



Psychiatric-Mental Health Nurses Joining Together for Critical Need:
Addressing Diversity, Those Affected by War, Violence, and Health Inequities Across Populations

Welcome

The ISPN Board of Directors and the Conference Committee welcome you to our 25th Annual Conference entitled, **Psychiatric-Mental Health Nurses: Joining Together for Critical Need, Addressing Diversity, Those Affected by War, Violence, and Health Inequities Across Populations**. This conference will provide an opportunity to connect in person, learn, and socialize. ISPN is a very special organization specifically for advanced psychiatric mental health nurses and students - we believe you will truly thrive in year's program content. We offer a wide range of presentations that fall into the broad categories of education/teaching pedagogy, evidence-based practice, research, psychopharmacology, and leadership in the United States and abroad. We are grateful to have world renowned speakers who are experts in various aspects of psychiatric mental health nursing and issues related to our conference. Participants in this year's conference can earn up to 32.5 hours that can be used for obtaining and maintaining certification with credentialing organizations.

In addition to the learning, we want you to get up and move in the morning, join our yoga class run by Aparna Kumar, take a bike ride or walk by the beach, come to the Relaxation Room for some aromatherapy or a hand massage or just to unwind. Consider the following opportunities:

- Pre-Meeting Workshop
- Opening Reception
- New Member and Student Breakfast
- Product Theater
- Vendors
- IMIN-ISPN Mentoring Initiative
- Foundation Event
- International Meet and Greet
- Student Event
- Regional Event

We view the Annual ISPN Conference as a time of renewal and growth, a way to initiate and strengthen professional relationships, and a forum for ideas that will advance our profession and discipline.

As we reflect on the unique opportunities available to members and guests of the International Society of Psychiatric-Mental Health Nurses' Annual Conference, we are proud to stand behind the mission of the organization: "to support advanced-practice psychiatric-mental health nurses in promoting mental health care, literacy, and policy worldwide." We encourage you to reflect on how your lifework aligns with this mission.

We are grateful to the members of the Conference Committee and the staff at The Rees Group who have contributed wonderful ideas, recruited fabulous speakers, and worked tirelessly to offer this Conference. We wish you all the best.



Susan Glodstein
2023 Program Co-Chair



Kimberly Stack
2023 Program Co-Chair

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ISPN Mission and Practices

Mission:

To support advanced-practice psychiatric-mental health nurses in promoting mental health care, literacy, and policy worldwide.

Practices:

The practices of the International Society of Psychiatric-Mental Health Nurses are to:

- Strengthen the presence and voice of advanced practice psychiatric-mental health (PMH) nurses through contributions to standards, curricula, and public policy statements that promote equitable quality mental health care for individuals, families, and communities;
- Promote advanced practice psychiatric nurses to deliver lifespan mental health care and literacy education to clients, families, and communities;
- Promote members' research and the development of scholarship through funding, presentations, and publications;
- Support members' efforts to collaborate with clients, families, communities, and national and international partners to address mental health issues;
- Provide education, leadership development, and networking for members through conferences, online resources, service opportunities, and partnerships.

General Information

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J. Kaye Knauff, DNP, RN, FNP-BC, PMHNP-BC

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Brayden Kameg, DNP, PMHNP-BC, CARN, CNE

Marian Newton, PhD, RN, CS, PMHNP, ANEF

ISPN Committees

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COMMUNICATIONS & MARKETING COMMITTEE CHAIR

Steven Pryjmachuk, PhD, PGDipEd, RN (Mental Health),
CPsychol, SFHEA

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Kimberly Stack, DNP, PMHNP-BC

DIVERSITY, EQUITY AND INCLUSION COMMITTEE

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Mia Pasini, MSN, PMHNP-Student

FINANCE COMMITTEE CHAIR

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POLICY COMMITTEE

Sally Raphel, MS, APRN, PMH, FAAN

NEWSLETTER EDITOR

Brayden Kameg, DNP, PMHNP-BC, CARN, CNE

Conference Committee

Co-Chairs:

Susan Glodstein, DNP, RN, PMHNP-BC, PMHCNS-BC

Kimberly Stack, DNP, PMHNP-BC

Omar Al Omari PhD, RN, CNS

Elizabeth A. Goldsby, PhD, MSN, RN

Meaghen Hart-Williams, MSN, APRN, FNP-C, PMHNP-BC

Karan Kverno, PhD, PMHNP-BC, PMHCNS-BC, FAANP, FAAN

Meghann Postgate, APRN, PMHNP-BC

Fatima Ramos-Marcuse, PhD, PMHNP-BC

Briana Snyder, PhD, RN, PMH-BC, CNE, RYT 200

Robi Thomas, PhD, RN, PMHNP-BC

Sharon Ward-Miller, DNP, MA, RN, PMHCNS-BC

Abstract Reviewers

Thank you to all who served as abstract reviewers for this year's program. We appreciate your involvement!

Terri Alm, MSN, PMHNP-BC

Omar Al Omari, PhD, RN, CNS

Julie Bertram, PhD, APRN, PMHCNS-BC

Elizabeth Bonham, PhD, RN, PMHCNS-BC, FAAN

Elaine Darst, PhD, APRN, PMHCNS-BC, RN

Linda Finke, RN, PhD

Pamela Galehouse, PhD, RN, CNL, PMHCNS

Jennifer Graber, EdD, APRN, PMHCNS-BC

Carla Groh, PhD, PMHNP-BC

Cynthia Handrup, DNP, APRN, PMHCNS-BC

Jean Heideman, MPP, MS, PMH-CNS-BC

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Rene Love, PhD, DNP, PMHNP-BC, FNAP, FAANP

Mary Malone, RN, BSN, MSN, MA, BTh

Kimberlee Miller-Wenning, DNP, CNP, ANP, FNP, PMHNP

Joy Odetola

Ukamaka Oruche, PhD, RN, PMHCNS-BC, FAAN

Barb Peterson, PhD, PMHCNS, APRN

Emily Sinwell, DNP, ARNP, FNP-BC, PMHNP-BC

Briana Snyder, PhD, RN, PMH-BC CNE, RYT 200

Robi Thomas, PhD, RN, PMHNP-BC

Sharon Ward-Miller, DNP, MA, RN, PMHCNS-BC

Dan Wesemann, DNP, MSW, PMHNP, APRN

Stephanie Wynn, DNP, RN-BC, PMHNP-BC, FNP-BC, FAANP, FNAP

Jaclene Zauszniewski, PhD, RN-BC, FAAN



Conference Objectives

At the end of this Conference, the participant should be able to:

- Implement two techniques or exemplars into curriculum and/or educational programs;
- Apply evidence of two psychiatric-mental healthcare research and innovations into practice;
- Evaluate two leadership and policy strategies that address health equity, reduction of health disparities, and include vulnerable populations;
- Discuss two significant trends related to the roles of psychiatric mental health nurses practice including the role of the psychiatric mental health nurse practitioner, clinical nurse specialist, and nurse psychotherapist;
- Implement one to two psychotherapy techniques in practice with your treatment population.
- Utilize two psychopharmacological/complementary and alternative medicine (CAM) evidence-based practice changes to incorporate into clinical practice that improve individual and population health, while reducing mental health disparities.

Nursing Contact Hours

This nursing continuing professional development activity has been approved by the Georgia Nurses Association, an accredited approver by the American Nurses Association Credentialing Center's Commission on Accreditation, for up to 32.5 contact hours. Contact hours are complimentary with your registration fee.

To obtain continuing education contact hours for attending the ISPN Annual Conference, please complete the attendance and evaluation forms that will be sent to you via email.

Poster Sessions

Posters will be available for viewing in the Seascope Ballroom.

Poster Session

Poster Setup Time:

Wednesday, March 29 5:30 p.m.-6:30 p.m.

Presentation Time:

Wednesday, March 29 6:30 p.m.-8:00 p.m.
(Opening Reception, Authors Present)

Poster Viewing Time:

Thursday, March 30 9:30 a.m.-4:30 p.m.
Friday, March 31 9:30 a.m.-3:30 p.m.

Poster Teardown Time:

Friday, March 31 3:30 p.m.-4:00 p.m.

ISPN will not keep any poster presentations that are not dismantled on **Friday, March 31 between 3:30 p.m.-4:00 p.m.** Please plan to retrieve your poster.

New Member and Student Breakfast

Thursday, March 30, 2023
7:30 a.m.-8:30 a.m. | Bay Room

Calling all new members and students! This is the perfect opportunity to ask questions and meet the ISPN and Foundation Boards of Directors. And to meet each other! Please join us!

ISPN Foundation Event

Be sure to join us for the **ISPN Foundation's Annual Reception and Auction** in the SOL Room starting at 6:30 p.m. and sponsored by The University of Iowa School of Nursing. This year's theme is "Decades Gone Past." There will be good food, stimulating conversation, and lots of interesting auction items for the silent and live auctions. Please plan to bring an item to donate to the auction. Items can be dropped off at the ISPN Foundation table near the Registration Desk on Wednesday, March 29.

Pre-ordered tickets will be distributed at registration, where you also can check for ticket availability.

Product Theater Luncheon

Thank you to **Otsuka** for sponsoring a product theater this year!

Thursday, March 30, 2023
12:15 p.m.-1:15 p.m. | Pacific Ballroom

Product Theater Sponsored by Otsuka America Pharmaceutical, Inc.: The Efficacy and Safety Profile of an Adjunctive Therapy for Adult Patients with Major Depressive Disorder (MDD)

Georgia Stevens, PhD, APRN, PMHCNS-BC, PAL Associates:
Partners in Aging and Long-Term Caregiving
(Lunch included)

Student Event

Friday, March 31, 2023
7:30 p.m.-9:00 p.m. | Bay Room

Bridges: The Student Journey to Advanced Practice

Calling all students! Join us to learn more about getting involved in ISPN, meet other students, and find out what ISPN can do for you!

Evaluation Form

The program evaluation survey will be sent to your email address on file. Please complete and submit your evaluation form electronically. Your comments are valuable to ISPN and assist the Conference Committee in planning future events.

Business Meeting

ISPN will hold its **Annual Business Meeting** on Friday, March 31, at 1:00 p.m. in the Pacific Ballroom. All members are encouraged to join the ISPN Board to discuss the Society's business report including the strategic plan. Please be sure to attend!

Awards

ISPN will present its **Annual Awards** on Friday, March 31, at 1:00 p.m. in the Pacific Ballroom following the Business Meeting. Please join your friends and colleagues in recognizing those who have demonstrated outstanding achievement and leadership in the psychiatric and mental health field.

Non-Endorsement of Products

The presence of commercial exhibits during the conference does not imply the endorsement by the ISPN, Georgia Nurses Association or the American Nurses Credentialing Center's Commission on Accreditation.

Thank You Foundation Donors!

Julie Bertram	Catherine Kane
Talei Cadman	Kenzie Kleven
Melody Cantrell	Karan Kverno
Diane Feldhausen	Vicki Lachman
Linda Finke	Marie Dorothea Libbey
Lana Fowler	Adrial Lobelo
Judith Fry-McComish	Rene Love
Pamela Galehouse	Sivasankari Nadarajan
Carla Groh	Marian Newton
Cynthia Handrup	Meghann Postgate
Bailey Hartgraves	Kathleen Scharer
Theresa Hessler	Steve Shefter
Vicki Hines-Martin	Marilyn Shirk
Susan Hoff	Meghan Sweeney
Sara Horton-Deutsch	Colette Tefft
Don Howe	Meg Tomlins
Kathryn Hughes	Linda Jo Volness
Barbara Johnson	Sharon Ward-Miller
Brayden Kameg	Edilma Yearwood

Exhibitors

Plan time in your schedule to visit the exhibiting companies in the Seascape Ballroom. Refreshment breaks will be held there each day.

Wednesday, March 29 6:30 p.m.-8:00 p.m. (Opening Reception)
Thursday, March 30 9:30 a.m.-4:30 p.m.
Friday, March 31 9:30 a.m.-3:30 p.m.

Abbvie

Tel: +1-847-938-8524

Website: abbvie.com

Abbvie's mission is to discover and deliver innovative medicines that solve serious health issues today and address the medical challenges of tomorrow. We strive to have a remarkable impact on people's lives across several key therapeutic areas. Please visit abbvie.com.

American Academy of Nurse Practitioners Certification Board

Tel: +1-512-637-0500

Email: certification@aanpcert.org

Website: aanpcert.org

AANPCB is an independent, non-profit certifying body whose purpose is to provide a valid and reliable program for the evaluation of individuals wishing to enter, continue, and/or advance in the NP profession through the certification process.

Booth #8

Janssen Neuroscience

Tel: +1-310-600-7414

Email: csnow3@its.jnj.com

Website: janssen.com

Dosing and administration guides, patient education brochures, medical affairs contact cards, "treatment pathways" guides, patient access guides, "improving continuity of care" guides, and care-giver support brochures.

Otsuka America Pharmaceutical, Inc.

Tel: +1-949-389-6700

Website: otsuka-us.com/form/contact-us

Otsuka America Pharmaceutical, Inc. (OAPI) is an innovative healthcare company that commercializes Otsuka-discovered and in-licensed products in the U.S., with a focus on neuroscience, nephrology, and medical devices.

Teva Pharmaceuticals

Tel: +1-816-718-1624

Website: tevausa.com

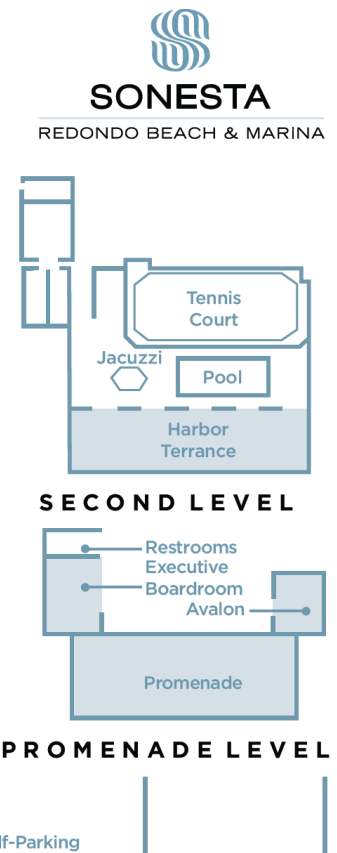
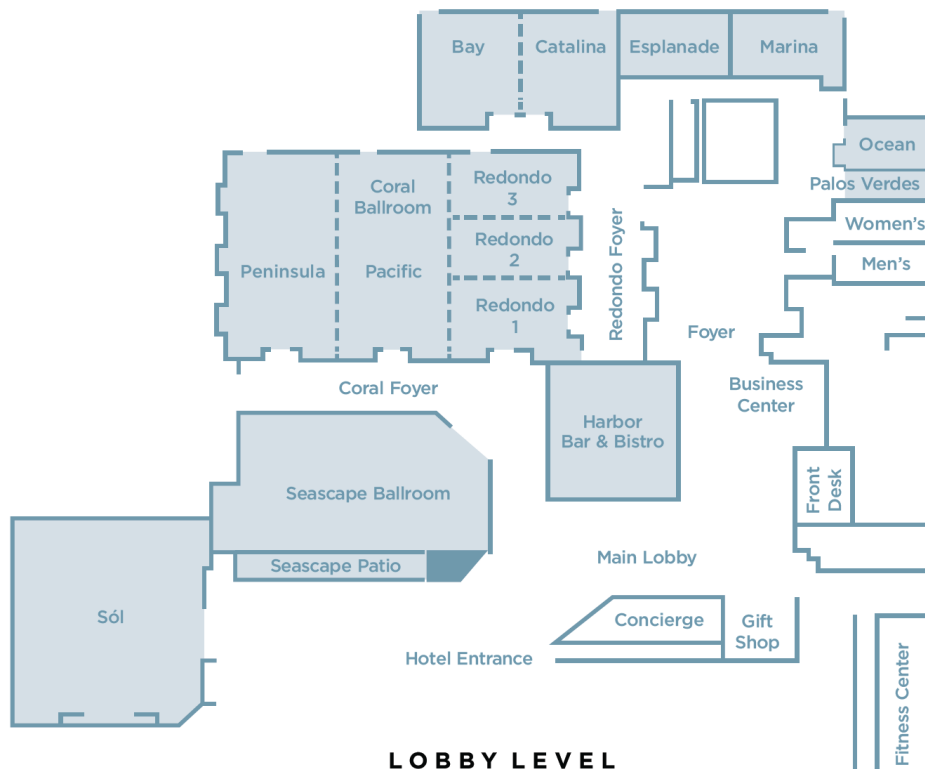
Teva has been developing and producing medicines to improve people's lives for more than a century. We are a global leader in generic and specialty medicines with a portfolio of over 35,000 products.

Booth #1

Booth #2

Booth #7

MEETING ROOM PLANS



Final Program

All session times are in Pacific Daylight Time (PDT)

Wednesday, March 29, 2023

12:00 p.m.-7:00 p.m. | Coral Foyer
Registration Open

1:00 p.m.-5:00 p.m. (available for a separate registration fee) | Redondo I

Pre-Meeting Workshop: Complex PTSD and EMDR Therapy

Kathleen Wheeler, PhD, APRN, FAAN
Fairfield University Egan School of Nursing



ISPN is offering a Pre-Meeting Workshop on Complex PTSD and EMDR Therapy. Complex PTSD is a new ICD-11 diagnosis as of 2022. EMDR Therapy is a powerful tool that can be integrated into any therapist's practice and is included in numerous national and international practice guidelines for trauma. ISPN members are offered an opportunity to sign up for the full six-day EMDR Training at a discounted price. More information along with the registration fees are available on the ISPN website (ispn-psych.org).

5:45 p.m.-6:30 p.m. | Catalina Room
ISPN Regional Leaders Meeting

6:30 p.m.-8:00 p.m. | Seascape Ballroom
Opening Reception, Exhibits, and Poster Session

Join colleagues and friends at the Opening Reception! Poster authors will be present for discussion and questions about their research.

8:00 p.m.-9:00 p.m. | President's Suite
President's Circle (Past Presidents)

Thursday, March 30, 2023

6:30 a.m.-7:30 a.m. | Esplanade
Yoga

Aparna Kumar, PhD, MPH, MSN, CRNP, PMHNP-BC, Jefferson College of Nursing

7:30 a.m.-5:00 p.m. | Coral Foyer
Registration Open

7:30 a.m.-8:30 a.m. | Bay Room
ISPN New Member and Student Breakfast

7:30 a.m.-8:30 a.m. | Catalina Room
ISPN Foundation Board of Directors Meeting

8:00 a.m.-9:00 a.m. | Coral Foyer
Continental Breakfast

Thursday, March 30, 2023 (Continued)

8:00 a.m.-5:30 p.m. | Ocean
Relaxation Room

Open to all attendees - stop in anytime for a few quiet moments to decompress.

8:30 a.m.-9:30 a.m. | Pacific Ballroom

Welcome and Opening Keynote Address: Enhancing Mental Health and Well-Being During Character-Building Times: Evidence-Based Strategies That Work

Bernadette Melnyk, PhD, RN, APRN-CNP, EBP-C, FAANP, FNAP, FAAN
Creator of COPE and Founder, COPE2Thrive, LLC



9:30 a.m.-4:30 p.m. | Seascape Ballroom
Exhibits Open

9:30 a.m.-4:30 p.m. | Seascape Ballroom
Poster Session
Posters available for viewing.

Education/Teaching Pedagogy

9:40 a.m.-10:10 a.m. | Redondo 2

Concurrent Session 1.1: Mental Health and Migrant Workers in Iowa

Emily Sinwell, DNP, ARNP, FNP-BC, PMHNP-BC, University of Iowa

Leadership Development

9:40 a.m.-10:10 a.m. | Pacific Ballroom

Concurrent Session 1.2: Leadership Development Through Dissemination

Jennifer Graber, EdD, PMHCNS-BC, University of Delaware

Psychopharmacology & CAM

9:40 a.m.-10:40 a.m. | Redondo 1

Workshop #1: Nutritional Psychiatry: An Introductory Workshop

David Agor, RN, PMHNP, University of North Carolina, Chapel Hill and Daniel Pesut, PhD, FAAN, University of Minnesota

Evidence-Based Practice & Research

10:10 a.m.-10:40 a.m. | Pacific Ballroom

Concurrent Session 1.3: Shared Traumatic Reality: An Evolutionary Model Concept Analysis

April Hutto, MSN, PMHNP-BC, FNP-BC, APRN, University of South Carolina College of Nursing

Thursday, March 30, 2023 (Continued)

Education/Teaching Pedagogy

10:10 a.m.-10:40 a.m. | Redondo 2

Concurrent Session 1.4: How to Embrace Cultural Psychiatry and Multi-Cultural Perspectives into Psychiatric Mental Health Nursing Curriculum

Cynthia P. Paidipati, PhD, APRN, PMH-NP/CNS-BC, Loyola University Chicago

10:40 a.m.-11:10 a.m. | Seascape Ballroom

Refreshment Break – Exhibits and Poster Session

Education/Teaching Pedagogy

11:10 a.m.-12:10 p.m. | Redondo 2

Concurrent Session 2.1: Increasing Diversity in Nursing

Gabriele P. Abelard, DNP, PMHNP, PMHCNS-BC, RN, University of Massachusetts Amherst College of Nursing

Psychopharmacology and CAM

11:10 a.m.-11:40 a.m. | Redondo 1

Concurrent Session 2.3: Venlafaxine-Related Galactorrhea in an Adolescent Female

Brayden Kameg, DNP, PMHNP-BC, CARN-AP, CNE, University of Pittsburgh School of Nursing and Kirstyn Kameg, DNP, PMHNP-BC, FAANP, Robert Morris University

Leadership Development

11:40 a.m.-12:10 p.m. | Redondo 1

Concurrent Session 2.4: The Emerging Role of the Dually Certified Primary Care/Psychiatric Nurse Practitioner

Teresa Judge-Ellis, DNP, ARNP, FNP-BC, PMHNP-BC, FAANP, University of Iowa and Anne Gentil-Archer, DNP, ARNP, FNP-BC, PMHNP-BC, FAANP, University of Iowa College of Nursing

12:10 p.m.-1:30 p.m.

Lunch Break (On Your Own)

12:15 p.m.-1:15 p.m. | Pacific Ballroom

Product Theater Sponsored by Otsuka America Pharmaceutical, Inc.

The Efficacy and Safety Profile of an Adjunctive Therapy for Adult Patients with Major Depressive Disorder (MDD)

(Lunch included)

Georgia Stevens, PhD, APRN, PMHCNS-BC, PAL Associates: Partners in Aging and Long-Term Caregiving



Thursday, March 30, 2023 (Continued)

1:30 p.m.-2:30 p.m. | Pacific Ballroom

Building and Sustaining ISPN Historical Archives for Education and Research

Catherine Kane, PhD, RN, FAAN, Professor Emerita, University of Virginia School of Nursing, Daniel Wesemann, DNP, PMHNP-BC, ARNP, University of Iowa, and Dominique Tobbell, PhD, University of Virginia, Eleanor Crowder Bjoring Center for Nursing Historical Inquiry

2:30 p.m.-3:00 p.m. | Bay Room

IMIN Meet and Greet

2:30 p.m.-3:00 p.m. | Seascape Ballroom

Refreshment Break – Exhibits and Poster Session

Evidence-Based Practice & Research

3:00 p.m.-4:00 p.m. | Pacific Ballroom

Concurrent Session 3.1: Advancing Health Equity for Sexual and Gender Minority Populations in Rural Communities

David Agor, RN, PMHNP, University of North Carolina, Chapel Hill

Education/Teaching Pedagogy

3:00 p.m.-3:30 p.m. | Redondo 1

Concurrent Session 3.2: Photovoice: A Critical Thinking Strategy to Increase Mental Health Stigma Awareness

Moniarae Jones, EdD, MSN, COI and Christa Moore, MSN, CNE, Samford University

Leadership Development

3:00 p.m.-4:00 p.m. | Redondo 2

Concurrent Session 3.3: Psychiatric Consultation Liaison Nurses Joining Together for Critical Need: Addressing Diversity and Healthcare Inequities Across Healthcare Settings

Elizabeth Steinmiller, MSN, PMHCNS-BC, Children's Hospital of Philadelphia, Jim J. Kane, MN, RN, CNS, NEA-BC, University of California San Diego Health, Pamela Minarik, PhD, RN, CNS, FAAN, Samuel Merritt University, Karen M. Ragaisis, DNP, PMHNP-BC, PMHCNS-BC, CARN-AP, Hartford Hospital, and David Karcher, PMHCNS-BC, NEA-BC, Cedars-Sinai Health System

4:10 p.m.-4:20 p.m. | Pacific Ballroom

Tribute to Dr. Evelyn Parrish



Thursday, March 30, 2023 (Continued)

4:20 p.m.-5:20 p.m. | Pacific Ballroom

Susan McCabe Lecture: The Brain, Gut and Immune Interconnections in Psychiatric Symptoms and Disorders

Karan Kverno, PhD, PMHNP-BC, PMHCNS-BC, FAANP, Johns Hopkins University School of Nursing
Fatima Ramos-Marcuse, PhD, NPP, PMHNP-BC, Columbia University School of Nursing



6:30 p.m.-8:30 p.m. | SOL Room
ISPN Foundation Reception

Sponsored by the University of Iowa College of Nursing
(Ticketed event)



The theme for this year's ISPN Foundation Event will be 'Decades Gone Past'. Let us celebrate the 25th year for the ISPN Annual Conference by dressing in our favorite outfits from decades past. The Foundation Event will be a great time to meet the keynote speakers in a casual environment along with supporting the ISPN Historical Archiving initiative. Catch up with old colleagues and meet new colleagues at the ISPN Foundation Event. This event is open to everyone.

A silent and live auction will take place to raise funds to support scholarships to assist graduate students and international members, research grants, endowment for the Foundation, and ISPN sponsored events. Tickets are \$100 per person, students will receive a \$50 discount.

Friday, March 31, 2023

7:00 a.m.-8:00 a.m. | Esplanade

Yoga

Aparna Kumar, PhD, MPH, MSN, CRNP, PMHNP-BC, Jefferson College of Nursing

8:00 a.m.-5:30 p.m. | Coral Foyer

Registration Open

8:00 a.m.-9:00 a.m. | Coral Foyer

Continental Breakfast

8:00 a.m.-5:30 p.m. | Ocean

Relaxation Room

Open to all attendees - stop in anytime for a few quiet moments to decompress.

Friday, March 31, 2023 (Continued)

8:30 a.m.-9:30 a.m. | Pacific Ballroom

Melva Jo Hendrix Lectureship: Hold on There Cowboy: This Rodeo is Not Over - This is My Story

Julian Don Howe, RN, PhD, ThD, RN-BC, CARN, LCDC, ADC, FIAAN, FAAETS, FAPA
North Texas VA Hospital



9:30 a.m.-3:30 p.m. | Seascape Ballroom

Exhibits Open

9:30 a.m.-3:30 p.m. | Seascape Ballroom

Poster Session

Posters available for viewing.

Evidence-Based Practice & Research

9:40 a.m.-10:10 a.m. | Pacific Ballroom

Concurrent Session 4.1: Assessing Confidence Levels of PMHNP Providers Diagnosing and Caring for Those with Pediatric Bipolar Disorder

Daniel Wesemann, DNP, MSW, PMHNP-BC, ARNP, University of Iowa College of Nursing

Leadership Development

9:40 a.m.-10:40 a.m. | Redondo I

Concurrent Session 4.2: ISPN Policy Agenda for 2023-24

Sarah Raphael, MS, APRN-PMH, FAAN, Cynthia Handrup, DNP, APRN, PMHCNS-BC, Pam Galehouse, PhD, RN, PMHCNS, CNL, Brayden Kameg, DNP, PMHNP-BC, CARN, CNE, and Barbara Peterson, PhD, PMHCNS-BC, APRN, ISPN Policy Committee

Education/Teaching Pedagogy

9:40 a.m.-10:10 a.m. | Redondo 2

Concurrent Session 4.3: Utilizing Case-Studies in Psychiatric-Mental Health Advanced Practice Education: Reflections on Complex Cases from Practice to Fulfill a Critical Need in Education

Susan Glodstein, DNP, RN, PMHNP-BC, PMHCNS-BC, Binghamton University, Decker School of Nursing



Friday, March 31, 2023 (Continued)

Evidence-Based Practice & Research

10:10 a.m.-10:40 a.m. | Pacific Ballroom

Concurrent Session 4.4: A Paradoxical Problem: Expanding Collective Consciousness While Preventing Participant Burden in Research Involving Racialized Communities

Brianna Jackson, MScN, RN, CPMHN(C), Yale University School of Nursing

Education/Teaching Pedagogy

10:10 a.m.-10:40 a.m. | Redondo 2

Concurrent Session 4.5: Advancing Structural Awareness in Psychiatric Mental Health Nurse Practitioner Education

Katerina Melino, MS, PMHNP-BC; PMHNP, University of California, San Francisco, Rosalind de Lissner, MS, PhD(c), FNP, PMHNP, University of California, Davis, and Kathleen McDermott, DNP, PMHNP, University of California, Los Angeles

10:40 a.m.-11:10 a.m. | Seascape Ballroom

Refreshment Break — Exhibits and Posters

10:40 a.m.-11:10 a.m. | Bay Room

International Meet and Greet

All international attendees are invited to this informal meet and greet with the Board of Directors. Please join us!

Psychopharmacology and CAM

11:10 a.m.-12:10 p.m. | Redondo 1

Concurrent Session 5.1: Gut Dysbiosis in Mental Health: Can My Diet Really Cause Depression and Anxiety?

Kimberly Stack, DNP, PMHNP-BC, Center for Solutions

Education/Teaching Pedagogy

11:10 a.m.-11:40 a.m. | Pacific Ballroom

Concurrent Session 5.2: Evaluation of Intent-to-Stay in Current Practice Among Highly Experienced Nurse Practitioners with Dual Certification: Implications for Health Services Organizations

Karan Kverno, PhD, PMHNP-BC, PMHCNS-BC, FAANP and Susan Renda, DNP, ANP-BC, CDCES, FNAP, FAAN, Johns Hopkins University School of Nursing

Leadership Development

11:10 a.m.-12:10 p.m. | Redondo 2

Concurrent Session 5.3: A Reproductive Justice Framework for PMH Nursing Practice

Catherine Kane, PhD, RN, FAAN, University of Virginia School of Nursing

12:10 p.m.-1:30 p.m.

Lunch Break (On Your Own)

1:30 p.m.-3:00 p.m. | Pacific Ballroom

ISPN Business Meeting and Awards Ceremony

3:00 p.m.-3:30 p.m. | Seascape Ballroom

Refreshment Break – Exhibits and Poster Session

Friday, March 31, 2023 (Continued)

Evidence-Based Practice & Research

3:30 p.m.-4:00 p.m. | Pacific Ballroom

Concurrent Session 6.1: The Portrayal of Dissociative Identity Disorder in Film and Its Impact on Treatment: Implications for PMH RNs and PMH APRNs

Briana Snyder, PhD, RN, PMH-BC, CNE, RYT 200, Towson University and Stacey Boyer, PsyD, ChristianaCare

Leadership Development

3:30 p.m.-5:00 p.m. | Redondo 1

Workshop #2: Let's Talk About Race

Cynthia Handrup, DNP, APRN, PMHCNS-BC, FAAN, University of Illinois, Chicago, Edilma Yearwood, PhD, PMHCNS-BC, FAAN, Georgetown University, and Sally Raphael, MS, APRN-PMH, FAAN, Johns Hopkins University School of Nursing

Psychopharmacology and CAM

3:30 p.m.-4:30 p.m. | Redondo 2

Concurrent Session 6.2: Gender-Affirming Hormone Therapy: What Do Advanced-Practice Psychiatric-Mental Health Nurses Need to Know?

Rhonda Schwindt, DNP, RN, PMHNP-BC, The George Washington University School of Nursing

Education/Teaching Pedagogy

4:00 p.m.-4:30 p.m. | Pacific Ballroom

Concurrent Session 6.3: Coordinating Psychiatric Mental Health Care Via a Nurse Practitioner Residency

Stephanie Wynn, DNP, RN-BC, PMHNP-BC, FNP-BC, FAANP, FNAP and Johnny Tice, DNP, MA, CRNP, FNP-C, PMHNP-BC, Samford University

Psychopharmacology and CAM

4:40 p.m.-5:10 p.m. | Pacific Ballroom

Concurrent Session 7.1: Metabolic Syndrome and Mental Illness: Treatment Strategies and the Role of Care Coordination

Ann Marie Jones, DNP, PMHNP-BC, University of North Carolina, Chapel Hill

Evidence-Based Practice & Research

4:40 p.m.-5:10 p.m. | Redondo 2

Concurrent Session 7.2: Does Parental Stress Contribute to the Development of ADHD in Children?

Olujemisi Olatilu, RN, Massachusetts College of Pharmacy and Health Sciences

4:40 p.m.-5:10 p.m. | Bay Room

A Conversation with the Archives Editorial Board

Edilma Yearwood, PhD, PMHCNS-BC, FAAN, Georgetown University and Sally Raphael MS, APRN-PMH, FAAN, Johns Hopkins University School of Nursing

Friday, March 31, 2023 (Continued)

5:15 p.m.-6:15 p.m. | Pacific Ballroom

For Such a Time as this...Psychiatric Nurses Uniquely Qualified to Heal the Divides from War, Violence and Inequities

Sonata Bohen, APRN, CNS
Levanta, Inc.



6:30 p.m.-7:30 p.m. | Pacific Ballroom

Regional Meetings

Plan to meet with your ISPN regional colleagues.

Midwest Co-Leaders: Beth Bonham and Linda Jo Volness

Northeast Co-Leaders: Susan Glodstein and Jennifer Greyber

Southwest Co-Leaders: Pam Lusk and Mark Soucy

West Co-Leaders: Dawn Bounds and Deborah Johnson

Southeast Co-Leaders: David Agor and Marian Newton

International Co-Leaders: Gemme Emile and Alicia Stringfellow

6:30 p.m.-7:30 p.m. | Catalina Room

Archives of Psychiatric Nursing Journal Reviewer Meeting

7:30 p.m.-9:00 p.m. | Bay Room

Student Event

Saturday, April 1, 2023

7:00 a.m.-8:00 a.m. | Esplanade

Yoga

Aparna Kumar, PhD, MPH, MSN, CRNP, PMHNP-BC, Jefferson
College of Nursing

8:00 a.m.-11:30 a.m. | Coral Foyer

Registration Open

8:00 a.m.-9:00 a.m. | Coral Foyer

Continental Breakfast

8:00 a.m.-10:00 a.m. | Ocean

Relaxation Room

Open to all attendees - stop in anytime for a few quiet moments to decompress.

8:30 a.m.-9:30 a.m. | Pacific Ballroom

Diversity Award Plenary Session: Diversity, Equity, and Exclusion: If it Ain't One -ism, it's Another

Shaquita Starks PhD, APRN, PMHNP-BC, FNP-BC,
Emory University Nell Hodgson Woodruff School
of Nursing



Saturday, April 1, 2023 (Continued)

Psychopharmacology and CAM

9:40 a.m.-10:40 a.m. | Redondo 1

Concurrent Session 8.1: CBD and Other Phytocannabinoids: Implications of Facts, Prospects and Fallacies for PMHNPs

Marian Newton, PhD, RN, PMHNP, David W. Newton, BS, PhD,
FAPhA, Shenandoah University; and David Chinyeaka Agor, RN, BS,
University of North Carolina, Chapel Hill

Evidence-Based Practice & Research

9:40 a.m.-10:40 a.m. | Pacific Ballroom

Concurrent Session 8.3: Operator Syndrome, Navy SEALs, and Modern Asymmetric Warfare: What Navy SEALs Brain Health Predicts About Modern Asymmetric Warfighters' and Survivors' Future Mental Health Needs, from the Ukrainian Battlefield and Beyond

Rebecca Ivory, DNP, MS, RN and Jennifer Graber, EdD, PMHAPRN,
CS, BC, University of Delaware

Education/Teaching Pedagogy

10:10 a.m.-10:40 a.m. | Redondo 2

Concurrent Session 8.4: Drumming Circle Group: An Interdisciplinary Nursing Staff Education in an Acute Child and Adolescent Psychiatric Unit

Karen Salvador, MSN, RN-BC, PMHNP-BC, Patricia Anderson,
RTII, CTRS, and Lisette Espana, MAN, PMHRN-BC, UCLA Resnick
Neuropsychiatric Hospital

10:40 a.m.-11:10 a.m. | Coral Foyer

Refreshment Break

11:10 a.m.-12:10 p.m. | Pacific Ballroom

Closing Keynote Address: Preparing to Part: Love, Loss and Living

Steve Shefter, Author of Preparing to Part-Love,
Loss and Living



12:30 p.m.-5:00 p.m. | Ocean Room

Board of Directors Meeting

Poster Session | Seascape Ballroom

Poster Set-up Times

Wednesday, March 29 from 5:30 p.m.-6:30 p.m.

Presentation Dates and Times

Wednesday, March 29 from 6:30 p.m.-8:00 p.m. (Authors Present)

Thursday, March 30 from 9:30 a.m.-4:30 p.m.

Friday, March 31 from 9:30 a.m.-3:30 p.m.

Poster Teardown Time

Friday, March 31 from 3:30 p.m.-4:00 p.m.

Poster 1

Evidence-Based Practice & Research

The Best Practices for Rating Adult Patients Psychiatric Acuity Who Are in Acute Psychosis on Adult Inpatient Units

Sterling Wilmer, BSN-RN, BA, The Johns Hopkins Hospital

Poster 2

Evidence-Based Practice & Research

Eating Disorders Genetics in Asia: A Pilot Study in Taiwan

Ya-Ke Wu, PhD, MSN, RN, The University of North Carolina, Chapel Hill, School of Nursing

Poster 5

Evidence-Based Practice & Research

Decreasing Anxiety in Adult Psychiatric Outpatients at an FQHC Using a Mobile Mental Health Application: A Quality Improvement Project

Michael Solomon, DNP, APRN, PMHNP-BC and Cynthia Handrup, DNP, APRN, PMHCNS-BC, FAAN, University of Illinois, Chicago

Poster 6

Psychopharmacology and CAM

Increasing Prescriber Knowledge of Benzodiazepine Taper Protocols: A Quality Improvement Project

Da Vonya Wilson, BSN, RN and Cynthia Handrup, DNP, APRN, PMHCNS-BC, FAAN, University of Illinois, Chicago

Poster 7

Education/Teaching Pedagogy

Using Nursing Theory to Mitigate Stress and Anxiety in Mental Health Nursing Clinicals

Sandra Ojuronbe, PhD, APRN, PMHNP-BC, Palm Beach Atlantic University

Poster 8

Evidence-Based Practice & Research

Barriers Preventing Adversity-Impacted Youth from Utilizing Community Mental Health Resources in Southern California

Jayla Aldridge, Genesis Crystal Flores, BA, Cyfer Lab

Poster 9

Leadership Development

Fellow Me to the Academy! Overview of the American Academy of Nursing Fellowship and Psychiatric Mental Health and Substance Use Expert Panel Contributions

Elizabeth Bonham, PhD, RN, PMHCNS-BC, FAAN, Bonham Associates LLC

Poster 10

Education/Teaching Pedagogy

Suicide Risk Simulation

Esther Gravis, RN, DNP, CPN, George Fox University

Poster 11

Evidence-Based Practice & Research

Student Poster: Use of a Mindfulness App to Decrease Levels of Perceived Stress in Waitlisted Psychiatric Outpatients

Mitchell Kordzikowski, DNP, University of Illinois Chicago College of Nursing

Poster 12

Evidence-Based Practice & Research

Student Poster: Behavioral Emergency Response Team

Adam Shuaib, BSN, RN-BC, University of Maryland School of Nursing



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The graphic features a dark blue background with a pattern of small white dots. On the left, there are three vertical stripes in green, orange, and yellow. Overlaid on these stripes are illustrations of a pair of yellow sunglasses, a green and yellow boombox, and a yellow roller skate. In the center, there is a circular logo with a globe and the text "National Leadership for Psychiatric-Mental Health Nurses Around the World" and "ISPN". To the right of the logo, the text "Decades Gone Past" is written in a large, white, cursive font with a red outline. Below this, the text "ISPN Foundation Reception and Auction" is written in a bold, orange sans-serif font, followed by "Thursday, March 30, 2022 | 6:30 p.m. to 8:30 p.m." in a smaller orange sans-serif font. Further down, the text "Celebrate the 25th year of the ISPN Annual Conference by dressing in our favorite outfits from decades past!" is written in a white sans-serif font, followed by "Proceeds will support the ISPN Historical Archives Initiative." in a smaller white sans-serif font. At the bottom right, the text "Sonesta Redondo Beach & Marina" is written in a white sans-serif font, followed by "Standard Ticket: \$100" and "Student Ticket: \$50" in a smaller white sans-serif font.

Decades Gone Past

ISPN Foundation Reception and Auction
Thursday, March 30, 2022 | 6:30 p.m. to 8:30 p.m.

Celebrate the **25th year** of the ISPN Annual Conference by dressing in our favorite outfits from decades past!
Proceeds will support the ISPN Historical Archives Initiative.

Sonesta Redondo Beach & Marina
Standard Ticket: \$100
Student Ticket: \$50

Alkermes ISS Program in Serious Mental Illness

Alkermes responds to unsolicited requests for support of investigator sponsored studies (ISS) in which investigators and/or their affiliated institutions assume responsibility for all aspects of the study, including design, regulatory/IRB approval and reporting, initiation, conduct and monitoring of the study, as well as analysis and publication of study results. Investigator sponsored study grants are awarded solely for the purpose of advancement or enhancement of disease understanding or clinical outcomes with the goal of publishing the research results.

Information for Applicants

The ISS program accepts submissions from applicants with varied education and training backgrounds including MDs, PhDs, PAs, PharmDs, NPs, and RNs.

The following types of research are considered for submission to the ISS program:

- Interventional
- Observational
- Monitoring; surveillance
- Use of registry data
- Historical chart review
- Secondary research or meta-analysis
- Patient reported outcomes

Refer to
<http://ISS.Alkermes.com>
for a complete listing of
therapeutic areas of
research interest,
submission deadlines and
additional information
about the program.



Please reach out to ISS@alkermes.com with any questions related to the ISS program

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For more information, visit <https://www.otsuka-us.com/home>.

March 2022

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Celebrate with Us

Congratulations to Dr. Ukamaka Oruche on her outstanding accomplishments as the outgoing President of ISPN!

Welcome to the USF College of Nursing as our Assistant Dean of the PhD Program and Gordon Keller Professor!



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ISPN Webinar

ISPN offers **free webinars** to ISPN members roughly ten times a year (and to non-members for a small fee). All webinars offer continuing education credits. To register or view the full listing of upcoming and on-demand webinars, visit ispn-psych.org/ispn-webinars.

Upcoming Webinars:

Crisis responses for children and young people: an evidence synthesis of effectiveness, experiences and service organisation (CAMH-Crisis)

Presenter: Dr. Nicola Evans, Cardiff University

May 24, 2023, 12:00-1:00 p.m. ET

[illegible]



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