KY

2:45 p.m.-3:15 p.m.
Refreshment Break

3:15 p.m.-4:45 p.m.
Breakout Sessions

Breakout Session #1
Treating Dementia and Delirium: Efficacy and Safety Issues
Lisa Cyr Buchanan, MS, APRN-BC, CCRN
Director, Family & Community Nurse Practitioner Program, Husson College, Bangor, ME

Breakout Session #2
Metabolic Syndrome
Mary T. Weber, PhD, APRN-BC, PMHNP
Assistant Professor, Psychiatric Nurse Practitioner, Psychiatric Nurse Practitioner Program, University of Texas at Arlington School of Nursing, Arlington, TX

Breakout Session #3
Mood Dysregulation in Children and Adolescents
Beth Muller, MSN, RN
Psychiatric Nurse Specialist, University of Connecticut Health Center, Farmington, CT

4:50 p.m.-6:00 p.m.
General Session
Management of Opioid Addiction: Focus on Buprenorphine (Suboxone) Screening, Identifying, Brief Intervention and Treatment
Tara Haskins, MSN, RN, GNP/PMHNP
Treatment Advocate, Reckitt-Benckiser Healthcare, Southlake, TX

Sponsored by Reckitt-Benckiser Healthcare
### PRELIMINARY PROGRAM

**ISPN Tenth Annual Conference**

**Wednesday, April 9, 2008**
- **8:00 a.m.-9:30 a.m.** Welcome and Opening Keynote Address
  - Nations in Crisis: Detainee Mental Health Care in a Theatre Internment Facility
  - Lieutenant Colonel Tracey Linegar Taylor, MSN, ARNP
- **10:30 a.m.-11:00 a.m.** Refreshment Break
- **11:00 a.m.-12:30 p.m.** Breakout Sessions
  - **Breakout Session #7** Advances in Neurobiology and Neurotransmitters
    - Diane M. Snow, PhD, APRN-BC, PMHNP, CARN
    - Clinical Professor and Director, Psychiatric Mental Health Nurse Practitioner Program, Co-Director, Center for Psychopharmacology Education and Research, University of Texas at Arlington School of Nursing, Arlington, and Psychiatric Mental Health Nurse Practitioner, UT Southwestern Medical Center, Bipolar Research Program, Dallas, TX
  - **Breakout Session #8** Treating Children and Adolescents with ADHD
    - Patti Varley, MN, CS, ARNP
    - Psychiatric Nurse Practitioner, CHRMC, Seattle, WA
  - **Breakout Session #9** Neuropsychiatric Treatment of Infectious Diseases: HIV/AIDS, Lyme, and Hepatitis
    - Robert C. Bransfield, MD, DFAPA, PC
    - Private Practice in Psychiatry and Associate Director of Psychiatry and the Chair of Quality Assurance, Riverview Medical Center, Red Bank, NJ
- **12:30 p.m.-1:50 p.m.** Lunch Break (on your own)

**Thursday, April 10, 2008**
- **7:00 a.m.-4:00 p.m.** Registration
- **7:00 a.m.-8:00 a.m.** Continental Breakfast
- **7:00 a.m.-4:00 p.m.** Exhibits and Poster Session
- **7:30 a.m.-8:00 a.m.** New Member Orientation

**Concurrent Session 1.1** Community Involvement and Mental Health Research: Unique Importance within Minority Communities
- Roberta Waite, EdD, MS, RN, CN, and Priscilla Killian, MSN, RN, PNP

**Concurrent Session 1.2** Unlocking the Link Between Intimate Partner Violence and Teen Pregnancy: Safely and Competently
- MaryLou Mylant, PhD, RN, PMHNP, CTS

**Concurrent Session 1.3** Predictors of Crisis, Inpatient, and Residential Service Use Among African-Americans and Whites with Severe Mental Illness
- Michelle DeCoux Hampton, PhD, MS, RN, Linda Chaftez, DNSc, RN, and Mary Castle White, PhD, MPH, RN, FAAN

**Concurrent Session 1.4** Teaching Psychmental Health Nursing Through Interpreters
- Evelyn Labun, DNSc, RN

**Concurrent Session 1.5** Mental Disorders and Distress of Older Adults in Assisted Living: Emerging Roles for Psychiatric-Mental Health Nurses
- Marianne Smith, PhD, ARNP, BC
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>11:00 a.m.-11:50 a.m.</td>
<td>Concurrent Sessions (2.1-2.5)</td>
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<tr>
<td><strong>Concurrent Session 2.1</strong></td>
<td>The Role of a Web-based Portfolio in a Psychiatric-Mental Health Doctor of Nursing Practice Program</td>
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<td>The Psychiatric Consultation-Liaison Nursing Staff Satisfaction Survey</td>
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<td>Child and Adolescent Advanced Practice Survey: Report of Findings</td>
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<td>12:00 noon-1:45 p.m.</td>
<td>Lunch &amp; Lecture</td>
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<tr>
<td><strong>Concurrent Session 2.4</strong></td>
<td>PERx: Prescribing Evidence-based Therapies: A Web-based Pharmaceutical Practice Program for Advanced Practice Nurse Prescribers</td>
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<tr>
<td><strong>Concurrent Session 2.5</strong></td>
<td>Follow-up on Treatment of Depression in a Free, Rural, Primary Care Clinic: A Challenge of Adherence or Documentation?</td>
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<td>Refreshment Break</td>
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<td>4:00 p.m.-5:00 p.m.</td>
<td>Professional Issues Forum</td>
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<td>ISPCLN Division Meeting</td>
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<td>Foundation Event: Aboard the Spirit of Jefferson – see page 3 for more details.</td>
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<td>Registration</td>
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<tr>
<td>8:00 a.m.-9:30 a.m.</td>
<td>Melva Jo Hendrix Lectureship and Awards Ceremony</td>
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<tr>
<td>8:30 a.m.-9:30 a.m.</td>
<td>The Balance of Interpersonal Relations in Nursing and Medicine</td>
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<td>9:00 a.m.-11:00 a.m.</td>
<td>Poster Session</td>
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<td>Concurrent Sessions (4.1-4.5)</td>
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<tr>
<td><strong>Concurrent Session 4.1</strong></td>
<td>Innovative Methods and a State Partnership Used to Establish Advanced Practice Nurses in Child and Adolescent Mental Health</td>
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<tr>
<td><strong>Concurrent Session 4.2</strong></td>
<td>Predictors of Resourcefulness in Women Family Members of Seriously Mentally Ill Adults</td>
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<td><strong>Concurrent Session 4.3</strong></td>
<td>AAN Psychiatric-Mental Health Competency Task Force: A Report</td>
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<tr>
<td>11:50 a.m.-1:30 p.m.</td>
<td>Lunch (on your own)</td>
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<td>1:30 p.m.-2:20 p.m.</td>
<td>Concurrent Sessions (5.1-5.5)</td>
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<tr>
<td><strong>Concurrent Session 5.1</strong></td>
<td>Embracing New Pedagogical Strategies and the Use of Technology in Advanced Practice Psychiatric-Mental Health Nursing Education</td>
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<tr>
<td><strong>Concurrent Session 5.2</strong></td>
<td>The Use of Cognitive Behavioral Therapy in Medical Settings</td>
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<td><strong>Concurrent Session 5.3</strong></td>
<td>Management of Somatization: Practical Strategies for the APRN in Psychiatric-Mental Health Nursing</td>
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<tr>
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<td>Choices in Recovery - Relapse Awareness and Prevention Strategies</td>
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Concurrent Session 5.5
Social Support to Mothers of Mentally Ill Children: A Comparison of Two Delivery Methods
Kathleen Scharer, PhD, APRN-BC, FAAN, Eileen J. Colon, PhD(c), RN, Jim Hussey, PhD, and Linda Moneyham, DNS, RN, FAAN

2:30 p.m.-3:20 p.m.
Concurrent Sessions (6.1-6.5)

Concurrent Session 6.1
A Model for Providing Psychiatric-Mental Health Treatment in Primary Health Care Settings
Deena A. Nardi, PhD, APRN-BC, FAAN

Concurrent Session 6.2
Reduction of Seclusion and Restraint Use in Inpatient Psychiatric Facilities: Results of a Three-Year Project
Patricia B. Howard, PhD, RN, Peggy El Mallakh, PhD, RN, Paula Travis, EdD, RN, and Karen Henderson, MBA

Concurrent Session 6.3
Exit Role Theory and Marital Discord Following Extended Military Deployment
Lucille C. Gambardella, PhD, RN, CS, APRN-BC, CNE

Concurrent Session 6.4
Psychiatric-Mental Health Nursing from a Global Perspective: Comparing and Contrasting Two Delivery Systems
Carla J. Groh, PhD, APRN-BC and Johanna Bernhardsdottir, MS

Concurrent Session 6.5
Neuroscience: A Relationship-based Framework for Psychiatric Nursing Practice
Kathleen Wheeler, PhD, APRN-BC

3:20 p.m.-4:00 p.m.
Refreshment Break

4:00 p.m.-4:50 p.m.
Concurrent Sessions (7.2-7.5)

Concurrent Session 7.2
Lesbian, Gay, Bisexual, and Transgender Adolescents: Homelessness, Violence, and Resilience
Laura C. Hein, PhD, RN, NP-C, CEN

Concurrent Session 7.3
Selective Interventions for Autism: Strength of the Evidence
Judith A. Coucouvanis, MA, APRN-BC

Concurrent Session 7.4
Cortisol Levels and Symptoms of Psychopathology in Russian and American College Students
Laura S. Rodgers, PhD, APRN-BC, David Becker, MD, PhD, Linda Tennison, PhD, and Klarisa Ivanovna Vorobjeva, PhD

Concurrent Session 7.5
Pharmacological Implications for the Treatment of Depression During Pregnancy and Lactation
Sharon A. Mudd, MS, APRN-BC

5:00 p.m.-6:00 p.m.
ACAPN Division Meeting
AGPN Division Meeting

6:00 p.m.
Evening Activities (on your own)

Saturday, April 12, 2008
8:00 a.m.-2:00 p.m.
Registration

8:00 a.m.-9:00 a.m.
Continental Breakfast

8:00 a.m.-9:00 a.m.
SERPN Division Meeting

9:00 a.m.-9:50 a.m.
Plenary Session

Global Perspectives on Mental Health
Jean Yan, PhD, RN
Chief Scientist, Nursing and Midwifery, World Health Organization, Geneva, Switzerland

10:00 a.m.-10:50 a.m.
Concurrent Sessions (8.1-8.5)

Concurrent Session 8.1
Marital Satisfaction, Marital Function, and Depressive Symptoms in Married Individuals
Clementine V. Hinsperger-Rice, PhD, MSN, BSN, BA

Concurrent Session 8.2
Wearing Two Hats: A Psychiatric-Mental Health Nurse Practitioner’s Integration of Energy Healing into the Care of Youth Who Are Severely Emotionally Disturbed (SED)
Ellen C. Rindner, PhD, APRN-BC

Concurrent Session 8.3
“Are You Nervous?” Differentiating Essential Tremor from Anxiety
Susan Y. Stevens, DSN, APRN-BC

Concurrent Session 8.4
Treatment of Behavioral and Neuropsychiatric Disturbances in Advanced Dementia
Karan Kverno, PhD, CRNP-PMH

Concurrent Session 8.5
Online Innovative DNP Program
Sarah L. Mynatt, EdD, PMH-APRN-BC and Patricia D. Cunningham, DNSc, FNP, PMH-APRN-BC

11:00 a.m.-12:00 noon
Closing Endnote
Omega 3 Fatty Acids in the Treatment of Psychiatric Disorders
Carl F. Washburn, Jr., NMD, MD
Director, Psychosomatic Medicine Fellowship, Hartford Hospital, The Institute of Living, Hartford and Clinical Instructor, Department of Psychiatry, University of Connecticut School of Medicine, Farmington, and Clinical Adjunct Associate Professor, Physician Assistant Program, Quinnipiac University, Hamden, CT

1:00 p.m.-5:00 p.m.
ISPN Board of Directors Meeting

1:30 p.m.-5:00 p.m.
Post-Conference Workshop #1
Community-Based Participatory Research in Action
Karen M. Robinson, DNS, APRN-BC, FAAN, Beth Bonham, PhD, APRN-BC, Vicki Hines-Martín, PhD, RN, BC, Kay T. Roberts, EdD, RNC, FNP, FAAN, and Celeste Shawler, PhD, RN, CS

1:30 p.m.-5:00 p.m.
Post-Conference Workshop #2
Pharmacologic Considerations in Crisis and Restraint
Tiesha D. Johnson, BSN, RN

1:30 p.m.-5:00 p.m.
Post-Conference Workshop #3
Taking Charge from the Inside Out: Changing the Neural Pathways of Painful Emotions and Toxic Stress Patterns
Patricia Barry, PhD, MSN, CS
2008 ISPN Psychopharmacology Institute and Tenth Annual Conference

ISPN Tenth Annual Conference

Poster Session

Wednesday, April 9, 2008
6:30 p.m.-8:00 p.m.
Thursday, April 10, 2008
7:00 a.m.-4:00 p.m.
Friday, April 11, 2008
9:00 a.m.-11:00 a.m.

Poster #1
Elimination Disorders in Children: Guidelines for Psychiatric Nursing Practice
Lyons T. Hardy, BA, BSN, RN

Poster #2
An Evidence-based Practice Initiative: The Integral Role of Pain Assessment in Clinical Practice
Lari L. Kiple, BSN, RN, Reyna Bouchard-Klip, RN, CMHN, CARN, Jane S. Mahoney, DSN, APRN-BC, and Patty Smith-Hart, MSN, RN, PMHN

Poster #3
Prime MD Findings in a Vulnerable Population
Karen M. Robinson, DNS, APRN-BC, FAAN

Poster #4
Sleep Disturbance, Depressive Symptoms, and Chronic Illness in the Decade Prior to Menopause
Pamela A. Minarik, PhD(c), MS, APRN-BC, FAAN and Kathryn A. Lee, PhD, RN

Poster #5
Exercise and Mood: An Evidence-based Practice Initiative
Laura L. McKenna, MBA, MHA, BSN, Jane Mahoney, DSN, APRN-BC, Brandi Powell, MS, RD, LD, and Greg Roussett, BSN, RN

Poster #6
Using Simulation for Evaluation of Nursing Competencies in Psychiatric-Mental Health Nursing
Carol Cutler, PhD, APRN-PMH

Poster #7
Caregiver Perceptions and Needs Regarding Symptom Attenuation in Severe and Persistent Mental Illness
Susan A. Muhlbauer, PhD, APRN-BC

Poster #8
The Psych Crisis Nursing Role in the Emergency Department Family Support Team: Innovative C.A.R.E. Model as a Foundation for Family Support and Beyond
Versa E. Belton, MSN, RN,C and Marge Bailey, RN,C, BSPA

Poster #9
Perceptions of Sexuality Among Mexican-American Women with Serious Mental Illness
Rebecca J. Bonugli, PhD, APRN, CNS

Poster #10
A Creative Nursing Partnership: Developing Cancer Support Services for Immigrant Families
Mary L. Sheehan, APRN-BC

Poster #11
The Use of Movies to Enhance Learning in Psychiatric Nursing Class
John M. Rowe, PhD, RN and Lois Angelo, MSN, APRN-BC

Poster #12
Conscious Sedation: Implications for Practice in Psychiatric Nursing
Elizabeth Krch-Cole, MSN, RN, APN and Priscilla Lynch, MS, RN

Poster #13
Assessment of the Level of Depression Among Cancer Patients Taking Treatment in B.P. Koirala Memorial Cancer Hospital in Nepal
Sami Larna, MSc

Poster #14
Collaborative Research: Lateral Violence in Nursing
Karen M. Stanley, MS, APRN-BC, Mary M. Martin, DNS, ARNP, Lynne S. Nemeth, PhD, RN, Yvonne Michel, PhD, and John M. Welton, PhD, RN

Poster #15
A Plan to Develop an Infrastructure to Support Assessment of Nursing Sensitive Outcomes
Nancy Diagon, MA, APRN-BC

Poster #16
Project Design for Evidence-based Care of Patients Experiencing Delirium and Agitation
Lynnda L. Zibell Milsap, MSN, RN, APRN-BC

Poster #17
A Study of Psychological Distance in the Nurse-Patient Relationship
Fujika Katsuki, PhD

Poster #18
Implementing the Children of Divorce Intervention Program (CODIP) in a Community Setting
Jamie C. Lee, DNP, MSN, APRN-BC

Poster #19
Involving Parents/Caregivers as Partners During Child and Adolescent Inpatient Treatment
Kathleen R. Delaney, PhD, APRN-BC, Barbara Leazzo, RN, and Priscilla Lynch, MS, RN

Poster #20
Taming the Demon of Guilt
Priscilla Lynch, MS, RN and Elizabeth Krch-Cole, MS, RN

Poster #21
Evidence: Maintenance Therapy Major Depressive Disorder
Sarah L. Mynatt, EdD, MS, APN-PMH, BC

Poster #22
Hoarding Behavior in Anxiety Disorders
Frieda G. Vandegaer, APRN-BC

Poster #25
Bridging the Mental Health Treatment Gap: A Distance Program for Nurse Practitioners
Jana A. Sobczak, PhD, APRN-BC and Lisa Casier, APRN-BC, NPP

Poster #27
Surgical Patients’ Perceptions of the Positive Effects of a “Prepare for Surgery/Heal Faster” Workshop on Feelings of Anxiety and Stress-Related Symptoms
Judith Ann Moran-Peters, DNSc, RN, CNA, BC

Poster #28
Educating Mental Health Professionals About Community Organizations That Meet the Education and Support Needs of Families with a Mentally Ill Member
Deborah L. May, DNS

Poster #29
Mind Body Approaches for Women with Fertility Issues
Diane DeCillis Johnston, MS, APRN-BC, PNP

Poster #30
Improved Patient Outcomes with Alternative to Seclusion and Restraint
Afshin Maymandi, MSN, APRN-BC, CS, CNIII and Eileen Spahl, MEEd, BSN, RN,C

Poster #31
Evaluation of an Educational Program: Effect on Nursing Practice Related to Restraints in Child and Adolescent Psychiatric Settings
Tiesha D. Johnson, BSN, RN, Jack Holden, PhD, Brian Leidy, PhD, and Michael Nunno, DSW

Poster #32
Psychometric Testing of the Children’s Resourcefulness Scale
Jaclene A. Zauszniewski, PhD, RN-BC, FAAN, Abir K. Bekhet, PhD, RN, and Elizabeth Bonham, PhD, APRN-BC

Questions:

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Madison, WI 53718-7961 USA
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For more information, call or e-mail:
Telephone: 1-866-330-7227 (US) or +1-608-443-2463
E-mail: conferences@ispn-psych.org
Website: http://www.ispn-psych.org
REGISTRATION FORM

Psychopharmacology Institute and 10th Annual Conference of the International Society of Psychiatric-Mental Health Nurses (ISPN)
April 8-12, 2008 • Louisville Marriott Downtown Hotel • Louisville, Kentucky

Please complete all items on this registration form - type or print legibly. The deadline for pre-registration is March 24, 2008. After that date, plan to register at the conference site. Keep one copy of this completed form for your records. Save money by registering prior to March 12, 2008! All fees are quoted in U.S. funds.

Choose to register one of two ways:

1. Fax your completed registration form with credit card information to +1-608-443-2474 or +1-608-443-2478. ISPN accepts MasterCard, Visa, and American Express. Faxed registration forms without a form of payment will not be processed. If you are faxing your form, do not mail the original registration form.
2. Mail your completed registration form and payment (in U.S. funds only, drawn on a U.S. bank) to the ISPN Office (see the address on the bottom of the second page of this form).

Registration Fees

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<th>Registration Information</th>
<th>Amount Prior to March 12</th>
<th>Amount After March 12</th>
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<td>ISPN Annual Conference</td>
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<td>Joining ISPN with Conference*: $570 USD</td>
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Additional Instructions:
- Please complete one form per registrant.
- Registration by telephone will not be accepted.
- Payment must accompany each registration form. International registrants must submit payment in U.S. dollars, drawn on a U.S. bank.
- The deadline for inclusion in the Attendee Directory (distributed on-site) is March 12, 2008.

Registration Confirmation
If you do not receive a confirmation by e-mail within three weeks of registering, please call the ISPN Office at +1-608-443-2463 to verify that your registration form has been received.

Cancellation Policy: Any Annual Conference registration cancellation must be made in writing directly to ISPN. If received before March 24, 2008, ISPN will apply a $50 administrative fee and refund the remainder of your registration fee after the conference. After March 24, 2008, no refund will be given. Walk-ins and replacements are always welcome.

General Information

- Check here if you do NOT wish to be listed in the conference attendee directory.

Please provide a contact name and phone number of the nearest relative or friend in case of emergency:

Name: __________________________
Daytime Telephone Number: (_______) __________________________

- Please check if you need special assistance.
  (An ISPN staff member will contact you for more details.)

Registration Discount
If you attend both the Pharmacology Institute and the Annual Conference, you will receive a $50 discount off your registration fees. Please check below if you are attending both.

- Yes, I am attending the Psychopharmacology Institute and Annual Conference. I understand I will receive a $50 discount on my registration fee.

Nursing Contact Hours

- Yes, I would like to receive nursing contact hours.
  State Licensed In: __________________________
  License Number (required): __________________________
  
- No, I do not wish to receive nursing contact hours.

Badge Information
This is how your badge will read. Please type or print clearly (complete only those lines that are different from the “Registration Information” section).

First Name or Nickname: __________________________
Full Name: __________________________
Place of Employment: __________________________
City: __________________________
State/Province, Country: __________________________

Membership
I am a member of (check one):
- I am a current member of ISPN for 2008. (If you wish to renew your membership dues, please contact the ISPN membership department at +1-608-443-2463 or by email at membership@ispn-psych.org.)
- I am registering as a non-member.
- I would like to become a member of ISPN while registering for the Conference (if so, please include a completed membership application—available online at www.ispn-psych.org).

*Includes two free months of membership (July 1-June 30 membership year).
INTERNATIONAL SOCIETY OF PSYCHIATRIC-MENTAL HEALTH NURSES (ISPN)  
MEMBERSHIP APPLICATION

Name: ____________________________________________

Credentials: ______________________________________

Title: _____________________________________________

Institution: _________________________________________

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City: ___________________ State: _______ Zip: _______

Home Address: ______________________________________

City: ___________________ State: _______ Zip: _______

Country: __________________________________________

Preferred Mailing Address: ☐ Home  ☐ Work

Daytime Phone: (_________)

Fax: (_________)

E-mail: ___________________________________________

Referring Member: ____________________________

Are you an ANA member: ☐ Yes  ☐ No

If YES, membership #: ____________________________

☐ Student: Proof of enrollment is a copy of your current student ID card.

My Research Interest is (optional):

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As a member of ISPN you may choose to belong to one or more division(s).

Membership in one division is included in the ISPN membership fee. Please choose one division.

**ISPN Membership and One Division:**

☐ Full Membership: $125

☐ Student Member or Retired Member each: $60

Choose one division:

☐ ACAPN (Association of Child and Adolescent Psychiatric Nurses)

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☐ ISPCLN (International Society of Psychiatric Consultation Liaison Nurses)

☐ SERPN (Society of Education and Research in Psychiatric-Mental Health Nursing)

**Additional Division Membership:**

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☐ AGPN: Add ☐ $55 Full Membership  ☐ $30 Student or Retired

☐ ISPCLN: Add ☐ $55 Full Membership  ☐ $30 Student or Retired

☐ SERPN: Add ☐ $55 Full Membership  ☐ $30 Student or Retired

Subtotal Due for ISPN Membership: $ ______________________

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You are entitled to a subscription to one journal for each division you join. Check one below.

☐ Archives of Psychiatric Nursing (SERPN/ISPCLN)

☐ Journal of Child & Adolescent Psychiatric Nursing (ACAPN/ISPCLN)

☐ Perspectives in Psychiatric Care (AGPN/ISPCLN)

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I would like to make a tax deductible donation to the ISPN Foundation in the amount of: $ ______________________

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☒ Visa  ☐ Master Card  ☐ AmEx

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Louisville Trivia

- Louisville is within a day’s drive of half the nation’s population
- Louisville has the 5th busiest cargo airport in the United States
- Louisville has the 10th busiest airport in the world
- There are 386 square miles in the Louisville Metro area
- The population of Louisville metropolitan statistical area in 2000 was 1,025,598
- There are 1,300 animals at the 134-acre Louisville Zoo
- There are 220 acres of exposed, Devonian age fossil beds (located at the Falls of the Ohio State Park)
- The largest collection of Victorian homes in the United States and the 3rd largest historically preserved district in the United States is located in Old Louisville
- American Printing House for the Blind is the largest printer of Braille material in the world
- 17 tons of Kentucky limestone makes up the baseball glove inside the Louisville Slugger Museum
- 90% of the United States’ disco balls are produced in Louisville each year
- 95% of the world’s bourbon is produced in Kentucky
- There are 2,500 restaurants in Louisville
- The replica of Babe Ruth’s 34-inch Louisville Slugger bat weighs 68,000 pounds, is made of steel, stands 120 feet tall and is located at Louisville
- There are 554 roses used in the garland of roses presented to the winner of the Kentucky Derby
- 100,000 Mint Juleps are poured during the Kentucky Derby and Kentucky Oaks

For more conference information, visit the ISPN website at www.ispn-psych.org!