



INSTITUTIONAL REVIEW BOARD

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Consent for Participation in a Human Research Study

Title of research study: Piloting the UTAUT Tool with PMHNPs Using TMH

IRB #: IRB-FY2021-47

Investigator: Gwendolyn Morris

Key Information: This section is intended to provide key information to assist in your decision on whether to participate in this research study. More detailed information about the topics covered in this section is included below.

Telemental health is the use of visual and audio videoconferencing technology to hold two-way, synchronous, interactive meetings between patients and mental health care professionals. There is limited research on psychiatric mental health nurse practitioners' use of telemental health. The purpose of this research study is to pilot an instrument called the UTAUT Tool. This instrument is designed to measure psychiatric mental health nurse practitioners' acceptance of telemental health and their intention to use the technology in the future.

Your participation in this study is your choice. Participating in this anonymous, online survey will take around 5 to 10 minutes of your time. You will be answering questions about your thoughts of telemental health. There are no imminent benefits to you for filling out the survey, but you are making a contribution to nursing science. The survey questions are not on sensitive topics but there is always the possibility that you may find survey questions to cause emotional discomfort. Please only answer the questions to your comfort level. If you would prefer not to participate, do not fill out the survey.

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Part 1: About Research

What should I know about a research study?

- You can reach out to the researcher with questions about this study at any time.
- Whether or not you take part is up to you.
- You can choose not to take part.
- You can agree to take part and later change your mind.
- Your decision will not be held against you.
- You can ask all the questions you want before you decide or at any time.
- You can be assured that we are committed to best practices for safety and the well-being of all participants.

Who can I talk to?

If you have questions, concerns, or complaints, or think the research has harmed you, talk to the research team at gmorris5@villanova.edu.

This research has been reviewed and approved by an Institutional Review Board (“IRB”). You may talk to the IRB office by calling (610) 519-4228 or writing to irb@villanova.edu if:

- Your questions, concerns, or complaints are not being answered by the research team.
- You cannot reach the research team.
- You want to talk to someone besides the research team.
- You have questions about your rights as a research subject.
- You want to get information or provide input about this research.
- You feel you have been injured or harmed while participating in this research.

You may also call the EthicsPoint hotline, a third-party resource unaffiliated with Villanova, toll-free at 1-855-236-1443 if you prefer not to speak to the researcher or the IRB office.

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Part 2: About this Study

Why is this study being done?

This study involves research on the validity and reliability of the UTAUT Tool. This current study is the first step in conducting a later hypothesis-testing study concerning psychiatric mental health nurse practitioners' use of telemental health. Telemental health can increase care for underserved patient populations. Psychiatric mental health nurse practitioners account for around 20% of the mental health care workforce in the United States. However, little is known about their use of telemental health. A better understanding of psychiatric mental health nurse practitioners' acceptance and use of telemental health could ultimately benefit patients in need of mental health care.

Why am I being invited to take part in this research study?

We invite you to take part in this research study because you are an adult, meaning at least 18 years old, so you can consent to the study. You can read and write English, so you can understand and answer the survey questions. You are invited to take part in this research if you are currently licensed as a psychiatric mental health nurse practitioner and are providing care to patients in psychiatric mental health nurse practitioner role in the United States. You are not right for this study if you plan to stop practicing in your psychiatric mental health nurse practitioner role within the next 12 months.

What will I see, hear, read, or do in this study?

You will read a survey on your computer or smartphone. The survey consists of 22 statements about telemental health that you will answer on a scale showing how much you agree or disagree with the statement. There will also be one "yes/no" question and two multiple-choice questions to answer.

What happens if I say yes, I want to be in this research study?

After agreeing to the consent form, you will answer the survey. This will take around 5 to 10 minutes of your time. If you are interested, at the end of the survey you may enter your email address to be entered into a \$25 Amazon e-gift card raffle. You may enter the raffle even if you do not answer all the survey questions. You may also enter your email address if you would like information about the results of this pilot study. Your privacy will be kept by de-linking your survey results from your personal information, like your email address and your agreement to the consent form.

What happens if I say yes now, but I change my mind later?

You can leave the research at any time and it will not be held against you. You can exit the survey at any time, for any reason. You have the right to withdrawal your consent to be in this study and to request the destruction of your data by emailing the research team at gmorris5@villanova.edu. Upon withdrawal from the study, your data will be deleted and not

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used for any reason. If you ask to leave the research, you will not be entered into the prize drawing because your email address will be removed from all records. If you ask to leave the research, you will not be emailed the results of the completed data analysis because your email address will be removed from all records.

How long will the research last?

We expect that you will be in this research study for the time it takes for you to fill out the survey.

How many people will be studied?

We expect about 225 people will be involved in this research study out of the current psychiatric mental health nurse practitioner workforce of around 12,000 people.

What happens if I do not want to be in this research?

Your participation in research is completely voluntary. You can decide to participate or not to participate and can leave the study at any time.

Is there any way being in this study could harm me?

There are no known physical risks, economic risks, legal risks, or social risks in this study. The survey questions are not on sensitive topics, but there is always the possibility that you may find survey questions to cause emotional discomfort. While there are no suspected privacy / confidentiality risks, there is always a risk of a data breach. A data breach would look like your signature to the consent form or your email address, if entered in the survey, being exposed to people outside of the research team. If you share your email address in the study and the research team suspects your data to be compromised, we will send you an email to notify you of the situation. Although unanticipated, it is also possible that there are risks to you we as researchers cannot foresee.

Will being in this study help me in any way?

We cannot promise any benefits to you or others from your taking part in this research. However, a possible benefit includes the understanding that you are generating knowledge that can be applied to future research that can benefit the mental health community.

What happens to the information collected for the research?

Efforts will be made to limit the use and disclosure of your personal information, including research study records, to people who have a need to review this information. We cannot promise complete secrecy. Organizations that may inspect and copy your information include the IRB and other representatives of this organization. Your survey responses may be viewed by a statistician, but at that time your results will have been de-linked from your identifying information.

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What else do I need to know?

Identifiers may be removed from the identifiable private information you provide, and after any such removal, your information collected as part of this research will not be used or distributed for future research studies, even if we remove identifiable information.

We will provide you a copy of this form or you may print this form for your records.

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